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Title: An innovative green extraction and re-use strategy to valorize food supplement by-products: *Castanea sativa* bud preparations as case study.

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Keywords: *Castanea sativa* Glyceric Macerates; Buds-derivatives waste valorisation; Pulsed Ultrasound-Assisted Extraction (PUAE); UV-Vis spectroscopy; Chemometrics; HPLC-phytochemical fingerprint.

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Abstract: This research takes place in the context of an Alcotra Italy-France trans-frontier project called FINNOVER, which includes among its objectives the "green" innovation of agro-industrial chains. Bud-derivatives are a category of natural products produced macerating meristematic tissues of trees and plants. They are quite expensive compared to other botanicals, since the collection period of their raw materials is extremely limited over the time. Consequently, the valorization of their by-products could have a significant economic impact for the producers. *Castanea sativa* buds have been selected as a case study.

Pulsed Ultrasound-Assisted Extraction (PUAE) has been employed to extract further valuable material from the buds by-products remaining after the production of *C. sativa* Glyceric Macerates. UV-Visible spectra coupled with chemometrics were employed, as untargeted phytochemical fingerprints, to quickly screen the best experimental conditions of extraction: a duty cycle of 80%, an extraction time of 15 minutes and a solvent/ratio of 1/10. Targeted phytochemical fingerprints by HPLC have been used to identify and quantify the main bioactive compounds of the most promising marcs extract comparing it with the corresponding commercial *C. sativa* Glyceric Macerate.

An innovative extraction and re-use strategy to obtain value-added products from botanicals by-products was developed in alternative to incineration or composting. It was applied to *C. sativa* buds production as case study, but it could be analogously applied for other herbal preparations.

Dear Editors,

This research takes place in the context of an Alcotra Italy-France trans-frontier project called FINNOVER (2017-2020) . The project involves several partners from France and Italy. The project aims at encouraging and developing new green supply chains, based on circular economy fundamentals, to revamp the stagnant economy due to crisis of small and medium agricultural enterprises (SME) in France and Italy. In this context, we proposed a re-use strategy, based on a green extraction, to valorise botanicals by-products, which could have a significant economic impact for the producers.

In particular, bud-derivatives, that represent a category of natural products obtained by maceration of meristematic tissues of trees and plants such as buds and young sprouts, are rather expensive products compared to other botanicals, since the collection period of their raw materials is extremely limited over time. *Castanea sativa* buds were used as case study. Pulsed Ultrasound-Assisted Extraction (PUAE) has been employed to extract further valuable materials from the bud marcs.

The experimental effort to study the effect of the factors on the PUAE extraction was reduced considerably thanks to the use of the Design of Experiment (DOE).

UV-Visible spectra coupled with chemometrics were employed, as untargeted phytochemical fingerprints, to quickly screen the best experimental conditions.

Once the optimal conditions have been found, chromatographic methods (HPLC) were used, as targeted analytical methods, to identify and quantify the main bioactive compounds obtaining a phytochemical fingerprint in order to make a comparison with the corresponding commercial production of *C. sativa* Glyceric Macerate.

The procedure followed in this work could be considered as a promising and rapid method to manage marcs coming from small botanicals productions, as an eco-friendly alternative to incineration or composting, in order to obtain at the same time high added value products.

This paper is unpublished and has not been submitted for publication yet.

We hope that the paper is suitable for its publication in the Special issue "Conventional, Non-Conventional Extraction Techniques and New Strategies for the Recovery of Bioactive Compounds from Plant Material for Human Nutrition".

Sincerely yours,

Prof.ssa Raffaella Boggia

Highlights

- An example of agricultural waste management for small scale production was proposed
- PUAE was explored to recycle herbal supplements by-products
- Untargeted fingerprints by UV–VIS spectroscopy were coupled to chemometrics
- Targeted phytochemical fingerprints were obtained by HPLC

1 **An innovative green extraction and re-use strategy to valorize food supplement by-products:**

2 *Castanea sativa* bud preparations as case study.

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5 An innovative re-use strategy to valorize food supplement by-products.

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27 **Abstract**

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28 This research takes place in the context of an Alcotra Italy-France trans-frontier project called
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529 FINNOVER, which includes among its objectives the “green” innovation of agro-industrial chains.
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730 Bud-derivatives are a category of natural products produced macerating meristematic tissues of
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132 of their raw materials is extremely limited over the time. Consequently, the valorization of their by-
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2236 material from the buds by-products remaining after the production of *C. sativa* Glyceric Macerates.
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2437 UV-Visible spectra coupled with chemometrics were employed, as untargeted phytochemical
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2738 fingerprints, to quickly screen the best experimental conditions of extraction: a duty cycle of 80%,
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2939 an extraction time of 15 minutes and a solvent/ratio of 1/10. Targeted phytochemical fingerprints by
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3240 HPLC have been used to identify and quantify the main bioactive compounds of the most promising
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3441 marcs extract comparing it with the corresponding commercial *C. sativa* Glyceric Macerate.
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3943 products was developed in alternative to incineration or composting. It was applied to *C. sativa*
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46 **Keywords**

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4947 *Castanea sativa* Glyceric Macerates; Buds-derivatives waste valorisation; Pulsed Ultrasound-
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5148 Assisted Extraction (PUAE); UV-Vis spectroscopy; Chemometrics; HPLC-phytochemical
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5349 fingerprint.
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58 **1. Introduction**
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53 FINNOVER (Innovative strategies for the development of cross-border green supply
1 chains) is the name of an Interreg ALCOTRA Italy/France trans frontier project started in 2017
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55 with the aim of innovating agro-industrial chains in terms of green circular economy. One of
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56 FINNOVER targets is the management of agricultural waste.

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57 Food waste valorization and re-use strategies, rather than conventional food waste
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11 processing (i.e. incineration or composting), are becoming more and more popular and they are
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13 commonly named as “2nd generation food waste management” (Lin et al., 2013). Even if these
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15 strategies are particularly interesting for food processing companies, which usually generate waste
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18 on a large scale, whose transfer to landfill is very expensive, nevertheless there are small scale
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20 production, i.e. numerous herbal supplements productions, whose waste still represent an important
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22 source of botanicals to be valorized.
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64 Bud-derivatives are a relatively new category of natural products, obtained macerating
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28 meristematic fresh tissues of trees and herbaceous plants, classified as plant food supplements in the
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30 European Community. Nowadays these products are still poorly studied, even if they are widely
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32 used for phytotherapy and homeopathy (Donno, Beccaro, Cerutti, Mellano, & Bounous, 2015;
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34 67
35 Donno, Mellano, Cerutti, & Beccaro, 2016a). Their use contributes to the birth of the so-called
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37 “Gemmotherapy”, a fast-emerging branch of complementary medicine, which is expanding
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40 significantly in the market (Fowler M. W., 2006; Gurib-Fakim A., 2006).
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71 Bud-derivatives are quite expensive compared to other botanicals, since the phenological
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45 stage of buds or young sprouts, necessary to obtain them, extremely limits their collection period
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47 over time. Consequently, the valorization of their by-products could have a significant economic
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49 impact for the producers and it could be an important innovation in this field.
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54 This research describes a novel tool to enable manufacturers of bud extracts
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56 76 (gemmoderivatives) to evaluate a sustainable waste management option in order to increase their
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58 77 productivity. Nevertheless, the same strategy could be analogously applied also for other herbal
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60 78 preparations, becoming an example of “modus operandi” in a green economy strategy.
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79 *Castanea sativa* buds were used as case study since this species is one of the most commonly used
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herbal medicines for its effects on stagnant and vascular fluids or against recurrent cystitis and for
its curative, anti-oxidant and restorative properties against cardiovascular diseases (Donno,
Beccaro, Mellano, Bonvegna, & Bounous, 2014).

Green procedures, namely those with complying with standards set by Environmental
Protection Agency of USA (http://www.epa.gov/greenchem-istry/pubs/about_gc.html), compared to
common conventional solid-liquid extraction techniques, have many advantages. Recently, Chemat
F.et al. (2012) resumed these concepts in the following definition “*Green Extraction is based on the
discovery and design of extraction processes which will reduce energy consumption, allows use of
alternative solvents and renewable natural products, and ensure a safe and high-quality
extract/product*” (Chemat, Vian, & Cravotto, 2012). Ultrasound-Assisted Extraction (UAE) is an
efficient, green, relatively low-cost and sustainable procedure that presents many advantages with
respect to conventional extractions. Furthermore, it can be used both on a small and large scale in
the food extraction industry. The ultrasound waves (kHz range) are able to mechanically break the
wall cells and thus extracting the intracellular liquids using several independent or combined
mechanisms such as: fragmentation, erosion, capillarity, detexturation, and sonoporation (Kazemi,
Karim, Mirhosseini, & Abdul Hamid, 2006).

In particular, high power ultrasonic probes usually operate at around 20 kHz and they are
generally preferred for extraction applications respect to the ultrasonic bath, due to the direct
delivery of ultrasounds in the extraction solvent with minimal ultrasonic energy loss. When UAE is
used in pulsed mode (PUAE - Pulsed Ultrasound-Assisted Extraction), the ultrasound processor is
turned on and off intermittently during pulsed extraction. This pulsed mode, if compared to the
continuous one, is more suitable for the extraction of heat-sensitive biomolecules since heat
generation is lower (Torres, Talavera, Andrews, Sánchez-Contreras, & Pacheco, 2017).

The solvent utilized in green extractions are bio-grade solvents produced from biomasses
such as wood, starch, vegetables and fruits. In particular, ethanol and glycerol are both considered

105 bio-solvent, the first one is produced by the fermentation of sugar-rich materials, the second one is a
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106 by-product from the trans-esterification of vegetable oils. Both of them are used on a large scale
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107 because they are biodegradable, food grade, cheap and easily available in high purity.
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108 Design of experiments (DOE), a well-established concept for planning informative
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109 experiments, has been very useful to optimize the PUAE extraction protocol with real advantages in
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110 terms of reduced experimental effort and in terms of increased quality of knowledge (Leardi R.,
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111 2009). It was applied using the whole UV–Vis spectrum of each extract, as multivariate response
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112 variable, and coupling chemometrics to quickly screen the best experimental conditions. This
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113 analytical shortcut has been already employed for a rapid untargeted identification of extracts of
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114 plants meristematic tissues (Boggia et al., 2017).
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245 Finally, HPLC methods were used to identify and quantify the main bioactive compounds
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26 (in particular polyphenols, organic acids, and vitamins), selected as markers for their
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28 demonstrated health-promoting activity, obtaining a targeted chromatographic profile
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30 (phytochemical fingerprint) in order to assess the contribution of each single bioactive class to
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32 the total phytocomplex and to compare it with the commercial products: indeed, it is believed that
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349 synergistic or additive biological effects of different phytochemicals (phytocomplex), rather than a
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360 single compound or a group of compounds, contribute to disease prevention (Donno et al., 2014).
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123 **2. Materials and methods**

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125 **2.1 Plant material**

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126 *C. sativa* buds (CBs) were collected from plants spontaneously grown in the valleys of
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127 Chisone, Pellice, Germanasca, Bronda, and Varaita (Turin, Italy) and authenticated by a botanist.
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128 In particular, the sampling sites were: Bobbio Pellice (N 44° 48' 33.84" E 7° 6' 43.919"),
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129 Bricherasio (N 44° 49' 10.2" E 7° 16' 31.079"), Perrero (N 44° 56' 27.96" E 7° 6' 10.439"), Pagno (N
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130 44° 35' 54.24" E 7° 25' 28.2"; N 44° 35' 34.8" E 7° 25' 37.56"; N 44° 35' 47.76" E 7° 25' 37.199"),
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131 and Brondello (N 44° 35' 48.84" E 7° 25' 14.52"). Chestnut buds were used by an Italian
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132 commercial company of food supplements (Geal Pharma, Bricherasio, Turin) for the formulation of
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133 the corresponding Glyceric Macerates (GMs) in the year 2018 according to the European
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134 Pharmacopeia 8th edition (2014), following the procedure deriving from the French Pharmacopoeia
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135 (Ordre_National_des_Pharmaciens, 1965). The collection of the raw materials, in the meristematic
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136 phenological stage (buds), was performed over a limited period of time in March 2017, according to
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137 the different collection points. The fresh embryonic parts were immediately used in order to
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138 preserve their bioactive compounds. In this research original samples belonging to the same
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139 production batch were considered for analysis. Waste material obtained from the same herbal
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140 medicine production batch represented raw material for the following extraction steps assisted by
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141 pulsed ultrasounds.

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143 **2.2 Chemicals**

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144 All chemicals were purchased from Sigma-Aldrich (Steinheim, Germany) and from VWR
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145 Chemicals. High purity water produced (HPW) with Millipore Milli-Q system was used throughout.
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147 **2.3 Preparation protocol of *Castanea sativa* buds extracts (commercial product)**

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148 *C. sativa* buds extracts were prepared following the traditional protocol of GMs
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149 (Ordre_National_des_Pharmaciens, 1965). using a mixture of water/glycerol/ethanol (50/30/20 by
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150 weight) as extraction solvent and with a 1:20 weight ratio between plant and solvent. About 1 kg of
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151 fresh plant was treated. Bioactive compounds were extracted through a cold maceration process for
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152 21 days, followed by a first filtration (Whatman filter paper, hardened ashless circles, 185 mm
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153 diameter), a manual pressing and, after 2 days of decanting, a second filtration (Whatman filter
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154 paper, hardened ashless circles, 185 mm diameter). The obtained extracts, which represent the
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155 commercial products were stored in dark bottles at normal atmosphere (N.A.), at 4 °C and 95%
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156 relative humidity until commercialization. At the same time, the wet marcs obtained after the 2nd
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257 filtration, which represent the solid by-products, were stored frozen at -20 °C until further
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2458 treatments

26 27 28 29 30 **2.4 Waste management: Pulsed Ultrasound-Assisted Extraction**

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32 The wet marcs remaining after the formulation of the commercial GMs, were milled in a
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3462 Grindomix (Grindomix GM200, Retsch, Haan, Germany) for 20 s at 5000 rpm and sifted obtaining
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363 a powder of homogeneous size. Their moisture content (relative humidity) were determined to be
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394 52.0% ± 0.3 by a Sartorius moisture analyzer (Massachusetts, USA). All measurements were made
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4165 in triplicate and average results reported.
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4466 Pulsed Ultrasound-Assisted Extraction (PUAE) was performed directly using a sonicator
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467 with an operating frequency of 26 kHz, effective output of 200 Watts, equipped with a titanium (7
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49 mm i.d.) sonotrode (Hielscher Ultrasonics UP200 St, Germany). The pulse duration and pulse
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5169 interval refer to “ON” time and “OFF” time of the sonochemical reactor. The total time of a pulse
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5370 duration period plus a pulse interval period is the cycle time. A duty cycle (expressed as %) is the
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5671 proportion of the pulse duration period to the cycle time.
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5872 The extraction operations were carried out directly under the pulsed mode, keeping the
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6173 temperature under control always below 70°C. The extraction solvent, water/ethanol/glycerol
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174 (50/20/30 by weight), was the same solvent used in the traditional protocol to produce the GMs
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275 commercial products.

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176 Process conditions of the PUAE have been optimized by Design of Experiment (DOE) using
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177 a 2^{4-1} fractional factorial design. Four parameters (i.e. variables under study) such as: the amplitude
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178 level, the duty cycle, the extraction time and the sample/solvent ratio, at two levels were
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11 investigated. Eight experiments plus three replicates of central point were planned. The
1279 experimental plan (i.e. the conditions of the selected experiments) is reported in Table 1. As
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150 experimental plan (i.e. the conditions of the selected experiments) is reported in Table 1. As
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1781 response variable the score on PC1 of the PCA (Principal Component Analysis) performed on the
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1982 UV-Vis spectra, as described in the next paragraph, was taken into account.
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2484 **2.5 UV-Vis Spectroscopy coupled to Chemometrics**

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285 Absorption spectra in the ultraviolet and visible regions were recorded in the range 190–
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286 1100 nm using an Agilent 8453 spectrophotometer with 1 nm resolution. The cells were rectangular
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3187 quartz cuvettes with 1 cm path length. Before being analysed, the marcs extracts were filtered under
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3488 vacuum through filter paper (Macherey-Nagel MN 615 70 mm) centrifuged at 3500 rpm for 10
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3689 minutes and properly diluted using a blank mixture of water/ethanol/glycerol (50/20/30). For each
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390 of the eleven extracts, obtained according the experimental plan, the total spectrum was collected at
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4191 room temperature in triplicate, against blank solution, and the results were averaged.
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442 The eleven spectra (training set) were organized into a data-matrix named $A_{11,271}$ consisting
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463 in how many rows as the number of samples (11) and how many columns as the recorded
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494 absorbance (the 271 absorbances at different wavelengths in the range 230–500 nm, since the two
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5195 intervals 190–230 nm and 500–1100 nm were preliminary removed because the signals were
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536 saturated or without interesting absorptions respectively). Then PCA was performed on the column
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567 centred data, after the use of Standard Normal Variate (SNV) (Barnes, Dhanoa, & Lister, 1989) as
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588 preprocessing techniques with the goal of removing light scattering or other interfering phenomena
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199 (Weeranantanaphan, & Downey, 2010). The scores on the first PC (explaining 86.8 % of the total
200 variance) were used as response of the DOE.

201 Analogously the *C. sativa* GM, formulated by GealPharma using the same raw materials
202 (buds) whose by-products are under study, were tested at two different dilutions in the already
203 mentioned blank mixture (namely *commercial product_d80* and *commercial product_d100*: diluted
204 1:80 and 1:100, respectively). Their spectra were subsequently used as external test set.

205 Data analysis was performed by an R-based chemometric software developed by the Group of
206 Chemometrics of the Italian Chemical Society, freely downloadable from
207 gruppochemiometria.it/index.php/software (2018).

209 **2.6 Chromatographic analysis of bioactive compounds**

210 In this study, effective HPLC–DAD methods were used for fingerprint analysis and
211 phytochemical identification of bud preparations. Five polyphenolic classes were considered:
212 benzoic acids, catechins, cinnamic acids, flavonols, and tannins. Organic acids and vitamin C (as
213 sum of ascorbic and dehydroascorbic acids) were also considered to obtain an analytical fingerprint:
214 total bioactive compound content (TBCC) was determined as the sum of the most important
215 bioactive compounds with positive effects on human organism (“multimarker approach”) (Mok &
216 Chau, 2006). By single bioactive compound profile, phytochemicals were grouped into different
217 bioactive classes to evaluate the contribution of each class to the total phytocomplex composition.

218 An Agilent 1200 High-Performance Liquid Chromatograph coupled to an Agilent UV-Vis
219 diode array detector (Agilent Technologies, Santa Clara, CA, USA) was used for the
220 chromatographic analysis. Four chromatographic methods were used to separate the bioactive
221 molecules on a Kinetex C18 column (4.6 × 150 mm, 5 μm, Phenomenex, Torrance, CA, USA).

222 Several mobile phases were used for bioactive compound identification and UV spectra
223 were recorded at different wavelengths, based on HPLC methods previously tested and validated for
224 herbal medicines (Donno et al., 2016b): a solution of 10 mM KH₂PO₄/H₃PO₄ and acetonitrile with a

225 flow rate of 1.5 mL·min⁻¹ (method A - analysis of cinnamic acids and flavonols, gradient analysis:
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226 5% B to 21% B in 17 min + 21% B in 3 min + 2 min of conditioning time); a solution of
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227 methanol/water/formic acid (5:95:0.1 v/v/v) and a mix of methanol/formic acid (100:0.1 v/v) with a
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228 flow rate of 0.6 mL·min⁻¹ (method B - analysis of benzoic acids, catechins, and tannins, gradient
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229 analysis: 3% B to 85% B in 22 min + 85% B in 1 min + 2 min of conditioning time); a solution of
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230 10 mM KH₂PO₄/H₃PO₄ and acetonitrile with a flow rate of 0.6 mL·min⁻¹ (method C - analysis of
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231 organic acids, gradient analysis: 5%B to 14%B in 10 min + 14%B in 3 min + 2 min of conditioning
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232 time); a solution of methanol–water (5:95, v/v) containing 5 mM cetrimide and 50 mM
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233 KH₂PO₄/H₃PO₄ with a flow rate of 0.9 mL·min⁻¹ (method D - analysis of ascorbic and
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234 dehydroascorbic acids, isocratic analysis: 10 min + 5 min of conditioning time). UV spectra were
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235 recorded at 330 nm (A); 280 nm (B); 214 nm (C); 261 and 348 nm (D).
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236 Biomarkers were selected for their demonstrated positive healthy properties and antioxidant
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237 activity by literature in relation to the use of this plant material and derived herbal preparations. All
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238 single compounds were identified in samples by comparison and combination of their retention
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239 times and UV spectra with those of authentic standards in the same chromatographic conditions. All
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240 analysis were triplicated, the results were averaged and reported as mg/g of fresh weight marcs. The
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241 statistical significance was determined using V-PARVUS 2010 (Forina et al., 2010) and the Excel
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242 Data Analysis Tool (Microsoft Corporation, Seattle, WA, US).
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45 **3. Results and Discussion**

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48 The whole recovery process, starting from the fresh raw materials of *C. sativa* buds to
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247 produce the corresponding commercial product and ending with the corresponding bagasse
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248 processed by PUAE, is resumed in the Graphical abstract.
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57 Eight extracts (namely from CA01 to CA08), obtained according to the experimental plan
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250 described in Table 1, plus three extracts (namely from CA09 to CA11), obtained replicating the
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251 experimental condition at the central point of the DOE, were prepared and spectrophotometrically
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252 analyzed.

253 At the top of Figure 1 there are the UV-Vis spectra of these eleven extracts opportunely
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254 diluted in the blank solvent, after filtration and centrifugation to clarify them. Since the vector of
8
255 UV-Vis absorptions of each extract has been proven to be strictly correlated to the whole
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256 phytocomplex¹², it has been used as multivariate non-targeted signal and elaborated as response for
13
257 each experiment of the DOE. PCA was used to elaborate the multivariate signals. Before
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258 chemometric analysis, SNV was used as data pre-treatment.

259 The corresponding score plot on the first two PCs of A_{11,271} after column centering, whose
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260 explained variance is 98.6%, is reported at the bottom of Figure 1. The projections of the two
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261 spectra of the *C. sativa* GM commercial product, diluted 1:100 and 1:80 in the blank solution
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262 respectively (as external test set in red), in the score plot were also reported in Figure 1.
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263 These dilutions of the commercial product were necessary to avoid signal saturation. The
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264 first PC, explaining 86.8%, retained all the useful information of the 271 original variables. The
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265 corresponding scores were reported in Table 1 and used as “global” response (to be maximized).
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266 The following model has been obtained:
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$$267 \quad \mathbf{Y} = -9.1 \text{ e-}11 - 0.4 \mathbf{X}_1 + 0.1 \mathbf{X}_2 + 0.1 \mathbf{X}_3 + 0.8 \mathbf{X}_4 + 0.7 \mathbf{X}_1\mathbf{X}_2 + 0.5 \mathbf{X}_1\mathbf{X}_3 - 0.1 \mathbf{X}_1\mathbf{X}_4$$

268 remembering that the following interaction terms $\mathbf{X}_1\mathbf{X}_2$, $\mathbf{X}_1\mathbf{X}_3$, $\mathbf{X}_1\mathbf{X}_4$ are confused with $\mathbf{X}_3\mathbf{X}_4$, $\mathbf{X}_2\mathbf{X}_4$,
269 $\mathbf{X}_2\mathbf{X}_3$ respectively (MacNamara, Leardi, & McGuigan, 2009). The linear term \mathbf{X}_4 ($p < 0.01$) and the
270 first two interaction terms ($p < 0.05$) are the only significant coefficients, as highlighted in Figure 2,
271 and they should be increased. It has anyway to be considered that the linear model is not validated
272 (the predicted value at the center point is significantly different from the experimental values) and
273 therefore is not suitable for predictions.
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275 The projection of spectra obtained from *C. sativa* GM commercial product gave high
276 positive scores on PC1, not far from the “best” samples from the design.
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277 Analyzing Figure 1, the experimental condition named CA08, whose details are reported in
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278 Table 1, seemed to be the most suitable to the aim of the research. In fact, the corresponding extract
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279 provides a spectrum having a score on PC1 similar to that of both the commercial products
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280 (*commercial product_d80*, *commercial product_d100*).7
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281 Thus, with the aim to obtain something still useful from the buds bagasse, this experimental
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282 condition was chosen as the best one among those tested by DOE.
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283 Since X_4 resulted the most important variable in building the model, further experiments
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284 were planned setting it to 1/20, 1/15 and 1/10 (experiments: CA_R20, CA_R15, CA_R10) hoping
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285 both to improve the extraction yield and to save extraction solvent. The corresponding extracts were
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286 prepared, and the corresponding spectra were plotted in Figure 3 together with CA08 extract all at
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287 the same dilution (1:50).
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288 The extract corresponding to CA_R10 resulted the most promising, since it seems more
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289 similar to the already mentioned *commercial product_d80* and thus deserving of further HPLC
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290 compositional investigation.
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291 Figure 4 shows the HPLC-fingerprint of the commercial product (*C. sativa* GM), obtained
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292 by the fresh buds, and the extract obtained from the corresponding marcs by PUAE, namely
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293 CA_R10. The phytochemical analysis was focused on flavonols, phenolic acids expressed as
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294 benzoic and cinnamic acids, catechins, tannins as polyphenolic markers, also providing information
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295 on organic acids and vitamin C. In particular, it is known that dehydroascorbic acid has an
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296 important biological activity and can be easily converted to ascorbic acid by humans with positive
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297 antioxidant effects on human health-status. Thus, the sum of dehydroascorbic acid and ascorbic acid
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298 was considered for the evaluation of vitamin C. Table 2 resumes the content (expressed as mg/100 g
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299 of Fresh Weight buds/marcs) in the phytochemical classes both for the commercial products and for
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300 the marc extracts respectively, in order to make a comparison. It is important to point out that about
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301 the 12% of the *C. sativa* GM total bioactive compound content (TBCC) was preserved in the marc
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302 extracts and could be recovered. Particularly, the cinnamic acids (20.18 ± 0.01 mg/100 g_{FW} for
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303 commercial product and 14.51 ± 0.01 mg/100 g_{FW} for CA_R10) and the vitamin C (18.08 ± 0.01
1 mg/100 g_{FW} for commercial product and 11.71 ± 0.01 mg/100 g_{FW} for CA_R10) contents followed
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305 by the flavonols (64.22 ± 0.04 mg/100 g_{FW} for commercial product and 18.10 ± 0.02 mg/100 g_{FW}
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306 for CA_R10) were more preserved in the marcs extract if compared to the other classes as
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307 highlighted in Table 2 and Figure 4. Many mechanisms have been proposed to explain biological
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308 protective effects of polyphenols, which, for several years, have been often ascribed mainly to their
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309 antioxidant capacity as vitamin C. Studies have demonstrated that, besides antioxidant and anti-
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310 inflammatory capacities, phenolics may engage with cellular signalling flow, controlling the action
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311 of transcription factors and subsequently affecting the expression of those genes involved in cellular
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312 metabolism and cellular survival (Donno, Mellano, Prgomet, & Beccaro, 2018). In this research,
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313 cinnamic acids, mainly represented by chlorogenic acid, and vitamin C in the marcs extract were
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314 respectively the 71.92% and 64.76% of the correspondent *C. sativa* GM content. The other
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315 bioactive compound classes, as benzoic and organic acids, catechins, and tannins were identified
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316 and quantified in the marc extracts, but they showed lower values (about 5-15%) than the relative
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317 commercial products.

318 In this study a preliminary phytochemical fingerprint was described: adding other markers
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319 with demonstrated biological activity would be a necessary step for a better identification of the
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320 chromatographic pattern in further fingerprint studies together with a mass spectrometry detection
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321 of unknown peaks using liquid chromatography coupled to mass/mass spectrometry (LC-MS/MS)
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322 as a very effective technique for complex plant extract analysis.
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324 4. Conclusions

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326 The valorisation of bud marcs remaining after the production of GMs, in this case study of
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327 *C. sativa*, could have a significant economic impact for the commercial producers, representing an
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328 important innovation in this sector.

329 For these reasons, an innovative and eco-compatible strategy to recycle these by-products, which
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330 proved to be still rich in bioactive compounds, was develop as an alternative to incineration or
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331 composting, in order to obtain high added value products. Pulsed Ultrasound-Assisted Extraction
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332 (PUAE), using the same solvent of GMs, have allowed to rapidly obtain an extract with a content in
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333 secondary metabolites of 160.42 mg/g of fresh weight marcs, which represents about the 12% of the
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334 corresponding commercial GM (1276.17 mg/g of fresh weight buds).

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335 The procedure followed in this work could be considered as a promising and rapid tool to manage
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336 marcs coming from herbal preparations and it could be applied to other botanical productions.

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24 25 **Conflict of interest**

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340 The authors declare that they have no conflict of interest.

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3744 trans frontier project started in 2017 with the aim of innovating agro-industrial chains in terms of
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345 green circular economy.

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358 **Captions.**

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360 **Figure 1.**

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361 UV-Vis averaged spectra (230 – 500 nm) of the eleven experiments selected by the DOE (A) and
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362 the score plot on the first two PCs selected by PCA using the vector of UV-Vis absorptions of each
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363 extract as multivariate untargeted signal (B). The projections of the two averaged spectra of the
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364 *Castanea sativa* Glyceric Macerate diluted 1:100 and 1:80 in the blank solution respectively
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365 (commercial product_d80, commercial product_d100), were also reported as external test set in the
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366 plot (in red).

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22 **Figure 2.**

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367 Coefficients plot of the DOE: the coefficients of the models of Y (PC1_scores) obtained by the
368 DOE (X1: amplitude; X2: cycle; X3: time; X4: sample/solvent ratio) are reported. * = $p < 0.05$, **=
369 $p < 0.01$.

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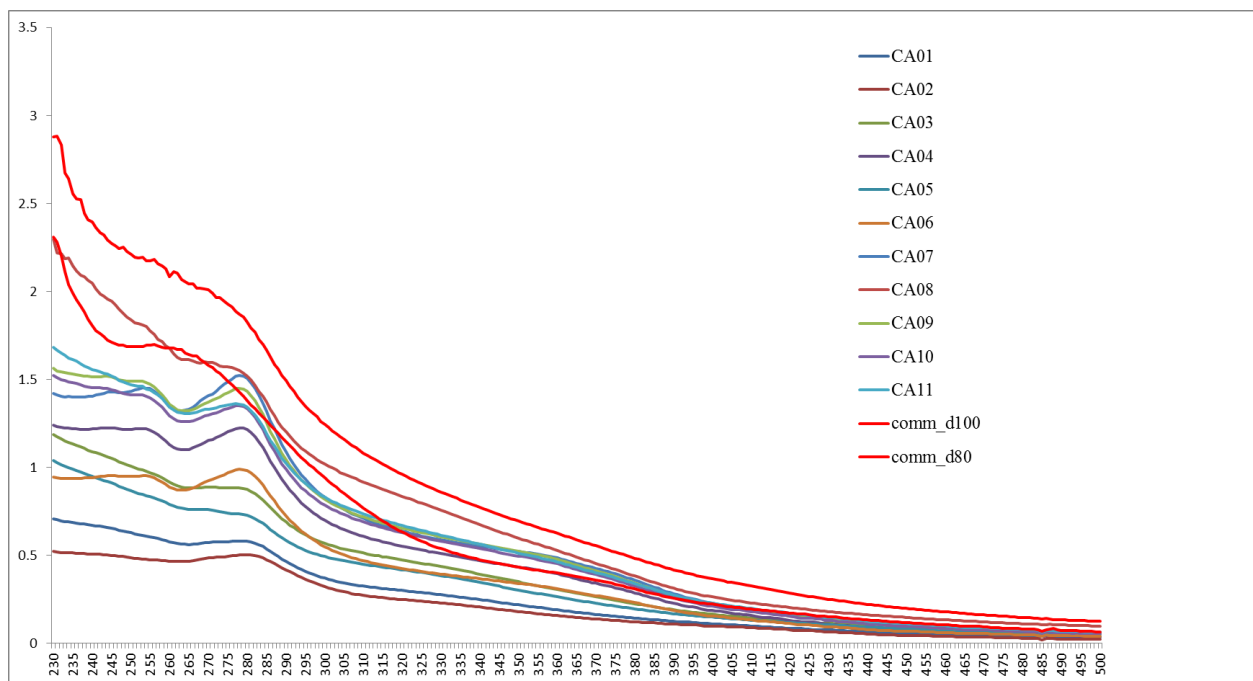
371 **Figure 3.**

372 UV-Vis averaged spectra (230 – 500 nm) of the following experiments: CA_R20, CA_R15,
373 CA_R10 performed increasing the sample/solvent ratio (X4) are reported together with both CA08
374 spectrum and the commercial Glyceric Macerate spectra.

375 **Figure 4.**

376 HPLC-fingerprint of the *Castanea sativa* Glyceric Macerate and the most promising extract
377 obtained by PUAE from the corresponding marcs, namely CA_R10. Results are expressed as
378 mg/100 g of Fresh Weight buds/marcs. Mean values and error bars are reported.

Figure 1.



A

B

Score Plot (98.6% of total variance)

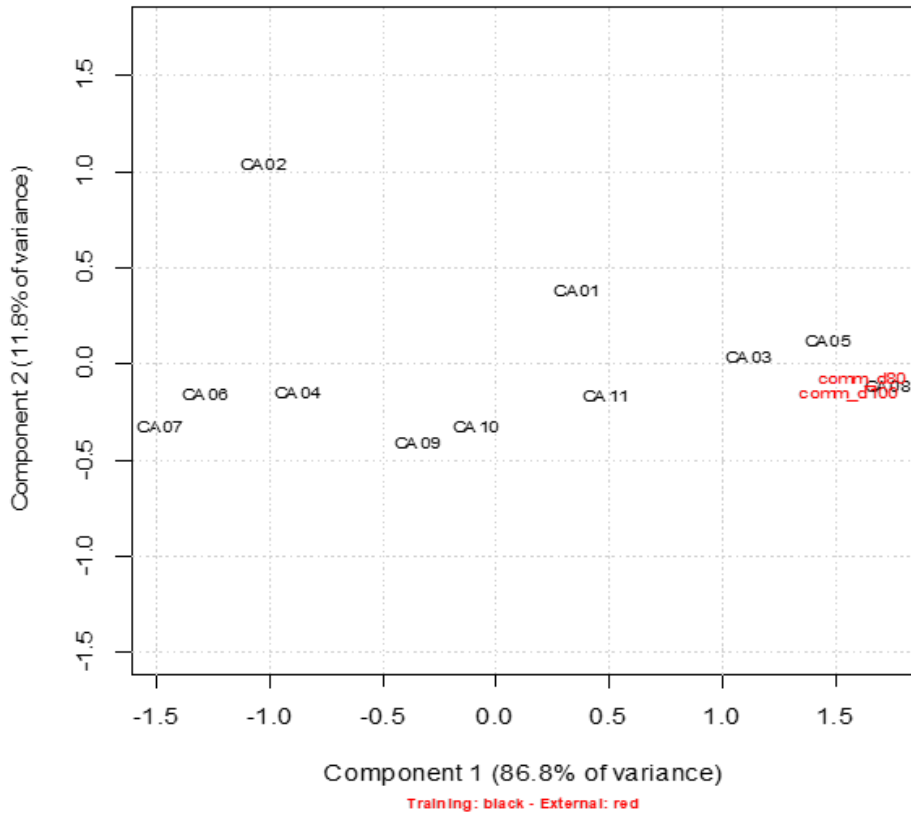


Figure 2.

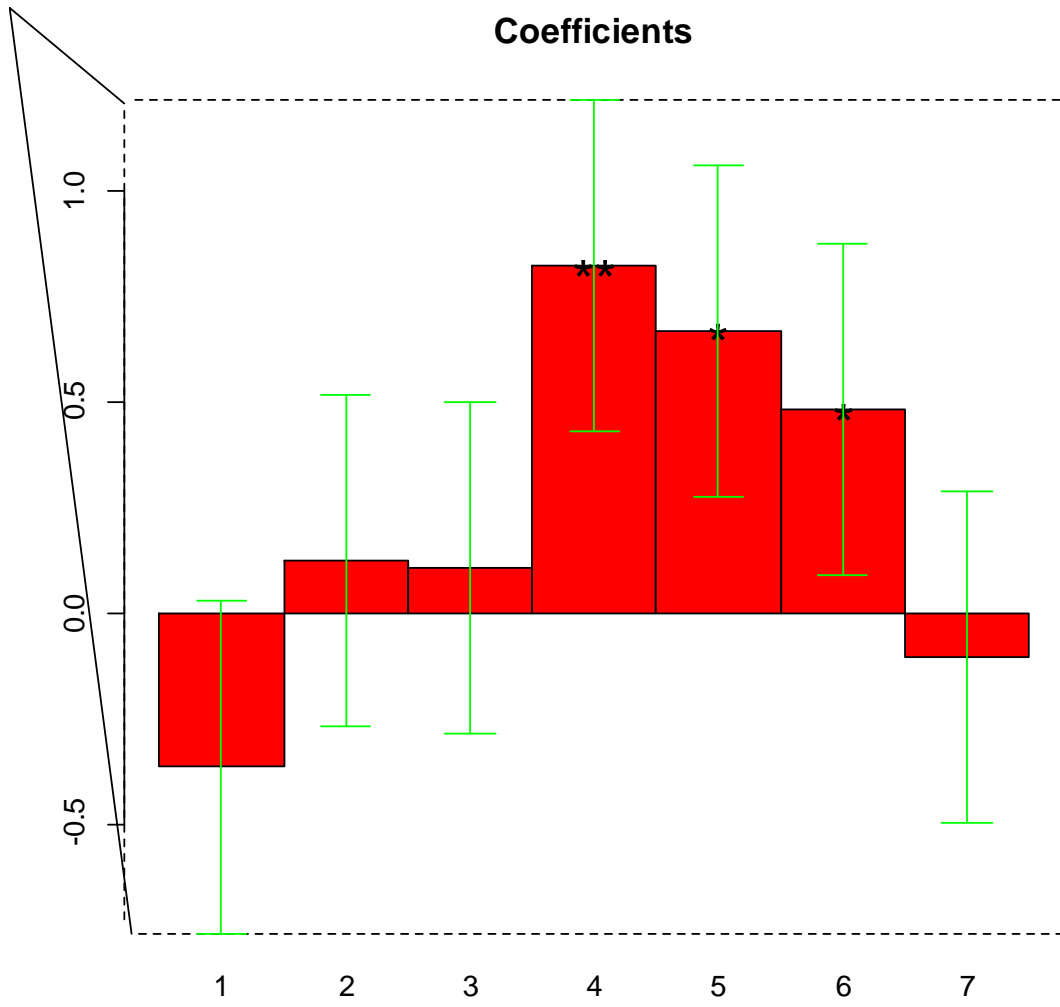


Figure 3.

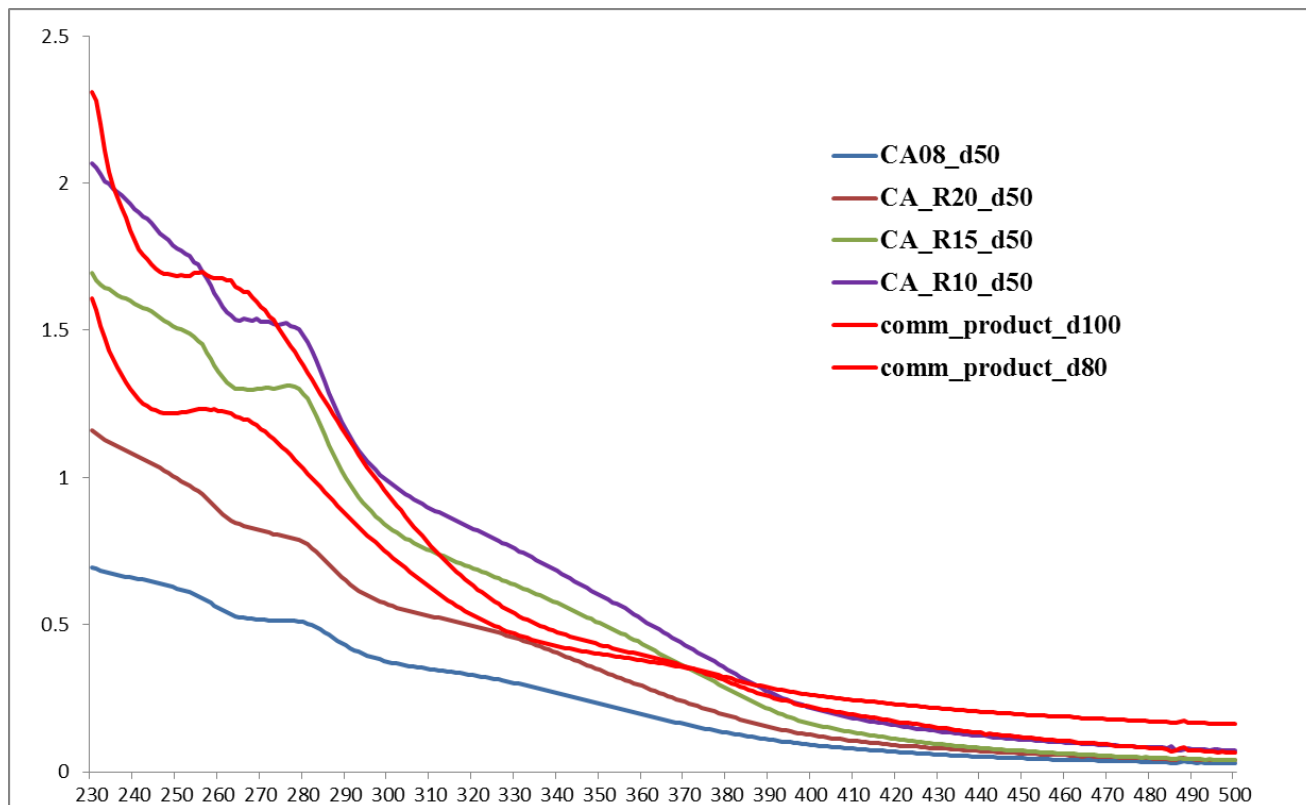


Figure 4

Figure 4.

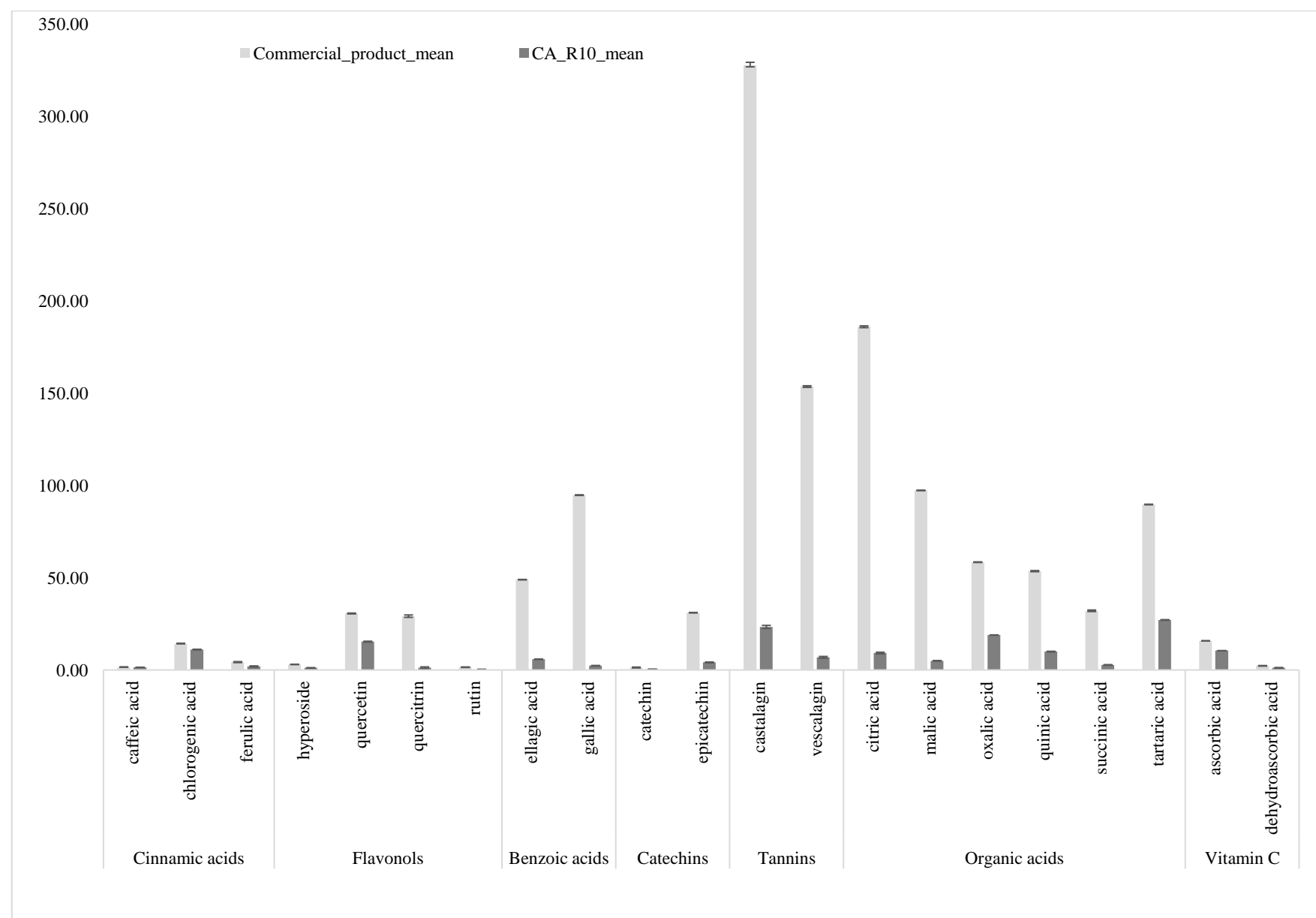


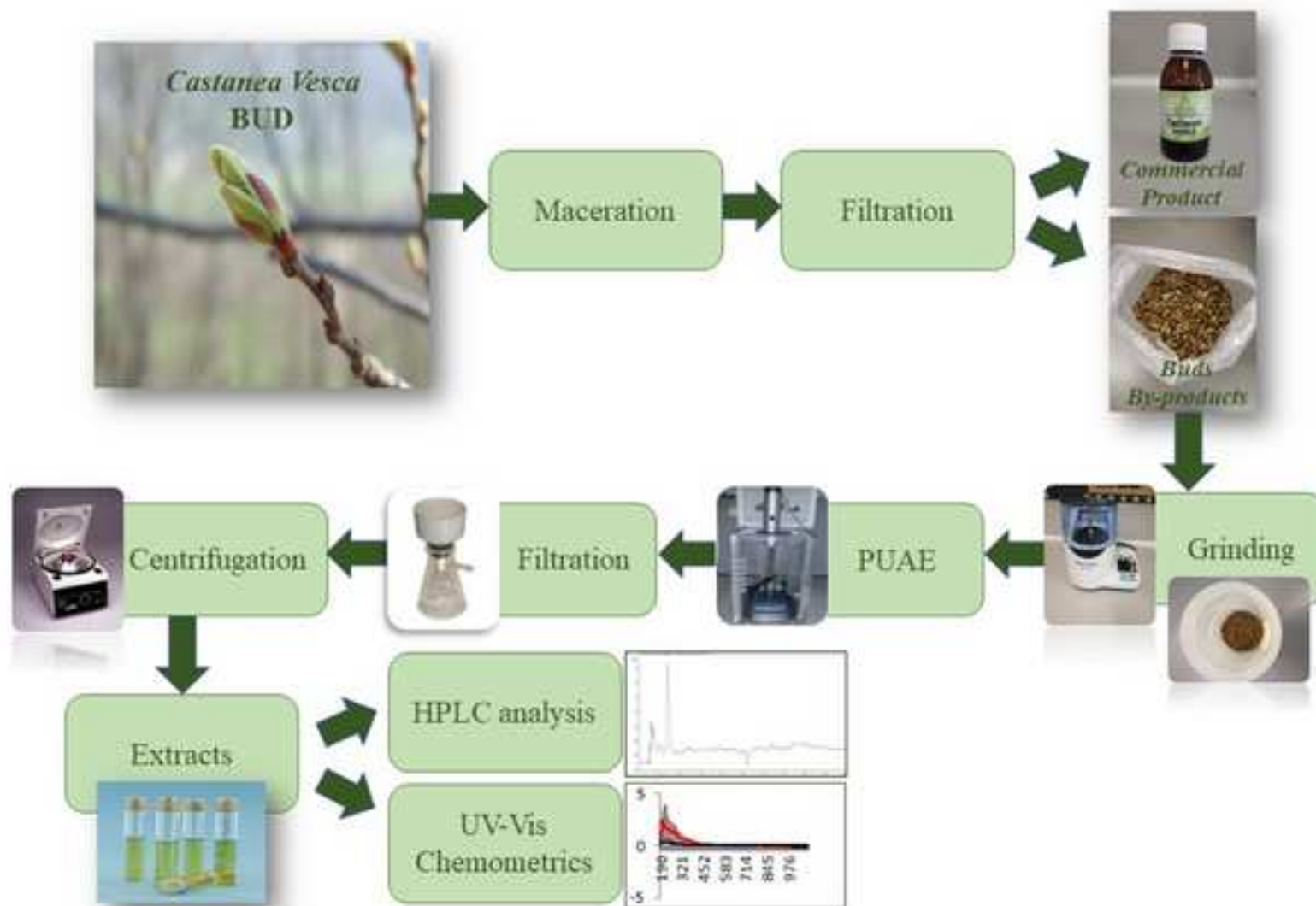
Table 1. The experimental plan of the 2^{4-1} fractional factorial design and the corresponding response variable (Y).

Experiment	X1	X2	X3	X4	Y (Response variable)
	Amplitude (%)	Duty cycle (%)	Extraction time (min)	Sample/solvent ratio	PC1_scores
CA1	30	20	5	1/60	0.355196
CA2	50	20	5	1/40	-1.03264
CA3	30	80	5	1/40	1.114245
CA4	50	80	5	1/60	-0.88268
CA5	30	20	15	1/40	1.462808
CA6	50	20	15	1/60	-1.28896
CA7	30	80	15	1/60	-1.48396
CA8	50	80	15	1/40	1.723962
CA9	40	50	10	1/50	-0.35296
CA10	40	50	10	1/50	-0.09684
CA11	40	50	10	1/50	0.481829

Table 2. HPLC-fingerprint of the *Castanea sativa* commercial GM (Commercial_product) and the most promising extract obtained by PUAE from the corresponding marcs (CA_R10). Results are reported as mg/100 g of Fresh Weight buds/marcs and expressed as mean value \pm interval confidence 95%.

	Commercial_product_mean	CA_R10_mean
Cinnamic acids	20.18 \pm 0.01	14.51 \pm 0.01
Flavonols	64.22 \pm 0.04	18.10 \pm 0.02
Benzoic acids	143.66 \pm 0.01	8.23 \pm 0.01
Catechins	32.30 \pm 0.01	4.53 \pm 0.01
Tannins	481.22 \pm 0.07	30.27 \pm 0.05
Organic acids	516.51 \pm 0.01	73.06 \pm 0.01
Vitamin C	18.08 \pm 0.01	11.71 \pm 0.01
TBCC	1276.17 \pm 0.13	160.42 \pm 0.09

(mg/100 g_{FW})



Data Statement

[Click here to download Data Statement: Data Statement.docx](#)