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A dynamic high-frequency consistent continualization of beam-lattice materials

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ABSTRACT

The main purpose of the present paper is to solve the thermodynamic inconsistencies that result when deriving equivalent micropolar and/or higher order micropolar models of periodic beam-lattice materials through standard continualization schemes which provide a non-positive defined elastic potential energy. Despite this, such models are capable of accurately simulating the optical branches of the discrete Lagrangian model, a property lacking in the thermodynamically consistent standard micropolar continuum. To overcome these energetic inconsistencies while preserving good simulations of the frequency band structure, a dynamic high-frequency consistent continualization is proposed. This continualization scheme is based on a first order regularization approach coupled with a suitable transformation of the difference equation of motion of the discrete Lagrangian system into pseudo-differential field equations. A formal Taylor expansion of the pseudo-differential operators allows to obtain differential field equations at various orders according to the continualization order. Thermodynamically consistent higher order micropolar continua having non-local positive defined elastic and kinetic energy are obtained. Finally, the convergence of the frequency band structure of the higher order micropolar models to that of the discrete Lagrangian system is shown as the continualization order increases.

1. Introduction

Lattice microstructures have long inspired researchers to achieve innovative materials with efficient and exotic overall mechanical performance (see [16,15]), focusing on both the elastic-acoustic behavior (see [25] and on the inelastic properties (see [10,30]). By restricting the focus to the elastic properties, several contributions concern auxetic lattice microstructures (see [21,24]), chiral lattices (see [29,11,3]) and acoustic properties of the lattice materials and their control (see [27,9,28,8]). Due to the high number of degrees of freedom characterizing lattice materials and the need for synthetic representations of the mechanical response, standard continuum models based on homogenization techniques may be preferred to catch both static and dynamic properties of such materials (see for instance [26]. When size-effects, dispersive waves propagation and boundary layer effects have to be taken into account to simulate the discrete models, non-local equivalent continuous models have to be derived.

Homogeneous non-local continuum models equivalent to lattices with central interactions have been formulated by Askes and Metrikine [2] among the others. These models are identified via the standard continualization of the micro-displacement field, i.e. by assuming a down scaling law in which the micro displacement field is expressed as a truncated Taylor expansion of the macro-displacement field.

When the lattice ligaments exhibit axial and bending stiffness, being described as Bernoulli-Euler beams, the nodal displacements of the resulting beam-lattice are enriched with the rotational degree of freedom together with rotational inertial effects. A complex behavior due to the coupling of translational and rotational modes is obtained and the dynamic response is characterized by acoustic and optical branches in the Floquet-Bloch spectrum. This problem has been faced by Suiker et al. [31] who derived a micropolar continuum equivalent to two-dimensional periodic lattices with massless ligaments by applying a standard continualization of the generalized micro-displacement field. Gonella and Ruzzene [19], and Lombardo and Askes [23] addressed the case in which the nodal rotational inertia is neglected. An improved homogenization technique based on a multi-field approach has been formulated by Vasiliev et al. [32,33] and applied to square lattices endowed of rotational inertia. An asymptotic homogenization to obtain micropolar continuum models of beam-lattice has been proposed by Dos Reis and Ganghoffer [14] and applied to struc-

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Received 29 April 2021; Revised 20 May 2021; Accepted 21 May 2021 Available online xxxx 0263-8223/© 2021 Elsevier Ltd. All rights reserved. tural simulations. A further high contrast homogenization technique to obtain a high frequency approximation of the band structure of periodic lattice materials has been formulated in Kamotski and Smyshlyaev [20].

Despite these theoretical contributions, some problems in the micropolar homogenization of beam-lattice based on continualization techniques of the discrete equations of the Lagrangian system still seem open. In fact, Bacigalupo and Gambarotta [4] have shown that the equivalent micropolar continuum of a beam-lattice obtained through the standard continualization (see [31]) turns out to be thermodynamically inconsistent, i.e. the elastic energy density due to micro-curvatures turns out to be negative defined, a question already highlighted by Bazant and Christensen [7] and Kumar and McDowell [22]. On the other hand, the analysis by Bacigalupo and Gambarotta [4] concerning the dynamic dispersive properties of the homogeneous model has shown that this micropolar model provides good simulations of the dispersion functions of the reference discrete Lagrangian system, both for the acoustic branches and for the optical branch. A property lacking in the thermodynamically consistent standard micropolar continuum.

The need for a thermodynamically consistent micropolar continuum capable of simulating both the static and dynamic response of the discrete lattice systems motivates the search for a proper continualization technique. To this end, the enhanced continualization technique proposed by Bacigalupo and Gambarotta [5] for onedimensional lattice and by Bacigalupo and Gambarotta [6] for twodimensional lattices undergoing transversal motion is here developed. This technique, which has been also successfully tested in comparative studies by Gómez-Silva et al. [17] and Gómez-Silva and Zaera [18], is here applied to a representative case of square beam-lattice to obtain the field equations governing the motion of the equivalent non-local continuum formulated at different orders. Through the presented approach both non-local stiffness and inertia terms are obtained, in agreement with the non-local continuum models proposed by the seminal papers of Mindlin (1964) [34], Eringen (1983) [35], Askes and Aifantis (2011) [36], and more recently by Bacigalupo and Gambarotta (2014) [37], De Domenico and Askes [12], and De Domenico et al. [13].

The paper is organized as follows. In Section 2, the linear equations of motion of the discrete Lagrangian system representative of the square lattice made up with massless beams are formulated together with the equations governing the free undamped propagation of elastic harmonic waves. In Section 3, the standard continualization of the Lagrangian model is formulated and the linear equations of motion of the equivalent micropolar continuum are derived. The constitutive equations are derived and the Floquet-Bloch spectra obtained. Moreover, some pathologic limitations that can rise up in the static and dynamic fields are discussed. In Section 4, the enhanced continualization scheme is presented together with the downscaling law and the mathematical procedure to derive the equations of motion at increasing orders is outlined, focusing on the sources of constitutive and inertial non-localities. In Section 5, some benchmark problems concerning the acoustic properties of the lattice are stated and solved in order to discuss and highlight the potential of the equivalent non-local continuum at the different orders and its validity limits. Specifically, the results from the equivalent continuum models are successfully compared with the exact ones from the discrete Lagrangian model. Concluding remarks are finally pointed out.

2. Square beam lattices: Equation of motion and harmonic wave propagation

Let consider a square beam-lattice made up of massless ligaments of thickness w, length l, Young modulus E_s . Each node has mass M and moment of inertia J. Let consider a reference node and the four sur-

rounding nodes connected to it denoted by index i = 1, ..., 4, as shown in see Fig. 1. The motion of the reference node and *i*-th node is represented by the time-dependent vector $u(t) = \{u(t) \ v(t) \ \phi(t)\}^T$ and $u_i(t) = \{u_i(t) \ v_i(t) \ \phi_i(t)\}^T$, respectively, while generalized forces applied to the reference node are represented by the force *f* and the couple *c*. The equation of motion of the reference node are derived (see for instance Gambarotta and Bacigalupo, 2017 [4]) and are written in a convenient form in terms of the components of the non-dimensional generalized displacements vector $v(t) = \{\zeta(t) \ \psi(t) \ \phi(t)\}^T$ as follows

$$\begin{cases} \zeta_1 + \zeta_3 - 2(1+r^2)\zeta + r^2(\zeta_2 + \zeta_4) + \frac{r^2}{2}(\phi_2 - \phi_4) + \hat{f}_{\zeta} - J_m\ddot{\zeta} = 0\\ \psi_2 + \psi_4 - 2(1+r^2)\psi + r^2(\psi_1 + \psi_3) + \frac{r^2}{2}(\phi_3 - \phi_1) + \hat{f}_{\psi} - J_m\ddot{\psi} = 0\\ \frac{r^2}{2}(\psi_1 - \psi_3 - \xi_2 + \xi_4) + -\frac{r^2}{6}(8\phi + \phi_1 + \phi_2 + \phi_3 + \phi_4) + \hat{c} - J_R\ddot{\phi} = 0 \end{cases}$$
(1)

being $\zeta = u/l$, $\psi = v/l$ the non-dimensional displacements, r = w/l the ratio between the beam thickness and the ligament length, $J_m = M/(rE_s)$ and $J_R = J/(rE_s l^2) = J_m/\eta$ the non-dimensional node mass and moment of inertia, \hat{f}_{ζ} , \hat{f}_{ψ} and \hat{c} the non-dimensional generalized forces applied to the reference node. Moreover, the non-dimensional parameter $\eta = (l/R)^2$ depends on the radius of gyration R of the nodal mass.

The propagation of harmonic waves in the square beam-lattice is investigated imposing the motion $\boldsymbol{v}(t) = \tilde{\boldsymbol{v}} \exp(-I\omega t)$ in the reference node and the motion $\boldsymbol{v}_i(\boldsymbol{x},t) = \tilde{\boldsymbol{v}} \exp[I(\boldsymbol{k}\cdot\boldsymbol{x}_i - \omega t)]$ in the *i*-th adjacent node, with polarization vector $\tilde{\boldsymbol{v}} = \{\tilde{\boldsymbol{\zeta}} \quad \tilde{\boldsymbol{\psi}} \quad \tilde{\boldsymbol{\phi}}\}^T$, angular frequency ω , wavevector $\boldsymbol{k} = \{k_1 \quad k_2\}^T$, imaginary unit *I*, and denoting with $\boldsymbol{x}_i = l \, \boldsymbol{n}_i$ the vector connecting the reference node to *i*-th adjacent one, being \boldsymbol{n}_i the unit vector associated to the *i*-th ligament. Therefore, the free wave propagation is governed by the generalized eigenproblem

where the non-vanishing components of the wavevector-dependent Hermitian matrix K(k) are



Fig. 1. Square beam-lattice: nodes and displacements.

$$\begin{split} &K_{\zeta\zeta}(k) = 2[1 - \cos(k_1 l)] + 2r^2[1 - \cos(k_2 l)], \\ &K_{\zeta\phi}(k) = -K_{\phi\zeta}(k) = -Ir^2 \sin(k_2 l), \\ &K_{\zeta\zeta}(k) = 2[1 - \cos(k_2 l)] + 2r^2[1 - \cos(k_1 l)], \\ &K_{\zeta\phi}(k) = -K_{\phi\zeta}(k) = Ir^2 \sin(k_1 l), \\ &K_{\phi\phi}(k) = \frac{r^2}{3}[4 + \cos(k_1 l) + \cos(k_1 l)], \end{split}$$
(3)

whose solution is characterized by three dispersion functions $\omega_h(k)$, h = 1, 3, and the corresponding non-dimensional generalized polarization vector $\tilde{\boldsymbol{\upsilon}}_h(\boldsymbol{k})$. Specifically, when considering the limit of long wavelengths, namely for $\|\boldsymbol{k}\| \to 0$, two dispersion functions, corresponding to the acoustic spectral branches, tend to zero $\omega_{ac1,2}(\|\boldsymbol{k}\| \to 0) = 0$, whereas the third dispersion function, corresponding to the optical spectral branch, tends to a critical point $\omega_{opt}(\|\boldsymbol{k}\| \to 0) = \sqrt{\gamma K_{\phi\phi}(\boldsymbol{k} = \boldsymbol{0})/J_m} = \sqrt{2\eta r^2/J_m}$ with vanishing group velocity.

3. Micropolar homogenization from the standard continualization approach

A continuum model equivalent to the discrete Lagrangian system presented in Section 2 is here derived through a continualization approach according to the seminal paper by Bazant and Christensen [7]. The non-dimensional time-dependent displacements and the rotation $\phi_i(t)$ of the *i*-th node are collected in vector $\boldsymbol{v}_i(t) = \{\zeta_i(t) \ \psi_i(t) \ \phi_i(t)\}^T$ approximated through a second order expansion of the non-dimensional generalized macro-displacement fields $\boldsymbol{\Upsilon}(\mathbf{x},t) = \{Z(\mathbf{x},t) \ \Psi(\mathbf{x},t) \ \Phi(\mathbf{x},t)\}^T$ of the continuum as follows

$$\boldsymbol{v}_i(t) \cong \boldsymbol{\Upsilon}(\mathbf{x}, t) + l \boldsymbol{H}(\mathbf{x}, t) \boldsymbol{n}_i + \frac{1}{2} l^2 \nabla \boldsymbol{H}(\mathbf{x}, t) : (\boldsymbol{n}_i \otimes \boldsymbol{n}_i),$$
(4)

 $\mathbf{H} = \nabla \mathbf{Y}$ and $\nabla \mathbf{H}$ being the generalized macro-displacement gradient and its second gradient, respectively. By substituting the approximations (4) in equation (1), the equation of motion of a micropolar equivalent continuum are obtained in the form

$$\begin{cases} l^{2} \frac{\partial^{2} Z}{\partial x_{1}^{2}} + r^{2} l \frac{\partial}{\partial x_{2}} \left(l \frac{\partial Z}{\partial x_{2}} + \Phi \right) + \hat{f}_{\xi} - J_{m} \ddot{\Xi} = 0 \\ l^{2} \frac{\partial^{2} \Psi}{\partial x_{2}^{2}} + r^{2} l \frac{\partial}{\partial x_{1}} \left(l \frac{\partial \Psi}{\partial x_{1}} - \Phi \right) + \hat{f}_{\psi} - J_{m} \ddot{\Psi} = 0 \\ - \frac{1}{6} r^{2} l^{2} \Delta \Phi + r^{2} \left(l \frac{\partial \Psi}{\partial x_{1}} - \Phi \right) - r^{2} \left(l \frac{\partial Z}{\partial x_{2}} + \Phi \right) + \hat{c} - \frac{J_{m}}{\eta} \ddot{\Phi} = 0 \end{cases}$$

$$(5)$$

It is worth to note, in agreement with Bazant and Christensen [7] and Kumar and McDowell [22], that the elastic potential energy density of the micropolar continuum identified via standard continualization is non positive defined. Specifically, the contribution associated to the third equation of PDE system (5) is non positive defined due to the negative sign of the term involving the Laplacian operator (see also [4]).

The harmonic wave propagation is analysed by imposing the solution form $\Upsilon(\mathbf{x},t) = \widetilde{\Upsilon} \exp[I(\mathbf{k} \cdot \mathbf{x} - \omega t)]$, being $\widetilde{\Upsilon} = \left\{ \widetilde{Z} \quad \widetilde{\Psi} \quad \widetilde{\Phi} \right\}^T$ the polarization vector, in the governing equation (5) and deriving in this way the following eigenproblem in terms of the non-dimensional generalized macro-displacements vector $\Upsilon(\mathbf{x},t) = \left\{ Z(\mathbf{x},t) \quad \Psi(\mathbf{x},t) \quad \Phi(\mathbf{x},t) \right\}^T$ as follows

where the non-vanishing components of the wavevector-dependent Hermitian matrix L(k) are

$$\begin{split} & L_{ZZ}(k) = k_1^2 l^2 + r^2 k_2^{2l^2}, \\ & L_{Z\Phi}(k) = -L_{\Phi Z}(k) = -Ir^2 k_2 l, \\ & L_{\Psi\Psi}(k) = k_2^2 l^2 + r^2 k_1^2 l^2, \\ & L_{\Psi\Phi}(k) = -L_{\Phi\Psi}(k) = Ir^2 k_1 l, \\ & L_{\Phi\Phi}(k) = \frac{r^2}{3} \left[-\frac{1}{2} \left(k_1^2 l^2 + k_2^2 l^2 \right) + 6 \right]. \end{split}$$

It is easy to recognize that the matrix L(k) is the second order series expansions in the wavevector components k_1 , k_2 of the matrix K(k) governing the frequency band structures of the discrete Lagrangian system (see for details [4]). As minor remark, when considering the limit of long wavelengths, namely for $||\mathbf{k}|| \rightarrow 0$, the acoustic spectral branches tend to zero $\omega_{ac1,2}(||\mathbf{k}|| \rightarrow 0) = 0$, whereas the third dispersion function, corresponding to the optical spectral branch, tends to a critical point $\omega_{opt}(||\mathbf{k}|| \rightarrow 0) = \sqrt{\eta L_{\Phi\Phi}(\mathbf{k} = \mathbf{0})/J_m}$ with vanishing group velocity. It can be observed that the optical critical point $\omega_{opt}(||\mathbf{k}|| \rightarrow 0)$ of the discrete and continuum models coincide to each other, since the equality $L_{\Phi\Phi}(\mathbf{k} = \mathbf{0}) = K_{\phi\phi}(\mathbf{k} = \mathbf{0})$ holds.

From the equation of motion (5) the dimensional constitutive equation of the homogenized micropolar continuum may be easily derived in terms of strain and curvature components and corresponding stresses and micro-couples as follows

$$\begin{cases} \sigma_{11} \\ \sigma_{22} \\ \sigma_{12} \\ \sigma_{21} \\ m_1 \\ m_2 \end{cases} = \begin{bmatrix} 2\mu & 0 & 0 & 0 & 0 & 0 \\ 0 & 2\mu & 0 & 0 & 0 & 0 \\ 0 & 0 & \kappa & 0 & 0 & 0 \\ 0 & 0 & 0 & \kappa & 0 & 0 \\ 0 & 0 & 0 & 0 & S & 0 \\ 0 & 0 & 0 & 0 & 0 & S \end{bmatrix} \begin{pmatrix} \gamma_{11} \\ \gamma_{22} \\ \gamma_{12} \\ \gamma_{21} \\ \chi_{1} \\ \chi_{2} \end{pmatrix}$$
(8)

being $\mu = E_s r/2$, $\kappa = E_s r^3$, $S = -E_s r^3 l^2/6$ the overall elastic moduli, the last modulus being negative independently on the lattice parameters. As a consequence, the obtained equivalent micropolar turns out to be thermodynamically inconsistent.

To obtain positive defined energy density of the equivalent medium, the constitutive equation has been derived by several Authors through an application of the generalized Hill-Mandel lemma. In this case the micropolar elastic constant turns out to be $S^+ = E_s r^3 l^2/3$. However, it has been shown by Bazant and Christensen [7] and Bacigalupo and Gambarotta [4] the latter in a more general way, that the derivation of the constitutive model through an extended Hamiltonian approach, which is equivalent to a rigorous application of the Hill-Mandell procedure, provides the same equivalent constitutive model (8) and governing equations (5) from the classical continualization approach. Moreover, if the energetically consistent formulation based on the positive micropolar elastic modulus $S^+ = E_s r^3 l^2/3$ is assumed, the optical dispersion function provided by the micropolar continuum does not qualitative agrees with the corresponding of the discrete Lagrangian one. In fact. while the component $L_{\Phi\Phi}(\mathbf{k}) = 2r^2 - \frac{1}{5}r^2(k_1^2l^2 + k_2^2l^2) = 2r^2 + S(k_1^2 + k_2^2)/(rE_s)$ is decreasing when departing from the long wavelength condition, namely for || k || increasing, conversely an increasing trend is obtained when is assuming the positive constitutive parameter S^+ , namely an increase of the optical dispersive function as commonly shown in literature (see for details [4]).

This analysis highlights a contradictory situation. On the one hand, the micropolar continuum with negative defined elastic energy density more faithfully reproduces the optical branch of the reference discrete Lagrangian model; on the other hand it results in an energetically non-consistent model that cannot be applied in static conditions. This inconsistency leads to a more in-depth investigation of the constitutive aspects of the micropolar model, which concern both the elastic and the inertial modelling, a question already addressed by other authors (see [13]).

For the sake of clarity, the frequency band structures given by the discrete Lagrangian model is compared with those obtained by the homogenized models characterized by micropolar constitutive constant *S* and *S*⁺, respectively (see Fig. 2). Specifically, the dispersive functions are represented both along the boundary of the non-dimensional irreducible first Brillouin zone identified by closed polygonal curve Γ and along the boundary of an its sub-domain identified by closed polygonal curve Γ ^s, for completeness. The vertices of

the polygonal curve Γ are identify by the values Ξ_i , j = 0, 1, 2, of the arc-length Ξ in the dimensionless plane (k_1l, k_2l) (see Fig. 2.c) while the vertices of Γ^{S} are identify by the values Ξ_{i}^{S} , j = 0, 1, 2, of the arclength Ξ^{S} (see Fig. 2.d). A compact spectral description is given in terms of the non-dimensional frequency $\omega \sqrt{J_m}$ and the nondimensional parameters r, η . The frequency band structures for square beam-lattice characterized by r = 3/50 and $\eta = 50$ are shown in Fig. 2. a along the closed polygonal curve Γ , both the discrete Lagrangian model (black line) and the homogenized models with micropolar constitutive constant S (cyan line) and S^+ (violet line), respectively. It is important to note that the micropolar model obtained by an extended Hamiltonian approach, and characterized by the micropolar constitutive constant S^+ , presents a very reduced accuracy to representing the actual optical branch. A greater accuracy of this branch is provided by the micropolar model determined through the continualization procedure, and characterized by the micropolar constant S. Both homogenized models, on the other hand, provide good accuracy to representing the actual acoustic branches for sufficiently small values of $|| k ||_2 l$, i.e. for long wavelength regime. As expected, the approximations of the acoustic branches provided by the two homogenized models tend to lose accuracy for short wavelengths, and the micropolar model obtained through continualization (cyan line) present also prevailing negative group velocity together with short-wave instability and unlimited group velocity. These circumstances imply the failure to satisfy of the Legendre-Hadamard ellipticity conditions (semiellipticity) in all first Brillouin zone and therefore the loss of hyperbolicity of the homogenized equation of motion. For a more complete perception of the accuracy of the two micropolar models a comparison between their frequency band structures with that of the discrete Lagrangian model is given in Fig. 2.b along the closed polygonal curve Γ^{s} for the case of r = 3/50 and $\eta = 50$.

4. Non-local homogenization from the enhanced continualization approach

The equation of motion (1) of the discrete Lagrangian model is transformed by introducing the shift operator E_i relating the generalized displacement vector \boldsymbol{v}_i of the *i*-th node to the displacement vector \boldsymbol{v} of the reference one, i.e. $\boldsymbol{v}_i = E_i \boldsymbol{v}$ (see for details [1,5]). The shift operating on node 1 is represented in the form $E_1 = \sum_{h=0}^{\infty} \frac{\ell^h}{h!} D_1^h = \exp(\ell D_1)$, with $D_1^h = \frac{\partial^h}{\partial x_1^h}$ and hence $\boldsymbol{v}_1 = \exp(\ell D_1)\boldsymbol{v}$. This formalism implies $\boldsymbol{v}_2 = \exp(\ell D_2)\boldsymbol{v}$, $\boldsymbol{v}_3 = \exp(-\ell D_1)\boldsymbol{v}$ and $\boldsymbol{v}_4 = \exp(-\ell D_2)\boldsymbol{v}$. Accordingly, the equation of motion of the discrete Lagrangian system for vanishing nodal forces and couples are rewritten as follows

$$\begin{cases} \exp(\ell D_{1}) - 2(1 + r^{2}) + \exp(-\ell D_{1}) + \\ + r^{2} \exp(\ell D_{2}) + r^{2} \exp(-\ell D_{2}) \end{bmatrix} \zeta + \\ + \frac{r^{2}}{2} [\exp(\ell D_{2}) - \exp(-\ell D_{2})] \phi - J_{m} \ddot{\zeta} = 0 \\ \begin{bmatrix} \exp(\ell D_{2}) - 2(1 + r^{2}) + \exp(-\ell D_{2}) + \\ + r^{2} \exp(\ell D_{1}) + r^{2} \exp(-\ell D_{1}) \end{bmatrix} \psi + \\ + \frac{r^{2}}{2} [\exp(-\ell D_{1}) - \exp(\ell D_{1})] \phi - J_{m} \ddot{\psi} = 0 \end{cases}$$
(9)
$$\frac{r^{2}}{2} [-\exp(\ell D_{2}) + \exp(-\ell D_{2})] \zeta + \\ + \frac{r^{2}}{2} [\exp(\ell D_{1}) - \exp(-\ell D_{1})] \psi + \\ - \frac{r^{2}}{6} \begin{bmatrix} 8 + \exp(\ell D_{1}) + \exp(-\ell D_{2}) + \\ + \exp(-\ell D_{1}) + \exp(-\ell D_{2}) \end{bmatrix} \phi - \frac{J_{m}}{\eta} \ddot{\phi} = 0 \end{cases}$$

In order to obtain an equivalent continuum model, the macrodisplacement field $\Upsilon(\mathbf{x},t) = \{Z(\mathbf{x},t) \ \Psi(\mathbf{x},t) \ \Phi(\mathbf{x},t)\}^T$ must be related to the nodal displacements through a down-scaling law. Here a proper two-dimensional extension of the central difference is considered



Fig. 2. Frequency band structures for square beam-lattice (r = 3/50, $\eta = 50$). Comparison between the discrete Lagrangian model (black line) and the homogenized models characterized by micropolar constitutive constant *S* (cyan line) and *S*⁺ (violet line), respectively. (a) Dispersive functions along the boundary of the non-dimensional irreducible first Brillouin zone; (b) Dispersive functions along the boundary of the sub-domain of the non-dimensional irreducible first Brillouin zone; (c) Periodic cell and non-dimensional first Brillouin zone (highlighted in light orange the non-dimensional irreducible first Brillouin zone); (d) Sub-domain of the non-dimensional irreducible first Brillouin zone.

$$\frac{\partial^2 \mathbf{\Upsilon}}{\partial x_1 \partial x_2} = D_1 D_2 \mathbf{\Upsilon} = \frac{[\exp(D_1 l) - \exp(-D_1 l)][\exp(D_2 l) - \exp(-D_2 l)]}{4l^2} \mathbf{v}$$
(10)

according to a general formulation proposed by Bacigalupo and Gambarotta [6]. Hence, the local displacement field may be expressed in terms of the macro-displacement field through a pseudo-differential operator

$$\mathbf{v} = \frac{4l^2 D_1 D_2}{[\exp(D_1 l) - \exp(-D_1 l)] [\exp(D_2 l) - \exp(-D_2 l)]} \mathbf{\Upsilon} = F(D_1, D_2) \mathbf{\Upsilon}$$
(11)

After substituting equation (11) in (9), the equation of motion may be written as

$$\begin{bmatrix} P_{\zeta\zeta}(D_1, D_2) & 0 & P_{\zeta\phi}(D_1, D_2) \\ 0 & P_{\psi\psi}(D_1, D_2) & P_{\psi\phi}(D_1, D_2) \\ P_{\phi\zeta}(D_1, D_2) & P_{\phi\psi}(D_1, D_2) & P_{\phi\phi}(D_1, D_2) \end{bmatrix} \Upsilon +$$

$$-F(D_1, D_2) \begin{bmatrix} J_m & 0 & 0 \\ 0 & J_m & 0 \\ 0 & 0 & -\frac{J_m}{\eta} \end{bmatrix} \ddot{\Upsilon} = 0,$$

$$(12)$$

involving the following pseudo-differential operators

$$\begin{split} P_{\zeta\zeta}(D_1,D_2) &= \begin{bmatrix} \exp(\ell D_1) - 2(1+r^2) + \exp(-\ell D_1) + \\ +r^2 \exp(\ell D_2) + r^2 \exp(-\ell D_2) \end{bmatrix} F(D_1,D_2), \\ P_{\zeta\phi}(D_1,D_2) &= -P_{\phi\zeta}(D_1,D_2) = \frac{r^2_2}{2} [\exp(\ell D_2) - \exp(-\ell D_2)] F(D_1,D_2), \\ P_{\psi\psi}(D_1,D_2) &= \begin{bmatrix} \exp(\ell D_2) - 2(1+r^2) + \exp(-\ell D_2) + \\ +r^2 \exp(\ell D_1) + r^2 \exp(-\ell D_1) \end{bmatrix} F(D_1,D_2), \\ P_{\psi\phi}(D_1,D_2) &= -P_{\phi\psi}(D_1,D_2) = -\frac{r^2_2}{2} [\exp(\ell D_1) - \exp(-\ell D_1)] F(D_1,D_2), \\ P_{\phi\phi}(D_1,D_2) &= -\frac{r^2}{6} \begin{bmatrix} 8 + \exp(\ell D_1) + \exp(-\ell D_2) + \\ +\exp(-\ell D_1) + \exp(-\ell D_2) \end{bmatrix} F(D_1,D_2), \end{split}$$

$$\end{split}$$
(13)

whose Taylor series expansion in the geometric parameter l, that plays the role of scaling variable, are

$$\begin{split} F(D_{1},D_{2}) &= 1 - \frac{1}{6}l^{2}\frac{\partial^{2}}{\partial x_{1}^{2}} - \frac{1}{6}l^{2}\frac{\partial^{2}}{\partial x_{2}^{2}} + \frac{7}{360}l^{4}\frac{\partial^{4}}{\partial x_{1}^{4}} + \\ &+ \frac{1}{36}l^{4}\frac{\partial^{4}}{\partial x_{1}^{2}\partial x_{2}^{2}} + \frac{7}{360}l^{4}\frac{\partial^{4}}{\partial x_{2}^{4}} + O(l^{8}), \\ P_{\zeta\zeta}(D_{1},D_{2}) &= r^{2}l^{2}\frac{\partial^{2}}{\partial x_{2}^{2}} + l^{2}\frac{\partial^{2}}{\partial x_{1}^{2}} - \frac{1}{12}l^{4}\frac{\partial^{4}}{\partial x_{1}^{4}} + \\ &- \frac{1}{6}l^{4}(r^{2}+1)\frac{\partial^{4}}{\partial x_{1}^{2}\partial x_{2}^{2}} - 1\frac{1}{12}r^{2}l^{4}\frac{\partial^{4}}{\partial x_{2}^{4}} + O(l^{8}), \\ P_{\zeta\phi}(D_{1},D_{2}) &= -P_{\phi\zeta}(D_{1},D_{2}) = r^{2}l\frac{\partial}{\partial x_{2}} - \frac{1}{6}r^{2}l^{3}\frac{\partial^{3}}{\partial x_{1}^{2}\partial x_{2}} + \\ &+ \frac{7}{360}r^{2}l^{5}\frac{\partial^{5}}{\partial x_{1}^{4}\partial x_{2}} + O(l^{8}), \\ P_{\psi\psi}(D_{1},D_{2}) &= r^{2}l^{2}\frac{\partial^{2}}{\partial x_{1}^{2}} + l^{2}\frac{\partial^{2}}{\partial x_{2}^{2}} - \frac{1}{12}r^{2}l^{4}\frac{\partial^{4}}{\partial x_{1}^{4}} + \\ &- \frac{1}{6}l^{4}(r^{2}+1)\frac{\partial^{4}}{\partial x_{1}^{2}\partial x_{2}^{2}} - \frac{1}{12}r^{2}l^{4}\frac{\partial^{4}}{\partial x_{2}^{4}} + O(l^{8}), \\ P_{\psi\phi}(D_{1},D_{2}) &= -P_{\phi\psi}(D_{1},D_{2}) = -r^{2}l\frac{\partial}{\partial x_{1}} + \frac{1}{6}r^{2}l^{3}\frac{\partial^{3}}{\partial x_{1}\partial x_{2}^{2}} + \\ &- \frac{7}{360}r^{2}l^{5}\frac{\partial^{5}}{\partial x_{1}\partial x_{2}^{4}} + O(l^{8}), \\ r^{2} &= \frac{\partial^{2}}{\partial x_{1}^{2}} + O(l^{8}), \\ \end{array}$$

$$\begin{split} P_{\phi\phi}(D_1,D_2) &= -2r^2 + \frac{1}{6}l^2 \frac{\partial}{\partial x_1^2} + \frac{1}{6}l^2 \frac{\partial}{\partial x_2^2} - \frac{1}{40}r^2 l^4 \frac{\partial}{\partial x_1^4} + \\ &- \frac{1}{40}r^2 l^4 \frac{\partial^4}{\partial x_2^4} + O(l^8). \end{split}$$

If the terms of the expansion are retained up to the second order in l, the equation of motion takes the form

$$\begin{cases} l^2 \frac{\partial^2 Z}{\partial x_1^2} + r^2 l \frac{\partial}{\partial x_2} \left(l \frac{\partial Z}{\partial x_2} + \Phi \right) - J_m \ddot{Z} + \frac{1}{6} l^2 J_m \Delta \ddot{Z} = 0 \\ l^2 \frac{\partial^2 \Psi}{\partial x_2^2} + r^2 l \frac{\partial}{\partial x_1} \left(l \frac{\partial \Psi}{\partial x_1} - \Phi \right) - J_m \ddot{\Psi} + \frac{1}{6} l^2 J_m \Delta \ddot{\Psi} = 0 \\ \frac{1}{6} r^2 l^2 \Delta \Phi + r^2 \left(l \frac{\partial \Psi}{\partial x_1} - \Phi \right) - r^2 \left(l \frac{\partial Z}{\partial x_2} + \Phi \right) - \frac{J_m}{\eta} \ddot{\Phi} + \frac{1}{6} l^2 \frac{J_m}{\eta} \Delta \ddot{\Phi} = 0 \end{cases}$$
(15)

The resulting equation of motion (15) differs from equation (5) in the positive sign of the coefficient of the Laplacian of macro-rotation and for the presence of non-local inertia terms. It easy to also to show that the elastic energy density Π of the micropolar continuum identified via enhanced continualization takes the positive defined form

$$\Pi = \frac{1}{2} \begin{bmatrix} l^2 \left(\frac{\partial Z}{\partial x_1}\right)^2 + l^2 \left(\frac{\partial \Psi}{\partial x_2}\right)^2 + r^2 \left(l\frac{\partial Z}{\partial x_2} + \Phi\right)^2 + \\ + r^2 \left(l\frac{\partial \Psi}{\partial x_1} - \Phi\right)^2 + \frac{1}{6} r^2 l^2 \left(\frac{\partial \Phi}{\partial x_1}\right)^2 + \frac{1}{6} r^2 l^2 \left(\frac{\partial \Phi}{\partial x_2}\right)^2 \end{bmatrix}.$$
(16)

Moreover, its kinetic energy density is expressed as

$$\Gamma = \frac{1}{2} J_m \begin{bmatrix} \dot{Z}^2 + \frac{1}{6} l^2 \left(\frac{\partial \dot{Z}}{\partial x_1}\right)^2 + \frac{1}{6} l^2 \left(\frac{\partial \dot{Z}}{\partial x_2}\right)^2 + \dot{\Psi}^2 + \\ + \frac{1}{6} l^2 \left(\frac{\partial \dot{\Psi}}{\partial x_1}\right)^2 + \frac{1}{6} l^2 \left(\frac{\partial \dot{\Psi}}{\partial x_2}\right)^2 + \\ + \frac{1}{\eta} I_R \dot{\Phi}^2 + \frac{1}{6} l^2 \frac{1}{\eta} \left(\frac{\partial \dot{\Phi}}{\partial x_1}\right)^2 + \frac{1}{6} l^2 \frac{1}{\eta} \left(\frac{\partial \dot{\Phi}}{\partial x_2}\right)^2 \end{bmatrix}$$
(17)

in terms of the macro-velocities and its first gradients and results to be positive defined. The constitutive equations are coincident with equation (8) with the exception that the positive defined micropolar constant is obtained $S_e = E_s r^3 l^2/6$.

The eigenproblem governing the free propagation of harmonic waves, expressed in terms of the non-dimensional generalized displacements vector $\mathbf{\Upsilon}(\mathbf{x}, t) = \{ Z(\mathbf{x}, t) \mid \Psi(\mathbf{x}, t) \mid \Phi(\mathbf{x}, t) \}^T$, is specialized as follows

where it is worth to note that the *k*-dependent matrices $L_e(k)$ and $M_e(k)$ are involving non-local terms. The non-vanishing components of $L_e(k)$ and $M_e(k)$ take the form

$$\begin{split} L^{e}_{ZZ}(k) &= k_{1}^{2}l^{2} + r^{2}k_{2}^{2}l^{2}, \\ L^{e}_{Z\Phi}(k) &= -L^{e}_{\Phi Z}(k) = -Ir^{2}k_{2}l, \\ L^{e}_{\Psi \Phi}(k) &= k_{2}^{2}l^{2} + r^{2}k_{1}^{2}l^{2}, \\ L^{e}_{\Psi \Phi}(k) &= -L^{e}_{\Phi \Psi}(k) = Ir^{2}k_{1}l, \\ L^{e}_{\Phi \Phi}(k) &= \frac{1}{3}r^{2}[\frac{1}{2}(k_{1}^{2}l^{2} + k_{2}^{2}l^{2}) + 6], \\ M^{e}_{ZZ}(k) &= M^{e}_{\Psi \Psi}(k) = J_{m}[\frac{1}{6}(k_{1}^{2}l^{2} + k_{2}^{2}l^{2}) + 1], \\ M^{e}_{\Phi \Phi}(k) &= \frac{1}{\eta}[\frac{1}{6}(k_{1}^{2}l^{2} + k_{2}^{2}l^{2}) + 1]. \end{split}$$
(19)

If the terms of the expansion are retained up to the fourth order in l, the equation of motion takes the form

$$\begin{cases} +l^{2}\frac{\partial^{2}Z}{\partial x_{1}^{2}} + r^{2}l\frac{\partial}{\partial x_{2}}\left(l\frac{\partial Z}{\partial x_{2}} + \Phi\right) - \frac{1}{6}r^{2}l^{3}\frac{\partial^{2}}{\partial x_{1}^{2}\partial x_{2}}\left(l\frac{\partial Z}{\partial x_{2}} + \Phi\right) + \\ -\frac{1}{12}l^{4}\frac{\partial^{4}Z}{\partial x_{1}^{4}} - \frac{1}{6}l^{4}\frac{\partial^{4}Z}{\partial x_{1}^{2}\partial x_{2}^{2}} - \frac{1}{12}r^{2}l^{4}\frac{\partial^{4}Z}{\partial x_{2}^{4}} + \\ -J_{m}\ddot{Z} + \frac{1}{6}J_{m}l^{2}\Delta\ddot{Z} - \frac{7}{360}J_{m}l^{4}\frac{\partial^{4}\ddot{Z}}{\partial x_{1}^{4}} = 0 \\ l^{2}\frac{\partial^{2}\Psi}{\partial x_{2}^{2}} + r^{2}l\frac{\partial}{\partial x_{1}}\left(l\frac{\partial\Psi}{\partial x_{1}} - \Phi\right) - \frac{1}{6}r^{2}l^{3}\frac{\partial^{3}}{\partial x_{1}\partial x_{2}^{2}}\left(l\frac{\partial\Psi}{\partial x_{1}} - \Phi\right) + \\ -\frac{1}{12}r^{2}l^{4}\frac{\partial^{4}\Psi}{\partial x_{1}^{4}} - \frac{1}{6}l^{4}\frac{\partial^{4}\Psi}{\partial x_{1}^{2}\partial x_{2}^{2}} - \frac{1}{12}l^{4}\frac{\partial^{4}\Psi}{\partial x_{2}^{4}} + \\ -J_{m}\ddot{\Psi} + \frac{1}{6}l^{2}J_{m}\Delta\ddot{\Psi} - \frac{7}{360}J_{m}l^{4}\frac{\partial^{4}\Psi}{\partial x_{2}^{2}} + \\ -J_{m}\ddot{\Psi} + \frac{1}{6}l^{2}J_{m}\Delta\ddot{\Psi} - \frac{7}{360}J_{m}l^{4}\frac{\partial^{4}\Psi}{\partial x_{2}^{4}} = 0 \\ \frac{1}{6}r^{2}l^{2}\Delta\Phi + r^{2}\left(l\frac{\partial\Psi}{\partial x_{1}} - \Phi\right) - r^{2}\left(l\frac{\partial Z}{\partial x_{2}} + \Phi\right) + \frac{1}{6}r^{2}l^{3}\frac{\partial^{3}Z}{\partial x_{1}^{2}\partial x_{2}} + \\ -\frac{1}{6}r^{2}l^{3}\frac{\partial^{3}\Psi}{\partial x_{1}\partial x_{2}^{2}} - \frac{7}{360}J_{m}l^{4}\frac{\partial^{4}\Psi}{\partial x_{2}^{4}} = 0 \\ \frac{1}{6}r^{2}l^{2}\Delta\Phi + r^{2}\left(l\frac{\partial\Psi}{\partial x_{1}} - \Phi\right) - r^{2}\left(l\frac{\partial Z}{\partial x_{2}} + \Phi\right) + \frac{1}{6}r^{2}l^{3}\frac{\partial^{3}Z}{\partial x_{1}^{2}\partial x_{2}} + \\ -\frac{1}{m}\ddot{\eta}\ddot{\Theta} + \frac{1}{6}\frac{J_{m}}{\eta}l^{2}\Delta\ddot{\Theta} - \frac{7}{360}\frac{J_{m}}{\eta}l^{4}\frac{\partial^{4}\Psi}{\partial x_{2}^{4}} = 0 \end{cases}$$

and the non-null components of the *k*-dependent matrices $L_e(k)$ and $M_e(k)$, that define the eigenproblem governing the free propagation of harmonic waves in the energetically consistence non-local continuum identified by 4th order enhanced continualization, are

$$\begin{split} L^{e}_{ZZ}(\boldsymbol{k}) &= \frac{1}{12} \left[k_{1}^{4} l^{4} + r^{2} k_{2}^{4} l^{4} + 2(1+r^{2}) k_{1}^{2} k_{2}^{2} l^{4} \right] + k_{1}^{2} l^{2} + r^{2} k_{2}^{2} l^{2}, \\ L^{e}_{Z\Phi}(\boldsymbol{k}) &= -L^{e}_{\Phi Z}(\boldsymbol{k}) = -\frac{1}{6} I r^{2} k_{2} k_{1}^{2} l^{3} - I r^{2} k_{2} l, \\ L^{e}_{\Psi\Psi}(\boldsymbol{k}) &= \frac{1}{12} \left[r^{2} k_{1}^{4} l^{4} + k_{2}^{4} l^{4} + 2(1+r^{2}) k_{1}^{2} k_{2}^{2} l^{4} \right] + k_{2}^{2} l^{2} + r^{2} k_{1}^{2} l^{2}, \\ L^{e}_{\Psi\Phi}(\boldsymbol{k}) &= -L^{e}_{\Phi\Psi}(\boldsymbol{k}) = \frac{1}{6} I r^{2} k_{1} k_{2}^{2} l^{3} + I r^{2} k_{1} l, \\ L^{e}_{\Phi\Phi}(\boldsymbol{k}) &= \frac{1}{40} r^{2} \left(k_{1}^{4} l^{4} + k_{2}^{4} l^{4} \right) + \frac{1}{3} r^{2} \left[6 + \frac{1}{2} \left(k_{1}^{2} l^{2} + k_{2}^{2} l^{2} \right) \right], \\ M^{e}_{ZZ}(\boldsymbol{k}) &= M^{e}_{\Psi\Psi}(\boldsymbol{k}) = J_{m} \left(\frac{1}{360} \left[\frac{7 \left(k_{1}^{4} l^{4} + k_{2}^{4} l^{4} \right) + 1}{10 k_{1}^{2} k_{2}^{2} l^{4}} \right] + \frac{1}{6} \left(k_{1}^{2} l^{2} + k_{2}^{2} l^{2} \right) + 1 \right), \\ M^{e}_{\Phi\Phi}(\boldsymbol{k}) &= \frac{J_{m}}{\eta} \left(\frac{1}{360} \left[\frac{7 \left(k_{1}^{4} l^{4} + k_{2}^{4} l^{4} \right) + 1}{10 k_{1}^{2} k_{2}^{2} l^{4}} \right] + \frac{1}{6} \left(k_{1}^{2} l^{2} + k_{2}^{2} l^{2} \right) + 1 \right). \end{split}$$

5. Benchmark test for the enhanced continualization scheme

In order to show the reliability and the validity limits of the proposed enhanced continualization approach the frequency band structures of the homogenized models, for different order truncation in the characteristic length l of the pseudo-differential operators involved in the integral-differential equation (12), are compared with the actual one obtained by the discrete Lagrangian model. Specifically, the non-dimensional angular frequency $\omega \sqrt{J_m}$ is expressed as function of the arch length Ξ (or Ξ^{S}) measured on the closed polygonal curve Γ (or Γ^{S}) with vertices identified by the values Ξ_{j} (or Ξ_{i}^{S}), j = 0, 1, 2, encompassing the non-dimensional first irreducible Brillouin zone (or sub-domain of non-dimensional first irreducible Brillouin zone) for different values of the non-dimensional parameters r, η . As the dimensionless parameter η varies, qualitatively different frequency spectra are identified and analyzed three limit situations in which: i) crossing phenomena between the optical branch and both acoustic branches are detected (see Fig. 3.a); ii) a quadratic point degeneracy, i.e. a band touching, between the optical branch and the both acoustic branches is identified (see Fig. 4.a); iii) low frequency band gap between the second acoustic branch and the optical branch is obtained (see Fig. 5.a).

The frequency band structures for square beam-lattice characterized by r = 3/50 and $\eta = 50$ are shown in Fig. 3.a along the closed polygonal curve Γ , both the discrete Lagrangian model (black line) and the homogenized models obtained via 2nd order (blue line), 4th order (red line) and 6th order (green line) enhanced continualization, respectively. It is worth to note that their dispersive functions turn out to be in good agreement with the actual corresponding one. As expected, a very good accuracy is found in the long wavelength regime, while the lesser accuracy is found for shorter wavelength regime. Moreover, the convergence of the dispersive functions obtained via enhanced continualization to the actual one is shown when increasing the continualization order. For a more complete perception of the accuracy of the homogenized models a comparison between their frequency band structures with that of the discrete Lagrangian model is given in Fig. 3.b along the closed polygonal curve Γ^{s} for r = 3/50 and n = 50.

Qualitative and quantitative analogous results in terms of the accuracy of the dispersion functions of the homogenized models obtained via enhanced continualization, and of their convergence on the frequency band structure of the discrete Lagrangian model are obtained in Fig. 4 and Fig. 5 for r = 3/50, $\eta = 1700$ and r = 3/50, $\eta = 3000$, respectively.

6. Conclusions

The main purpose of the present paper is to solve the thermodynamic inconsistencies that result when deriving equivalent micropolar models of periodic beam-lattice materials through standard continualization schemes. It is shown that this approach can lead to equivalent micropolar continuum models having non-positive defined potential energy density. This drawback affects the dynamic behavior resulting in short-wave instability phenomena and unbounded group velocity, an outcome related to the not fulfillment of the Legendre-Hadamard condition. Nevertheless, it is shown that the micropolar model thus identified provides good simulations of the frequency dispersion functions of the discrete Lagrangian system, in particular in the approximation of the optical branch of the Floquet-Bloch spectrum. Moreover, it is shown that thermodynamically consistent micropolar models derived through the extended Hamiltonian approach, i.e. equivalent to the Hill-Mandell procedure, are characterized by optical dispersion



Fig. 3. Frequency band structures for square beam-lattice (r = 3/50, $\eta = 50$). Comparison between the discrete Lagrangian model (black line) and the homogenized models obtained via 2nd order (blue line), 4th order (red line) and 6th order (green line) enhanced continualization. (a) Dispersive functions along the boundary of the non-dimensional irreducible first Brillouin zone; (b) Dispersive functions along the boundary of the sub-domain of the non-dimensional irreducible first Brillouin zone.

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Fig. 4. Frequency band structures for square beam-lattice (r = 3/50, $\eta = 1700$). Comparison between the discrete Lagrangian model (black line) and the homogenized models obtained via 2nd order (blue line), 4th order (red line) and 6th order (green line) enhanced continualization. (a) Dispersive functions along the boundary of the non-dimensional irreducible first Brillouin zone; (b) Dispersive functions along the boundary of the sub-domain of the non-dimensional irreducible first Brillouin zone.



Fig. 5. Frequency band structures for square beam-lattice (r = 3/50, $\eta = 3000$). Comparison between the discrete Lagrangian model (black line) and the homogenized models obtained via 2nd order (blue line), 4th order (red line) and 6th order (green line) enhanced continualization. (a) Dispersive functions along the boundary of the non-dimensional irreducible first Brillouin zone; (b) Dispersive functions along the boundary of the sub-domain of the non-dimensional irreducible first Brillouin zone.

functions that do not qualitative agrees with the corresponding ones of the discrete Lagrangian system.

To overcome these thermodynamic inconsistencies while preserving good simulations of the frequency band structure of the beamlattice materials a dynamic high-frequency consistent continualization has been proposed. This enhanced continualization is based on a first order regularization approach coupled with a suitable transformation of the difference equation of motion of the discrete Lagrangian system into pseudo-differential equations. Furthermore, a formal Taylor expansion of the pseudo-differential operators allows to obtain differential field equations at various orders according to the continualization order. Thermodynamically consistent higher order micropolar continua with non-local elasticity and inertia are obtained. These models appears to be able to synthetically and accurately describe both the static and dynamic behavior of the beam-lattice materials. Finally, the convergence of the frequency band structure of the higher order micropolar models to that of the discrete Lagrangian system is shown as the continualization order increases.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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