

1           **Thermo-physical and Mechanical Investigation of Cementitious**  
2           **Composites enhanced with Microencapsulated Phase Change Materials**  
3                           **for Thermal Energy Storage**

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5   **Mona Sam, MSc MSc**

6   Institut für Werkstoffe im Bauwesen, Technische Universität Darmstadt, Germany.

7   e-mail: [sam@wib.tu-darmstadt.de](mailto:sam@wib.tu-darmstadt.de)

8  
9   **Antonio Caggiano\*, Adj. Prof. Dr. Dr.-Ing.**

10   DICCA – UniGE - Università degli Studi di Genova

11   Institut für Werkstoffe im Bauwesen, Technische Universität Darmstadt, Germany.

12   e-mail: [antonio.caggiano@unige.it](mailto:antonio.caggiano@unige.it)

13   Deputy Chair of RILEM TC TES:

14   <https://www.rilem.net/groupe/tes-thermal-energy-storage-in-cementitious-composites-422>

15  
16   **Liliya Dubyey, MSc**

17   Institut für Werkstoffe im Bauwesen, Technische Universität Darmstadt, Germany.

18   e-mail: [dubyey@wib.tu-darmstadt.de](mailto:dubyey@wib.tu-darmstadt.de)

19  
20   **Jean-Luc Dauvergne, Dr.**

21   Center for Cooperative Research on Alternative Energies (CIC energiGUNE), Basque Research and  
22   Technology Alliance (BRTA), Vitoria-Gasteiz, Spain

23   e-mail: [jldauvergne@cicenergigune.com](mailto:jldauvergne@cicenergigune.com)

24  
25   **Eddie Koenders, Prof. Dr.-Ing.**

26   Institut für Werkstoffe im Bauwesen, Technische Universität Darmstadt, Germany.

27   e-mail: [koenders@wib.tu-darmstadt.de](mailto:koenders@wib.tu-darmstadt.de)

28  
29  
30  
31   \*Corresponding Author: **A. Caggiano** - UniGE - Università degli Studi di Genova

32   [antonio.caggiano@unige.it](mailto:antonio.caggiano@unige.it)

33 **ABSTRACT**

34 This paper reports a comprehensive experimental investigation of cement pastes enhanced with  
35 Microencapsulated Phase Change Materials (MPCMs) for Thermal Energy Storage (TES) purposes. The  
36 experimental plan considers three water-to-binder ratios and three MPCM volume fractions, for a total  
37 of nine different MPCM paste mixtures. The water-to-binder ratios of the pastes are 0.33, 0.40 and 0.45,  
38 which were mixed with a commercial MPCM, namely Nextek 37D<sup>®</sup> having a melting/solidification  
39 temperature of 37 °C, with volume percentage substitutions of 0%, 20% and 40%, respectively. Thermal,  
40 physical and mechanical tests were performed to investigate the effect MPCM have on the resulting  
41 TES, strengths and conductive properties of the considered mixtures by employing DSC, Hot-Disk, and  
42 mechanical tests. The measured latent heat of MPCM was 197.3 J/g and 194.6 J/g for heating and  
43 cooling, respectively. The volumetric latent enthalpies for the MPCM-based composites showed an  
44 almost constant average of 20-25 MJ/m<sup>3</sup> for samples with 20% MPCM and 55-60 MJ/m<sup>3</sup> for samples  
45 with 40% MPCM, independently of the w/b ratio. Thermal conductivity values measured at 25 and 45  
46 °C ranged between 0.93 to 0.44 W/m×K. Both w/b ratio and MPCM substitution turned out to  
47 significantly affect the overall porosity of the composite resulting in a lower thermal conductivity for  
48 the MPCM-pastes in comparison to the plain cement matrix. Finally, mechanical tests were conducted  
49 that showed a strength loss due to either increasing w/b ratios or for enhanced amounts of MPCM (e.g.,  
50 up to a 74% and 69% of strength loss were registered for bending and compression, respectively). The  
51 thermo-physical and mechanical characterizations were conducted according to an experimental plan  
52 that provided a wide set of research results for both sole MPCM and MPCM-cement systems analyzed  
53 by SEM, EDS/elemental mapping, contact angle tests, particle size distribution analysis and Mercury  
54 Intrusion Porosimetry technique.

55

56 **KEYWORDS:** Thermal Energy Storage, MPCM, DSC, Hot-Disk, SEM, Mechanical Properties,  
57 Enthalpy, Latent and Sensible Heat, Heating and Cooling, Porous cementitious paste systems.

## 58 1. INTRODUCTION

59 The energy consumption of the continuously growing building stock is one of the main reasons  
60 for the worldwide rise of anthropogenic CO<sub>2</sub> emissions [1]. Cutting back on this cause asks for a major  
61 contribution to the sustainable development goals of tomorrow with the aim to make our world carbon  
62 neutral. According to recent EU statistics, heating and cooling of buildings represents the biggest single  
63 end-use of the EU's building energy consumption ( $\approx 60\%$  share), where 84% of this energy is still  
64 obtained from fossil resources [2]. Moreover, the building energy demand is envisioned to rise by 79%  
65 in residential buildings and 84% in commercial ones until 2050 [3]. This scenario is a clear "call-for-  
66 action" for the EU, which has committed itself to various ambitious programs to make renovations of  
67 residential and non-residential buildings more energy efficient [4].

68 A smart management of the thermal energy flows from and to a building can hugely contribute to  
69 minimize the annual energy consumption by levelling-out the daily and seasonal temperature  
70 fluctuations, while enhancing the energy efficiency of the construction as a whole [5][6][7][8]. A very  
71 promising technique, to improve the building energy performance in terms of thermal resistance, can be  
72 achieved through a smart use of sensible and/or latent TES components, such as Phase Change Materials  
73 (PCMs) embedded in cementitious materials [9][10][11].

74 PCM can be employed to store/release large amounts of thermal energy, predominantly via the  
75 latent branch, during melting or solidification at a nearly constant temperature. Ordinary construction  
76 materials, like concrete or mortar, only have an intrinsic sensible heat storage capacity, which varies  
77 between approximately 0.75 and 1.00 J/g $\times$ K [12][13]. In contrast with this, organic PCM can provide  
78 excellent latent heat storage capacity of approximately 180-230 J/g [14]. Various researches [15][16][17]  
79 demonstrated that passive storage/release of latent heat through phase transformation of PCM from  
80 solid-to-liquid or vice versa, can contribute to save considerable amounts of primary energy.

81 The most appropriate and commercially available PCM for building construction materials are  
82 organic compounds since they are chemically stable, safe, non-reactive, do not lose their effectiveness

83 with cycling, can be microencapsulated and have a wide temperature range [18]. Organic PCM are  
84 available in a wide range of materials, including paraffin and non-paraffin (bio-based). The bio-based  
85 ones can be (partly) made from renewable resources and have become very popular due to their eco-  
86 friendly image for substituting petroleum-based chemicals by bio-based materials [14].

87 One point of concern when adding PCM in building elements is to avoid (or at least mitigate) a  
88 potential leakage during a phase change [19]. Because of this, some techniques have been proposed to  
89 integrate PCM directly into the building materials using encapsulations. For example,  
90 microencapsulation is considered as one of the most suitable techniques [20] to integrate PCM directly  
91 into a composite material [21][22][23]. In this sense, PCM will be microencapsulated (i.e., MPCM) and  
92 they mimic a powder-like material, which size typically ranges between 1  $\mu\text{m}$  to 50  $\mu\text{m}$  [24]. They can  
93 be easily mixed with the basic cementitious components and have various advantages like a large surface  
94 area for heat transfer, are not sensitive to leakage, have a negligible reactivity towards the external  
95 environment and allow a clear control of the phase change process [25]. However, although the  
96 implementation of MPCM in building composites has been regarded as a good solution to overcome  
97 leakage during a phase change, the low thermal conductivity of the encapsulation material (mainly due  
98 to the shell thickness) has turned out to be a serious disadvantage for a rapid heat transfer throughout the  
99 MPCM and needs improvement [26][27].

100 Enhancing the energy efficiency of buildings through a successful incorporation of MPCM in  
101 cement-based composites requires more in-depth research [28][29][30][31][32]. Especially drawbacks  
102 like shrinkage, or the unsatisfying thermal conductivity of encapsulation material, needs to be  
103 comprehended before larger amounts of MPCM can be incorporated in a mixture [33]. Therefore, to  
104 produce stable MPCM-cementitious composites, it is of key importance to study mix designs with  
105 different MPCM dosages (especially high-volume percentages) and different (from low-to-high) water  
106 to binder (w/b) ratios. In this regard, there is a clear need to further investigate the thermal and  
107 mechanical behaviour of cement pastes enriched with MPCM while varying a number of factors, such

108 as *core/shell* type and *core size/shell thickness ratio* of MPCM, type of fillers and supplementary  
109 components, as well as the mixing procedure. Available studies have already been addressed, which,  
110 from an experimental point of view, emphasized the hygro-thermo-chemo-mechanical properties of  
111 cement-based materials containing MPCM at several length-scales and applications [34][35]. In these  
112 studies, common techniques like Differential Scanning Calorimeter (DSC) [36], Differential Scanning  
113 Calorimetry (DSC) and Scanning Electron Microscopy (SEM) [37] have been employed, where the  
114 thermo-physical properties of MPCM-cementitious composites were investigated.

115 Only a few studies available in literature address the importance of MPCM properties once  
116 embedded in cementitious composites [38][39]. For instance, Cao et al. [40] pointed out that the early  
117 stage viscosity is much more affected by MPCM with a hydrophilic surface than those with a  
118 hydrophobic one. Furthermore, Coppola et al. [41] described that by increasing amount of MPCM, from  
119 5% to 20% by weight of substituted binder, the workability of paste will be greatly affected, leading to  
120 an increased water demand of a mixture. In addition, Sanfelix et al. [42] compared the polarity effect of  
121 MPCM shells on the flowability of cement paste and concluded that a Melamine-Formaldehyde (MF)  
122 based shell had most suitable rheological properties. It may be worth to mention that the majority of  
123 studies showed only limited additions of MPCM, viz. up-to 20 wt% [43][44][45]. Therefore, the main  
124 novelty of this paper is on the impact of high amounts of MPCM (up-to 40 %) on the properties of  
125 cementitious composites by examining the influence of hydrophobic MF shells on the porosity, strength,  
126 and thermal-energy storage, i.e. heat capacity and conductivity.

127 In the present work, results of a detailed experimental program are reported, investigating the  
128 thermal behavior of cementitious composites containing MPCM. The thermal analyses were performed  
129 by considering DSC measurements and Hot-Disk conductivity tests. The tests were aimed at quantifying  
130 the sensible and latent heat storage for cement pastes, MPCM and MPCM-paste systems. Three water-  
131 to-binder ratios and three MPCM volume fractions, for a total of nine mixtures, were analyzed. The  
132 thermal energy storage study is accompanied by mechanical and other physical tests (including SEM

133 analyses, MPCM contact angle tests, MPCM particle size distribution analysis, MIP and EDS/elemental  
134 analysis) to completely investigate the considered MPCM cement paste systems.

## 135 2. MATERIALS AND METHODS

136 This section is reporting the Materials and Methods adopted for investigating the properties of  
137 components and composites of the experimental study. Samples for thermal, mechanical and physical  
138 analyses were cast and tested for investigating both plain and MPCM-cement pastes.

### 139 2.1. Materials and mixtures

140 A Portland cement CEM I 52.5R [46] with a density of  $3.10 \text{ g/cm}^3$  was used. In order to reduce the  
141 environmental impact of the cement, an eco-friendly metakaolin binder (namely Centrilit NC II made of  
142 reactive aluminosilicate pozzolan [47]) was also used as partial substitute of the CEM I 52.5R. The  
143 chemical composition of both binders is listed in *Table 1*.

144 Energy efficiency in buildings is strongly affected by the ability of insulation materials to (partly) block  
145 the outer heat flux. High performance insulation materials are nowadays under development showing a  
146 high energy-efficiency while covering all weather and climates. New research directions are dealing  
147 with dynamic temperature-adaptable building envelopes, which are applicable in either cold or hot  
148 climates. From this, cement-based composites made with MPCMs having melting/solidification  
149 temperatures beyond the standard thermal comfort range (i.e.,  $19 \text{ }^\circ\text{C}$  and  $26 \text{ }^\circ\text{C}$ ) have to be investigated  
150 on their potential to be used in TES applications of construction and building materials. For this reason,  
151 in this manuscript MPCM-composites with a melting/solidification temperature of  $37 \text{ }^\circ\text{C}$  have been  
152 investigated while representing hot temperature climates. Thus, paraffin-based MPCM were evaluated,  
153 namely Nextek 37D<sup>®</sup> (labelled as N-MPCM) provided by Microtek Laboratories [48]. N-MPCM is  
154 composed of a paraffin-mixture core and a melamine-formaldehyde polymer shell (MF) and its main  
155 properties are outlined in *Table 2*.

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157 *Table 1: Overview chemical composition of cement (CEM I 52.5 R) and Metakaolin (Centrilit NC II).*

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<i>Chemical composition [% weight]</i>	<i>SiO<sub>2</sub></i>	<i>Al<sub>2</sub>O<sub>3</sub></i>	<i>Fe<sub>2</sub>O<sub>3</sub></i>	<i>CaO</i>	<i>MgO</i>	<i>Na<sub>2</sub>O+K<sub>2</sub>O</i>
<i>Cement CEM I 52.5 R</i>	<b>20.10</b>	4.50	3.30	<b>64.90</b>	1.40	0.93
<i>Metakaolin</i>	<b>52.1</b>	<b>41.0</b>	4.32	0.07	0.19	0.89

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Table 2: Thermo-physical properties of Nextek 37D<sup>®</sup> N-MPCM [48].

<i>Properties</i>	<i>N-MPCM</i>
<i>Core</i>	<i>Paraffin mix</i>
<i>Shell</i>	<i>Melamine Formaldehyde (MF)</i>
<i>T<sub>m, peak</sub> [°C]</i>	37
<i>Density [g/cm<sup>3</sup>]</i>	0.76
<i>Latent heat capacity [J/g]</i>	190-200
<i>Mean particle size [µm]</i>	15-30

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Table 3: Mix overview of the nine paste systems.

<i>Labels</i>	<i>S-45-ref</i> [kg/m <sup>3</sup> ]	<i>S-45-20</i> [kg/m <sup>3</sup> ]	<i>S-45-40</i> [kg/m <sup>3</sup> ]	<i>S-40-ref</i> [kg/m <sup>3</sup> ]	<i>S-40-20</i> [kg/m <sup>3</sup> ]	<i>S-40-40</i> [kg/m <sup>3</sup> ]	<i>S-33-ref</i> [kg/m <sup>3</sup> ]	<i>S-33-20</i> [kg/m <sup>3</sup> ]	<i>S-33-40</i> [kg/m <sup>3</sup> ]
<i>w/b ratio</i>		<b>0.45</b>			<b>0.40</b>			<b>0.33</b>	
<i>Cement</i>	983.4	786.7	590.0	1043.1	834.5	625.8	1140.0	912.0	684.0
<i>Metakaolin</i>	161.8	129.4	97.1	171.6	137.3	103.0	187.6	150.1	112.5
<i>Water</i>	515.3	412.3	309.2	485.9	388.7	291.5	438.1	350.5	262.8
<i>Superplasticizer</i>	5.7	4.6	3.4	6.0	4.8	3.6	6.6	5.3	3.9
<i>Stabilizer</i>	33.1	26.5	19.8	35.1	28.0	21.0	38.3	30.7	23.0
<i>MPMC [V.-%]</i>	-	20	40	-	20	40	-	20	40
<i>Hardening accl.</i>	22.9	18.3	13.7	24.3	19.4	14.5	26.5	21.2	15.9

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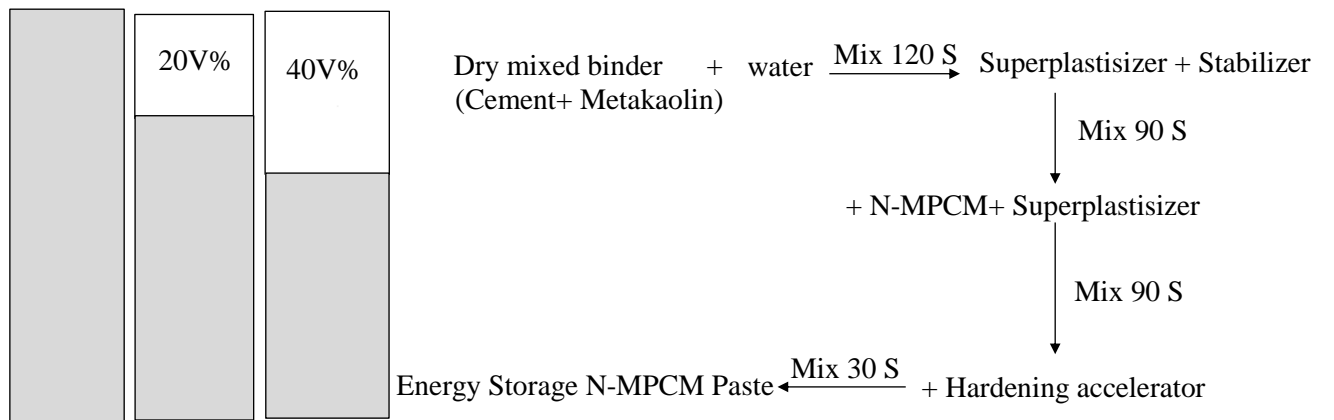
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Figure 1: Cement pastes: (a) N-MPCM volume fractions and (b) mixing procedures.



170           Nine N-MPCM-cement mixtures were considered which were made with three different water-to-  
171 binder (w/b) ratios and 3 amounts (0, 20% and 40%) of N-MPCM volume fractions. All mixtures have  
172 been prepared following the casting procedure of EN 196-1 [49] and the recipes of *Table 3*. The table's  
173 first row indicates the label of the mixture highlighting the necessary information on the considered w/b  
174 ratio along with the amount of N-MPCM (expressed in % of paste substitution, see *Figure 1*). For  
175 example, "S-45-20" refers to a mixture having a w/b=0.45 and 20% of N-MPCM volume fraction.

176           After making different trials of mixing procedures, the order of component addition and mixing  
177 conditions were optimized as follows. First, cement and metakaolin were hand-mixed until a  
178 homogeneous appearance was achieved. Then, the binder was mixed with water for 120 s followed by  
179 a superplasticizer and mixed for another 60 s until the appropriate workability of the mixture was  
180 reached. The stabilizer was added to the mixture for further 30 s. At this point, for the reference pastes  
181 (without N-MPCM) the hardening agent was added and mixed for another 30 s, after which the paste  
182 was immediately poured into the moulds. For mixtures with N-MPCM, the procedure was optimized by  
183 considering again the workability of the paste, mixing the N-MPCM with the cement paste for an  
184 additional 90 s, during which mostly extra superplasticizer was added. The procedure was finished by  
185 adding the hardening agent and mixing it for a final 30 s.

186           The batch volume was calculated to produce at least 3 prisms of 40 mm × 40 mm × 160 mm  
187 (employed for mechanical testing and microstructure/porosity measurements), two cylindrical samples  
188 of 20 mm high and 56 mm of diameter, needed for the hot-disk measurements, and three crucibles for  
189 DSC analyses. One day after casting, all the specimens were demoulded and stored in a water bath at  
190 20° C, until 28 days. Subsequently, mechanical tests were performed. DSC and thermal conductivity  
191 measurements, were also conducted with specimens that were stepwise dried at 30° C, 40° C and 50° C  
192 until they reached a constant mass.

193 **2.2. Methods**

194 **2.2.1 N-MPCM**

195 Characterization of N-MPCM was performed by evaluating the particle size distribution, shell  
196 polarity with contact angle measurements, as well as morphology with SEM analyses.

197 **Particle size distribution**

198 To determine the mean particle size of the N-MPCM, laser granulometry (Partica LA-950 Laser  
199 Diffraction Particle Size Distribution Analyzer) was used. It works according to the following principle:  
200 a laser is scattered by a group of particles. The angle of light scattering is inversely proportional to  
201 particle size. The diffraction patterns of different particle diameters are well known. So, a mathematical  
202 algorithm based on the Mie theory is used to compute the portion of the theoretical spectra of all particle  
203 size classes from the experimentally determined total spectrum. The complex refractive index of the  
204 particle is needed by employing the Mie theory. With the knowledge about the N-MPCM shell material,  
205 it is possible to know the refractive index and to perform this measurement. Considering that N-MPCM  
206 is essentially made of melamine-formaldehyde, the refractive index value taken from the literature was  
207 1.68 [50].

208 **Contact angle measurement**

209 One of the aims of this work is also to investigate the influence of the N-MPCM shells on the  
210 surrounding microstructure of the cementitious composite. Therefore, the measurement of the contact  
211 angle is of key importance in this sense because it is one of the most practical parameters to effectively  
212 characterize the hydrophilic/hydrophobic nature of a material surface.

213 The contact angle is a measure between the liquid-solid and the vapor-liquid interfaces (namely,  
214 where the vapor-liquid interface tangent line from the point of intersection of the liquid, solid, and vapor  
215 phases meet, “three phase contact point”, along with the vapor-liquid interface of the droplet).

216 This is a balance of three equilibrium interfacial tensions that follows equation [51]:

$$\gamma_{LG} \cos \theta = \gamma_{SG} - \gamma_{SL} \quad (1)$$

217 where  $\theta$  is the contact angle and  $\gamma_{LG}$ ,  $\gamma_{SG}$  and  $\gamma_{SL}$  represent the liquid-vapor, solid-vapor, and solid-liquid  
218 interfacial tensions, respectively. Surfaces with a higher tendency to absorb water molecules possess a  
219 contact angle lower than  $90^\circ$  and are defined as “hydrophilic”. On the contrary, surfaces with less affinity  
220 towards water are so-called “hydrophobic”, showing a contact angle higher than  $90^\circ$  and they tend to  
221 reject water molecules. To determine the water affinity of N-MPCM, the contact angle was measured  
222 using the Contact Angle (CA) goniometer (OCA instrument: *DataPhysics Instruments, Filderstadt,*  
223 *Germany*). A static Milli-Q water droplet with a volume of 3  $\mu\text{l}$  was placed on the sample. The CA was  
224 determined via Young–Laplace alignment 1 s after drop generation.

### 225 **2.2.2 N-MPCM-cementitious pastes**

226 The characterization methods employed to investigate the mechanical, thermal and physical  
227 properties of the designed pastes are presented in this section.

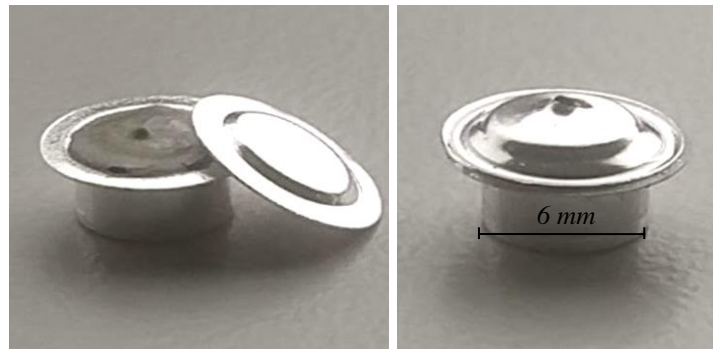
#### 228 **Differential Scanning Calorimeter (DSC)**

229 The DSC 214 Polyma equipment was used to perform the DSC studies on the either with or without  
230 N-MPCM cementitious pastes. DSC is a thermo-analytical technique that measures released  
231 (exothermic) and absorbed (endothermic) heat with varying temperatures. It is a commonly used  
232 technique to determine heat capacities, melting peaks, and enthalpies of PCM, N-MPCM, as well as N-  
233 MPCM-enhanced composites. The samples were prepared in aluminum DSC crucibles (*Figure 2a*),  
234 cured until 28 days, and oven-dried at  $50^\circ\text{C}$  until a constant weight was achieved. The crucibles have a  
235 diameter of 6 mm and a maximum volume capacity of 40  $\mu\text{l}$ . A small hole (*Figure 2b*) was made in their  
236 lid to enable isobaric measurements.

237 The German Standards DIN 51005 and DIN 51007 [52][53] were considered as a reference to  
238 perform the DSC tests, while the IEA standard procedure [54] was followed to determine the latent heat  
239 storage capacity of N-MPCM-composites. The thermal program used included a temperature interval

240 from 15 °C to 45 °C (for heating and cooling), considering that the melting temperature of the N-MPCM  
241 is around 37 °C. Each measurement included three cycles of heating and cooling, with an isothermal 10-  
242 minute section to ensure that the thermodynamic equilibrium is attained. All measurements were done  
243 under an inert nitrogen environment at a flow of 60 ml/min. The measurements for the paste with N-  
244 MPCM were done at a rate of 0.5 K/min and for reference pastes at a rate of 10 K/min.

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248 *Figure 2: (a) aluminum sample holders (maximum volume capacity of 40  $\mu$ L) and (b) prepared sample*  
249 *inside crucible with a small hole on top.*

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### **Mechanical tests**

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To characterize the mechanical response of the N-MPCM cement pastes prismatic samples were tested following the procedures described in EN 196-1 [49]. For each mixture with the commercial N-MPCM, 9 prisms (40 mm  $\times$  40 mm  $\times$  160 mm) were prepared and tested after 3, 7, and 28 days. Three identical samples per each mixture/maturation were considered which were firstly tested under a three-point bending scheme. The distance between the bending supports was 100 mm ( $\pm$  0.5 mm) and the vertical load was imposed with a loading rate of 50 N/s until failure. Then, compression tests were performed by employing one half of a broken beam.

The bending strength  $R_f$  of all mixtures was calculated by means of the following expression [49]:

$$R_f = \frac{1.5 \cdot F_f \cdot l}{b^3} \quad (2)$$

259 where  $b$  [mm] is the rib size of the beam cross-section,  $F_f$  [N] the applied load and  $l$  [mm] the distance  
260 between the end supports. The compressive strength was determined according to the following formula:

$$R_c = \frac{F_c}{A_c} \quad (3)$$

261 being  $F_c$  [N] the failure load and  $A_c$  the area of the auxiliary plates (40×40 mm<sup>2</sup>).

### 262 Mercury intrusion porosimeter (MIP)

263 MIP tests (as shown in *Figure 3*) were executed to better understand the changes in the pore  
264 structure of the considered composites. Pore structure plays a major role in both mechanical and thermal  
265 properties of cement pastes.



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*Figure 3: a) Sample holder together with Specimen Fractures tested under MIP and b) Mercury intrusion porosimeter Thermo Scientific Pascal 140 and 440.*

270 Mixtures with higher w/b ratios are expected, not only to have lower compressive strengths, but  
271 also to have higher pore volumes and larger critical pore diameters. Moreover, the addition of N-MPCM  
272 might also affect the pore structure by reducing the hydration degree and rate, which keeps pores larger  
273 and free of hydration products.

274 The Washburn equation, which assumes a cylindrical pore shape, is used to analyze MIP results  
275 [55]. The pore size detected is influenced by two factors: the surface tension of mercury ( $\gamma$ ) and the  
276 contact angle between the mercury and the pore surface ( $\theta$ ). The latter evaluates the pore size as follows:

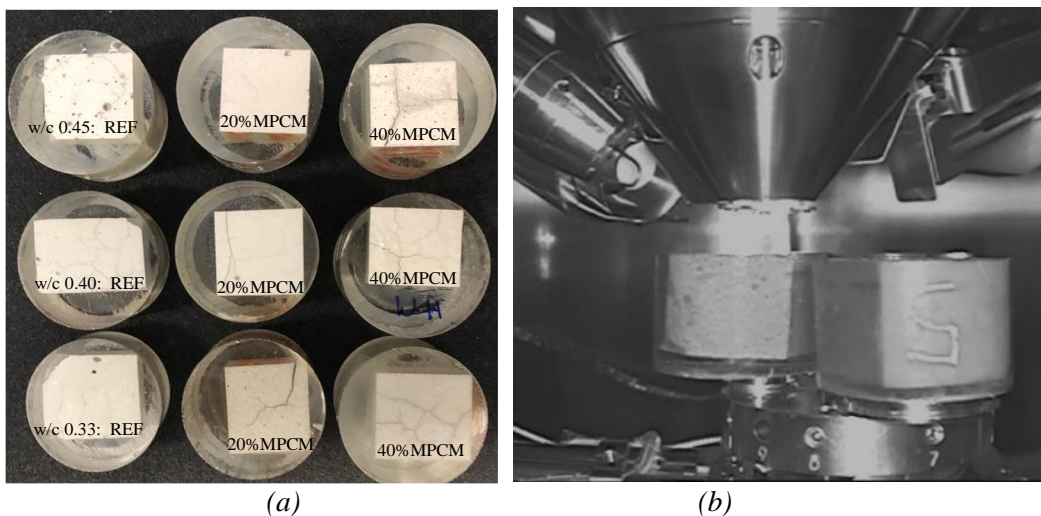
$$D = \frac{4\gamma\cos\theta}{P} \quad (4)$$

277 **Morphological and elemental analysis via SEM**

278 Scanning Electron Microscopy (SEM) analyses were performed for N-MPCM cement pastes to  
 279 investigate microscopic properties of composites in terms of geometry, shape, particle size, and particle  
 280 distribution. For this purpose, the analysis can shed information on the following characteristics:

- 281 • Homogeneous distribution of N-MPCM;
- 282 • Integrity of shell structures of N-MPCM;
- 283 • Particle size and uniformity of N-MPCM;
- 284 • Thermal and mechanical stability of microcapsules;
- 285 • Effect N-MPCM have on the microstructure of the cementitious composite.

286 The microstructure of the cementitious samples was observed through an Atmospheric scanning  
 287 electron microscope (Zeiss EVO LS25) after 28 days of curing. The samples were cut into approximately  
 288 2×2×2 cm<sup>3</sup> and placed in cylindrical molds as shown in *Figure 4*. For sample preparation, vacuum  
 289 impregnation was used to embed the samples in an epoxy mixture (i.e., 25 g of epoxy to 3 g of hardening  
 290 accelerator). Afterward, the surface was polished with a Lab polishing device. All samples were  
 291 visualized at an accelerating voltage of 15 kV. Back-scattered-electrons (BSE) mode and Second  
 292 Electron (SE) mode were used to obtain good contrast between the microcapsules and the cementitious  
 293 matrix, as well as the topographic analysis, respectively.



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296 *Figure 4: a) 2×2×2 cm<sup>3</sup> cement paste samples being impregnated and polished and b) samples inside*  
297 *the vacuum chamber being tested under SEM.*

298 Elemental analyses of samples were accomplished by using Energy-Dispersive X-ray  
299 spectroscopy (EDX) while elemental mappings were performed in low vacuum mode (at 10 Pa) with a  
300 voltage of 15 kV, beam current of 2.0 nA and an EDX detector (EDAX, Ametek, Berwyn, PA, US).

### 301 **Hot Disk TPS Thermal conductivity**

302 The assessment of the effective thermal conductivity was performed by means of the Transient  
303 Plane Source (TPS) method, known as Hot-disk following the norm Hot Disk ISO 22007-2:2015. Upon  
304 28 days of curing, two cylindrical samples (56±1 mm diameter and 25±1 mm thickness) (see *Figure 5a*)  
305 of each mixture were analyzed.

306 This method is based on the use of a transiently heated plane sensor sandwiched between two  
307 samples of the material to be characterized (see *Figure 5a*). The measurements were done with a Kapton  
308 5501 sensor (6.403 mm) (see *Figure 5c*), inside of a climatic chamber at 10 °C below and above the  
309 melting point of the incorporated N-MPCM during 40 s, and for reference samples at 20 °C during 80 s,  
310 both with a heating power of 80 mW.



311

312

313 *Figure 5: a) Test set-up for the TC measurement b) Cured sample prepared for the TC measurement*  
314 *and c) and Hot Disk Kapton 5501 sensor.*

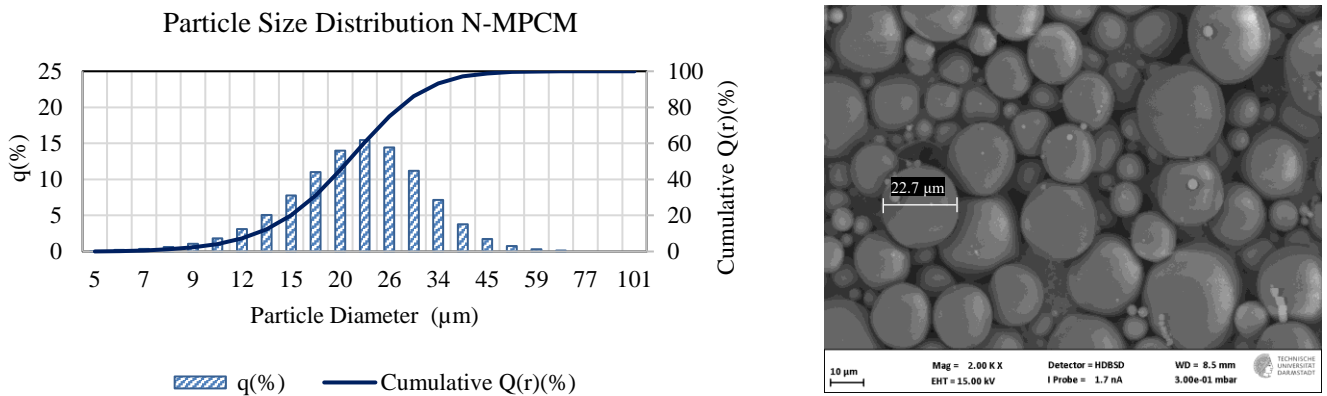
315           Relative humidity was fixed at 60 % RH for all the experiments. At least 3 measurements were  
316 carried out for each sample by moving it between each test, and the recorded data were processed using  
317 the Hot Disk Software (version 7.4.0.10).



### 318 3. RESULTS AND DISCUSSION: N-MPCM

#### 319 3.1. Morphology of the N-MPCM

320 Particle size of N-MPCM was investigated through size diffractometer measurements, while their visual  
321 appearances were verified through SEM analyses. In this sense, *Figure 6* (a) plots the cumulative and  
322 discrete size distribution of the N-MPCM, while *Figure 6* (b) shows the physical appearance of the  
323 capsules. The N-MPCM presents a mean particle size of 20.9  $\mu\text{m}$ : this result is also confirmed by SEM  
324 visualization and diameter measurements of a single capsule. It is then observed that N-MPCM has a  
325 low tendency to agglomerate, confirmed by the almost absence of large shaped spheres (*Figure 6b*)  
326 which is often caused by particle grouping.



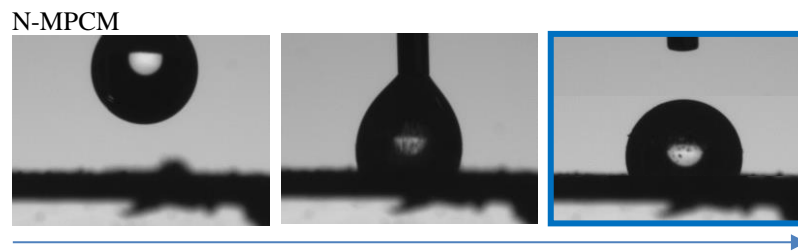
327

328

329 *Figure 6: (a) cumulative (solid line) and discrete (histogram bars) particle size distribution of N-*  
330 *MPCM and (b) SEM visualization of pure Nextek 37D<sup>®</sup> MPCM.*

331 The wettability of the N-MPCM microcapsules was assessed with contact angle measurements which  
332 results are presented in *Figure 7*. The sub-Figure a) marked with a blue square box shows the moment  
333 in which the drop got attached to the base support where the angle is experimentally measured. The test  
334 was performed 10 times in different parts of the tape and the mean value was determined. It was  
335 experimentally observed that the droplet on N-MPCM capsules was relatively static, after being dropped,

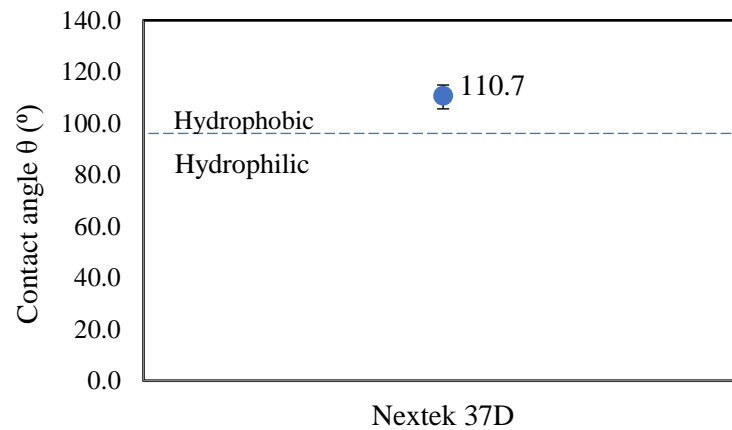
336 without being absorbed into the sample. This deals with the hydrophobic nature of the N-MPCM  
337 microcapsules. Particularly, the results show that the N-MPCM contact angle presents an average of  
338 110.7 °. Hence, reminding that the higher the contact angle the more hydrophobic is the sample, it can  
339 be concluded that the N-MPCM is characterized by a clear hydrophobic microencapsulation. This is an  
340 important finding to take into consideration for the stability/performance of cementitious composites  
341 made of mixing pastes and N-MPCM microcapsules.



342

343

(a)



344

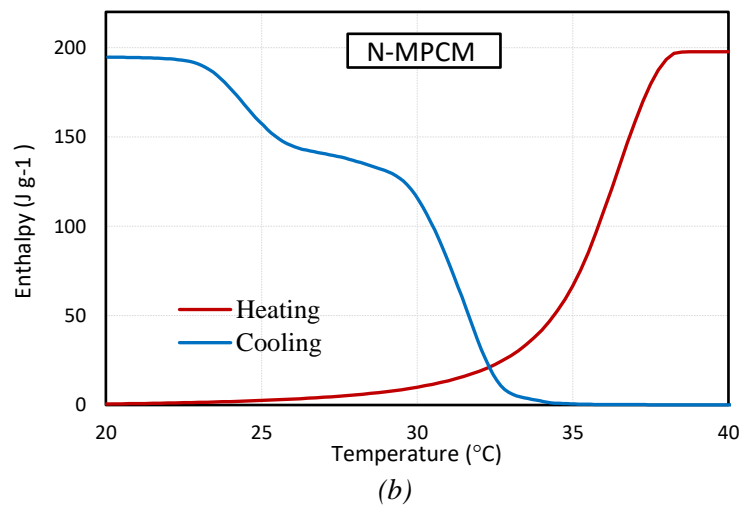
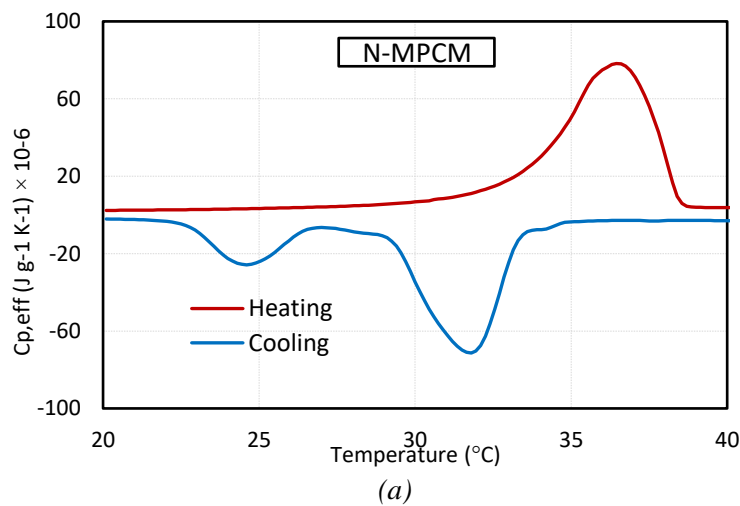
345

(b)

346 *Figure 7:(a) Contact angle measurement of N-MPCM and (b) Average value among 10 measurements.*

347 **3.2. Thermal properties of the N-MPCM**

348 To investigate the latent heat performance of the selected N-MPCM, DSC measurements were  
349 performed on the powder-like N-MPCM. Samples of around 10 mg were considered for the DSC-  
350 measurements, while three samples with three periodic cycles of heating/cooling by considering a  
351 heating/cooling rate of  $0.5 \text{ K} \times \text{min}^{-1}$  were investigated. The chosen heating/cooling rate was  
352 experimentally determined to provide a negligible influence on the heating/cooling peak of the final  
353 DSC curves [14]. The record of the *DSC* curves is expressed in terms of heat flow versus temperature.  
354 From these results, the specific heat capacity and latent enthalpy of the N-MPCM was subsequently  
355 calculated (see *Figure 8* a and b, respectively).



360 *Figure 8: Results of DSC measurements of pure N-MPCM obtained with a heating/cooling rate of  $0.5 \text{ K} /$*   
361 *min (a)  $C_{p,eff}$  versus  $T$  for heating and cooling between  $20 \text{ }^\circ\text{C}$  and  $40 \text{ }^\circ\text{C}$  (b) latent heat storage (enthalpy) in*  
362 *the melting Temperature range of pure N-MPCM.*

363 *Figure 8* shows the results of DSC measurements expressed as  $C_{p,eff}$  versus  $T$ . The thermographs show  
364 that the shape of the curves is quite similar for heating and cooling where a clear one-peak response  
365 can be observed for heating, while two peaks characterize the cooling. This suggests that the N-  
366 MPCM has a tendency for subcooling. However, despite the differences in the heating/cooling peaks  
367 and shapes they did not have influence the total melting/freezing enthalpy.  
368 The applicable melting temperature range (under heating) of the N-MPCM starts at 33.4 °C and  
369 reaches the peak at 36.5 °C. Under cooling cycle, the solidification starts at 33.3 °C and reaches its  
370 peak at 31.7 °C. The values of the latent heat obtained for N-MPCM is 197.3 J/g and 194.6 J/g, for  
371 heating and cooling, respectively (see Table 4). The latter coincide within the range of 190-200 J/g  
372 as provided by the provider's data sheet [48].

373 *Table 4. Results from DSC measurements of N-MPCM, with a heating/cooling rate of 0.5 k/min.*

		$T_{transition, onset}$ [°C]	$T_{transition, peak}$ [°C]	<i>Latent heat</i> [J/g]
<i>Heating</i>	<i>N-MPCM</i>	33.4	36.4	197.3
<i>Cooling</i>	<i>N-MPCM</i>	33.3	31.7	194.6

374

375

## 376 4. RESULTS AND DISCUSSION: N-MPCM-PASTES

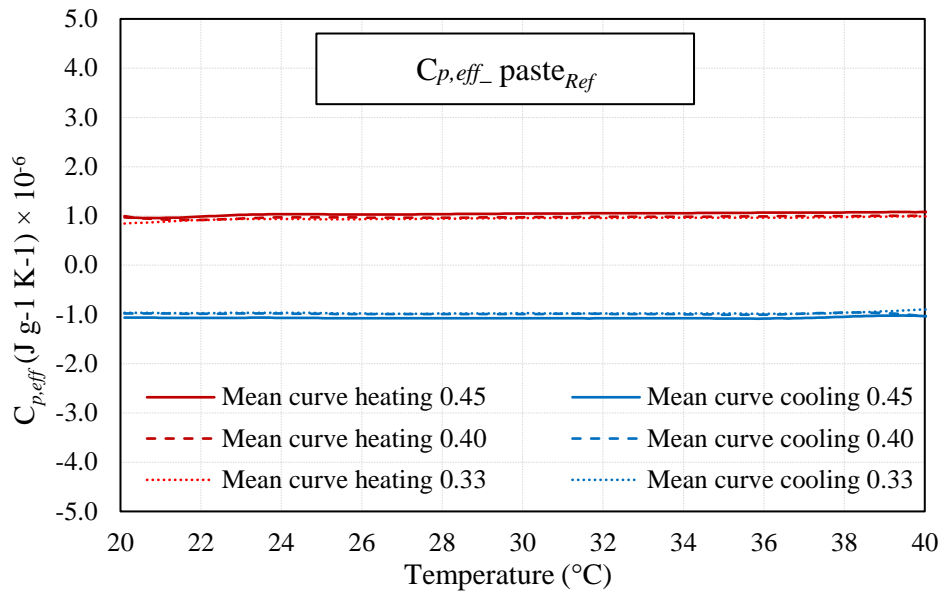
377 This section aims at providing an extensive characterization of the thermo-physical properties of the  
378 designed cementitious systems with and without N-MPCM incorporation.

### 379 4.1. DSC results

#### 380 4.1.1 Reference pastes

381 DSC results of the three reference cement pastes, with a w/b ratio of 0.45, 0.40, and 0.33, were  
382 examined. The DSC measurements were carried out with a heating/cooling rate of 10 K/min and the  
383 effective heat capacities are shown in *Figure 9*. The thermal storage performance of the three  
384 different cement pastes, over the entire examined temperature range from 5 °C to 40 °C, is  
385 characterized by an exclusively sensible TES behavior.

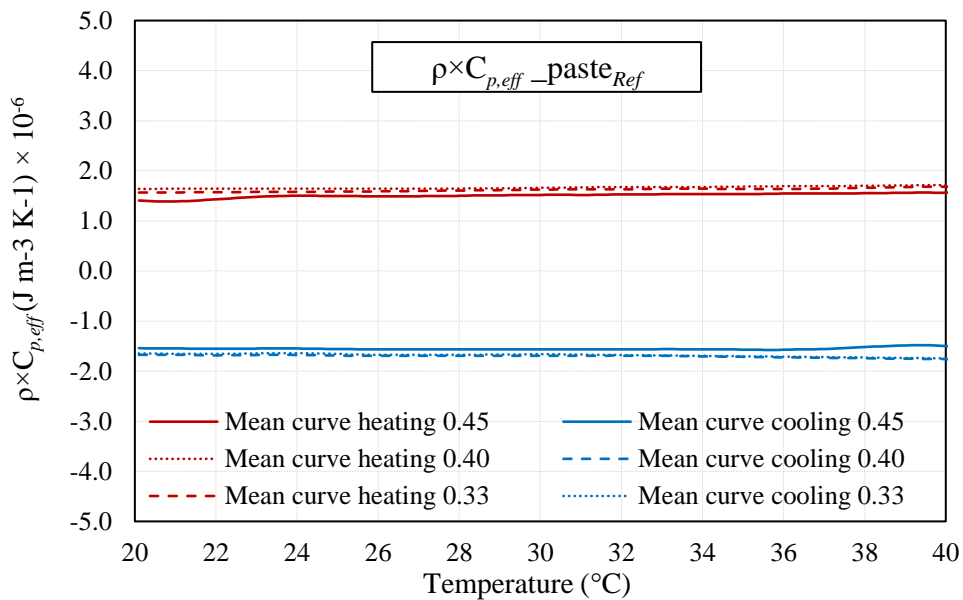
386 As it can be appreciated from the curves obtained, there is an almost identical behavior for all pastes.  
387 When comparing the heat capacity per unit of mass (*Figure 9-a*), the paste “REF w/b 0.45” has a  
388 slightly increased heat storage capacity compared to either “REF w/b 0.40” or “REF w/b 0.33”.  
389 However, in terms of volumetric heat capacity (*Figure 9-b*), it can be seen that the order changes,  
390 having “REF 0.33” a slightly higher storage capacity than “REF 0.45” and “0.40”. This fact is due to  
391 the higher bulk density of the REF 0.33 paste with the calculated dry density of 1824 kg/m<sup>3</sup> and the  
392 measured dry density of 1702 kg/m<sup>3</sup>, in contrast to lower values for “REF 0.45” and “REF 0.40” (see  
393 Table 5). Furthermore, the results also show a typical temperature dependence of the heat storage  
394 capacity with a slightly increasing trend at higher temperatures.



395

396

a)



397

398

b)

399 *Figure 9: DSC results of the pastes (w/b=0.45, 0.40 and 0.33): a)  $C_p$  vs  $T$  and b)  $\rho \times C_p$  vs  $T$ .*

400 **4.1.2 Cement paste with N-MPCM 20 vol.-% and 40 vol.-%**

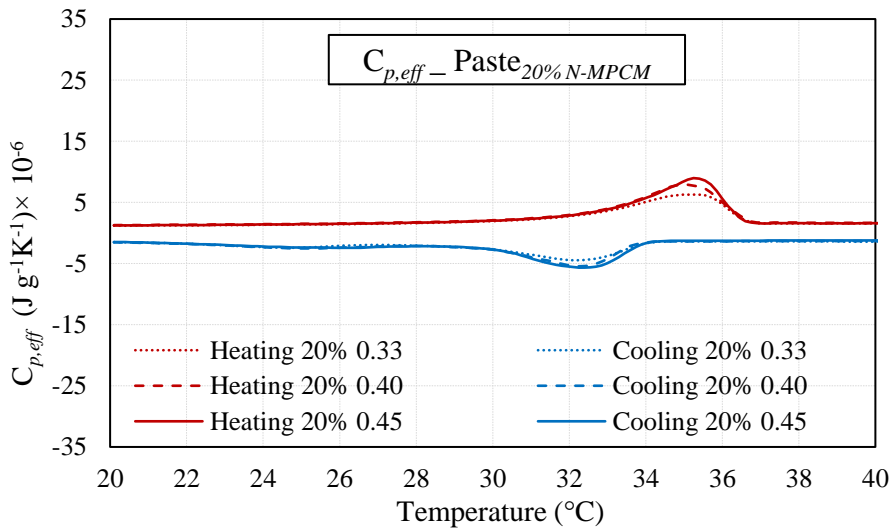
401 Analogous to the measurements of the pure N-MPCM, a heating rate test was carried out prior  
 402 to the measurements for the N-MPCM-pastes. This was necessary to fulfill the requirements of the  
 403 IEA-SHC 42 Standard (see [14] and [54]): the proper heating/cooling rate which ensured the required

404 thermal equilibrium within the sample, during the measurements, was found to be 0.5 K/min.  
 405 Therefore, all measurements were carried out under the heating/cooling rate of 0.5 K/min while three  
 406 different samples for the same mixture design were tested, each within three identical heating/cooling  
 407 cycles. *Figure 10* (a) and (b) show the average  $C_{p,eff}$  curves obtained from the DSC-measurement  
 408 results. To ease comparability of the results, and because of the volumetric substitution of N-MPCM  
 409 in cement matrices, also the graphs regarding the volumetric heat capacity ( $\rho \times C_{p,eff}$ ) are presented,  
 410 see *Figure 10* (c) and (d) . In order to calculate the volumetric heat capacity ( $\rho \times C_{p,eff}$ ), the paste  
 411 densities  $\rho$  were taken from the conducted MIP results (more details are available in Section 4.4) and  
 412 presented in Table 5.

413 *Table 5. Paste densities with and without N-MPCM measured via Heliumpyknometer.*

$\rho$ (g/cm <sup>3</sup> )	0.45ref	20% 0.45	40% 0.45	0.40ref	20% 0.40	40% 0.40	0.33ref	20% 0.33	40% 0.33
<b>N-MPCM</b>	1.450	1.332	1.126	1.708	1.438	1.221	1.702	1.584	1.242

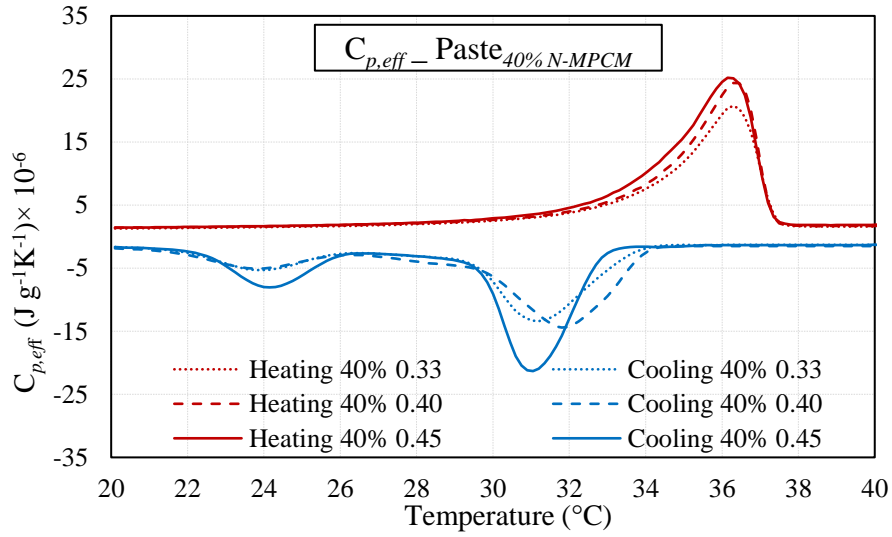
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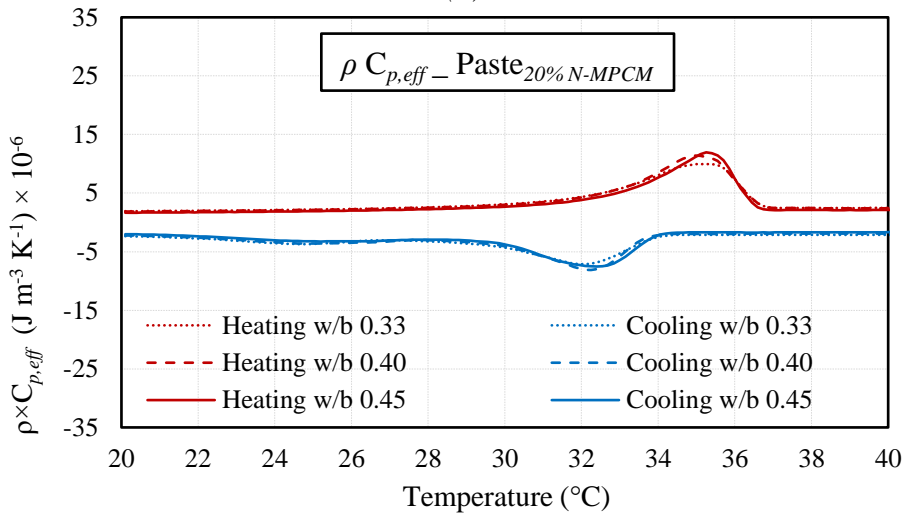
(a)



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418

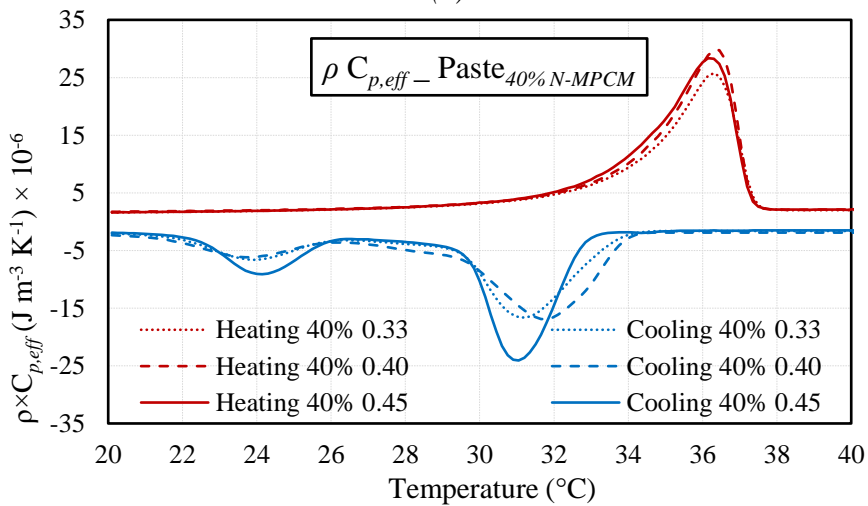
(b)



419

420

(c)



421

422

423

424

(d)

Figure 10: DSC results- (a)  $C_{p,eff}$  of 20% and (b) 40% N-MPCM pastes (w/b=0.45, 0.40 and 0.33).

(c)  $\rho \times C_{p,eff}$  of 20% and (d) 40% N-MPCM pastes (w/b=0.45, 0.40 and 0.33).



425

426 From the plotted graphs in *Figure 10*, the melting onset temperatures (i.e., Onset temp.), the  
 427 peak temperatures (Peak temp.) and the latent heat capacities have also been listed in Table 6. The  
 428 graphs of *Figure 10* and the values of Table 6 show that the w/b ratio does not significantly influence  
 429 the thermal behavior of the N-MPCM enhanced cementitious composites. The lowest onset  
 430 temperature for heating was 32.2 °C while the highest one (upon cooling) was 34.4 °C. The peak  
 431 temperature is achieved slightly later for 40% N-MPCM, being this peak reached at 36.6 °C by  
 432 heating cycles.

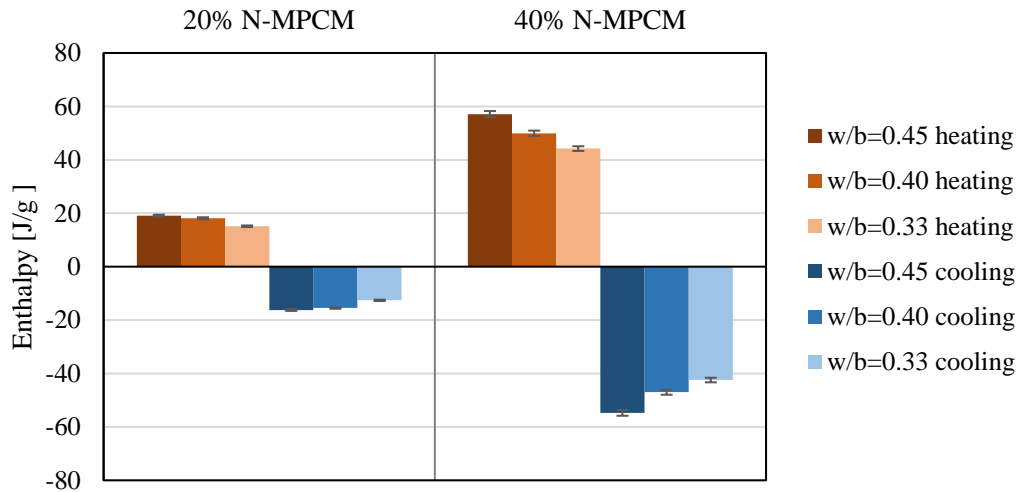
433 Table 6: DSC summary for 20% and 40% N-MPCM pastes: melting/solidification onset, peak  
 434 temperatures and latent heat storage (average of 3 samples per 3 measurement cycles is reported).

<i>Mode</i>	<i>N-MPCM Vol.-%</i>	<i>w/b</i>	<i>Onset temp. (°C)</i>	<i>Peak temp. (°C)</i>	<i>Latent heat (J/g)</i>	<i>Latent heat (MJ/m<sup>3</sup>)</i>
<i>Heating</i>	<i>20</i>	<i>0.45</i>	32.8	35.3	19.08	25.42
		<i>0.40</i>	32.6	35.0	18.12	26.06
		<i>0.33</i>	32.2	35.0	15.12	23.95
	<i>40</i>	<i>0.45</i>	33.6	36.1	57.12	64.10
		<i>0.40</i>	34.1	36.6	49.94	60.98
		<i>0.33</i>	34.0	36.4	45.76	56.80
<i>Cooling</i>	<i>20</i>	<i>0.45</i>	34.4	32.8	16.25	-21.65
		<i>0.40</i>	34.0	32.8	15.45	-22.22
		<i>0.33</i>	34.4	32.4	12.61	-19.97
	<i>40</i>	<i>0.45</i>	33.3	31.5	54.73	-61.63
		<i>0.40</i>	34.4	32.3	47.01	-57.40
		<i>0.33</i>	34.4	31.9	42.45	-52.72

435

436 Regarding the effect of the w/b ratio on the enthalpy of the mixtures, there is no big scatter  
 437 between the conducted average values (*Figure 11*). This result is almost expected since the N-MPCM  
 438 volume fraction substituted for either 20 Vol.-% or 40 Vol.-% is the same for the different mixtures,  
 439 independently on the w/b. Therefore, the measured enthalpy is expected to stay constant. These results  
 440 are also certifying that the casting procedure used will not negatively affect the heat storage  
 441 potential of the prepared samples. However, a small decreasing trend of mass-specific enthalpy with

442 decreasing w/b ratio was observed (*Figure 11*), the volumetric amount of Enthalpy presents almost a  
 443 constant average amount of 20-25 (MJ/m<sup>3</sup>) for samples with 20% N-MPCM and 55-60 (MJ/m<sup>3</sup>) for  
 444 samples with 40% N-MPCM.



445

446 *Figure 11: Mass-specific amount of Enthalpy among different paste samples with different w/b*  
 447 *ratios for 20% and 40% volumetric amount of N-MPCM.*

448

449 A higher mass-specific enthalpy was achieved for w/b = 0.45, which is because of the fact that  
 450 to achieve the same amount of mass between the three w/b ratios, there is a need for more material in  
 451 the case of w/b=0.45, due to its lower density than w/b=0.33. In other words, there is a slightly higher  
 452 amount of N-MPCM in 1 g of a sample with w/b = 0.45 than in 1 g of a sample with w/b = 0.33,  
 453 which leads to a higher enthalpy for the w/b of 0.45.

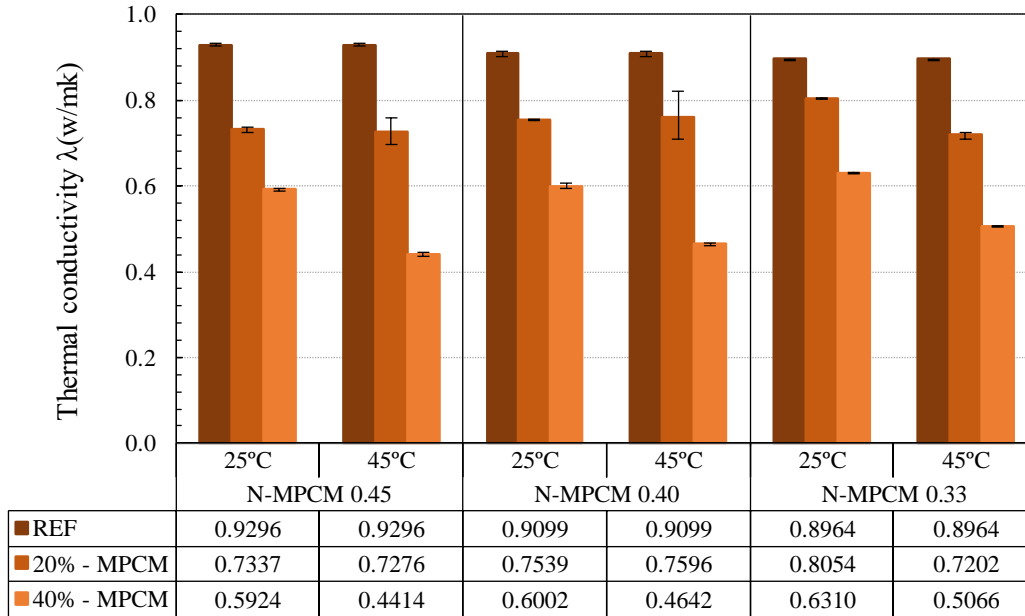
#### 454 4.2. Conductivity results

455 The thermal conductivity of cementitious pastes containing varying amounts of N-MPCM (i.e.,  
 456 0%, 20% and 40%) was measured using the transient plane source method, commonly known as Hot-  
 457 Disk. Conductivity values were measured after 28 days of curing time with N-MPCM kept in solid-  
 458 state (i.e., 10 °C below and above the melting peak previously measured in DSC tests of the  
 459 incorporated N-MPCM). The results are shown in *Figure 12*.

460

461

462

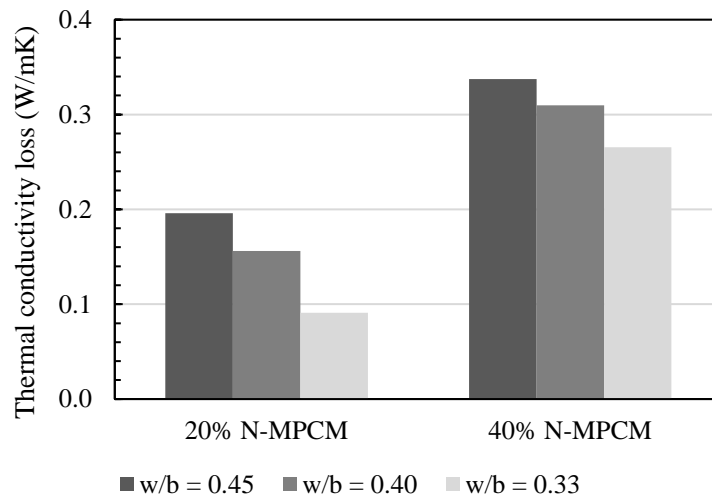


463

464 *Figure 12: Thermal conductivities among different w/b ratios for REF, 20% and 40% N-MPCM*

465

*pastes.*



466

467 *Figure 13: Thermal conductivity loss among different w/b ratios for 20% and 40% N-MPCM*

468

469

470

471

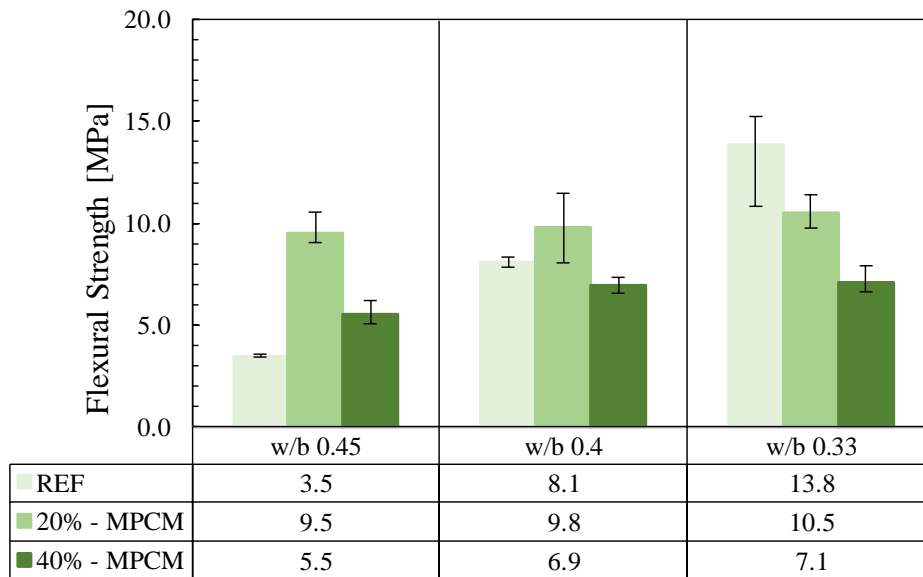
In all samples with w/b=0.45, 0.40 and 0.33, increasing N-MPCM amounts resulted in a decrease of the thermal conductivity. This is because of the higher thermal conductivity of cement

472 paste comparing to the N-MPCM which replacement contributes to an overall decrease in the  
473 mixture's thermal conductivity. In this sense, *Figure 13* shows the thermal conductivity loss of N-  
474 MPCM pastes compared to the reference ones. As general observation, it can be concluded that the  
475 decrease of thermal conductivity ( $W/m \times K$ ) is less pronounced in the lower w/b of 0.33, in which the increase  
476 of N-MPCM from 20% to 40% contributes to further thermal conductivity decrease (of circa 22%).  
477

478 **4.3. Mechanical tests**

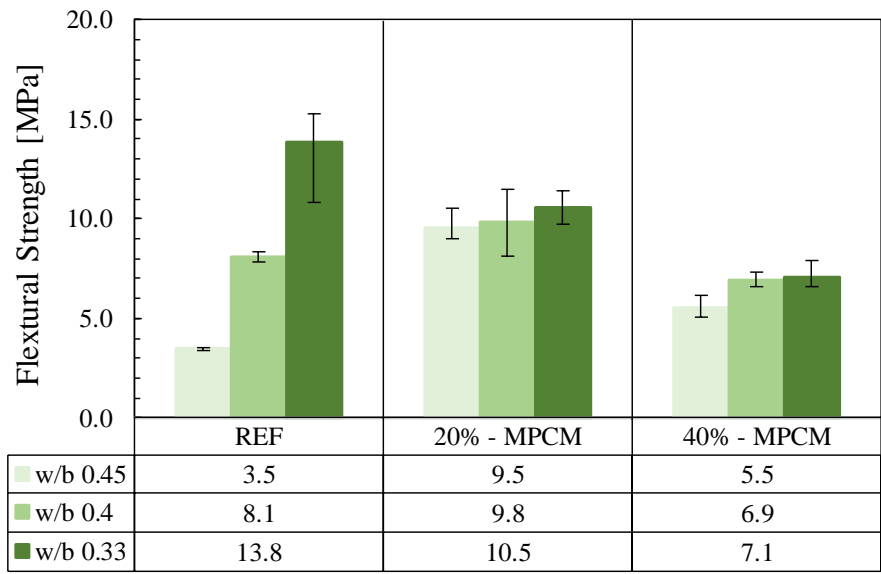
479 **4.3.1 Bending tests**

480 Flexural tests were performed for characterizing the bending strengths of the considered N-  
 481 MPCM pastes. Strength results of each paste, analyzed according to the specifications outlined in  
 482 Section 4.3, are presented in *Figure 14* and *Figure 15*. From the results it can be observed that the N-  
 483 MPCM substitution plays a major role on the overall flexural strength reductions. Particularly, this  
 484 effect is clear and much more dominant for those paste systems, casted with a w/b ratio of 0.33. A  
 485 remarkable strength loss can be measured when 20% and 40% of N-MPCM volume fractions were  
 486 substituted, leading to reductions of 23.91% and 48.55% (upon the mean bending strength). The  
 487 cementitious pastes with a w/b=0.40 and 0.45 showed almost the same trend, but much less evident.  
 488 The flexural strengths of the REF pastes 0.40 and 0.45 present surprisingly low resistances, probably  
 489 due to the uncomplete hydration process of the binders (specially the metakaolin ones) and because  
 490 of early-age cracking due to shrinkage.



491

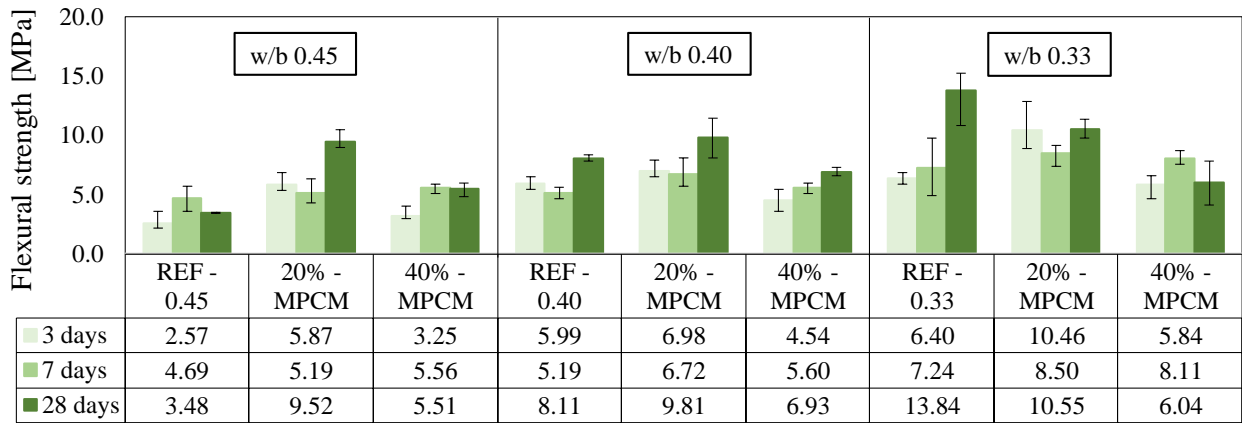
492 *Figure 14: 28-days flexural strength values among different w/b ratios and comparing REF, 20%*  
 493 *and 40% N-MPCM volume fraction in pastes.*



494

495 *Figure 15: 28-days flexural strength values among different N-MPCM volume fractions and*  
 496 *comparing w/b 0.45, w/b 0.40, and w/b 0.33 of pastes.*

497 *Figure 14 and Figure 15 show the same results, however the first one is aimed at emphasizing*  
 498 *the comparative effects of the N-MPCM substitution on the flexural strength, the second on the*  
 499 *different w/b ratios. From the latter, it can be observed that bending strengths were strongly*  
 500 *influenced by the w/b ratio, meaning: the higher the w/b ratio the lower the corresponding flexural*  
 501 *strength. As a matter of fact, this conclusion is quite common for cement-based materials, and the*  
 502 *same trend is also followed when the N-MPCM substitutions are considered (see Figure 15).*  
 503 *However, when higher volumes of N-MPCM are substituted in the cement paste, the flexural strength*  
 504 *rise turned out to be much less evident among the mixtures with different w/b ratio. This response*  
 505 *can be explained by analyzing the volumetric ratio between the amount of binder and the relative*  
 506 *increase of the amount of N-MPCM, which leads to a system that behaves similarly because of the*  
 507 *comparable amount of binder. Similar observations were done for the variable w/b ratios and N-*  
 508 *MPCM volume substitutions at different maturation times of testing (i.e. 3 days, 7 days and 28 days),*  
 509 *as shown in Figure 16.*



510

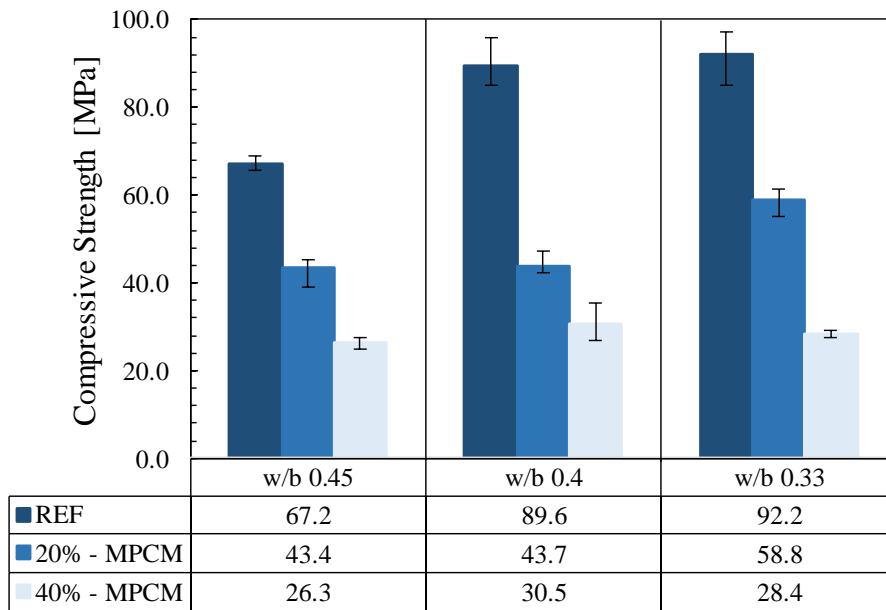
511 *Figure 16: Flexural strength values among different w/b ratios, for REF, 20% and 40% N-MPCM*  
 512 *pastes and comparing 3, 7 and 28 days of curing time.*

513 **4.3.2 Compressive tests**

514 Compressive strength tests were also performed to investigate the influence of N-MPCM on  
 515 the mechanical properties of the designed mixtures. The tests were conducted for reference samples,  
 516 as well as for the samples with volumetric fractions of 20% and 40% N-MPCM. The comparison of  
 517 the measured compressive strength results at 28 days of curing are presented in *Figure 17* and *Figure*  
 518 *18*, while a full impression of the results, that also considers 3 and 7 days of curing time, are shown  
 519 in the histograms of *Figure 19*. A first impression reveals that the compressive strength data shows a  
 520 much more stable and consistent behavior than the bending ones (*Figure 14* to *Figure 16*), while they  
 521 are also characterized by a much lower scatter. Moreover, the general trend of the compressive  
 522 strength results shows a consistent strength reduction with either enhancing volume substitution of  
 523 N-MPCM employed in the system or increasing w/b ratios.

524 Furthermore, results for the reference pastes show higher compressive strength values for lower  
 525 w/b ratios. Particularly, the strength increases from REF-0.45 to REF-0.40 is much more pronounced  
 526 than from REF-0.40 to REF-0.33. In the first case, the rise is +25%, while in the second case, the  
 527 strength increase is 2.5% only. Moreover, the incorporation of N-MPCM in the cementitious matrix  
 528 mainly generates a decrease of the compressive strength, independently of the w/b ratio. For example,

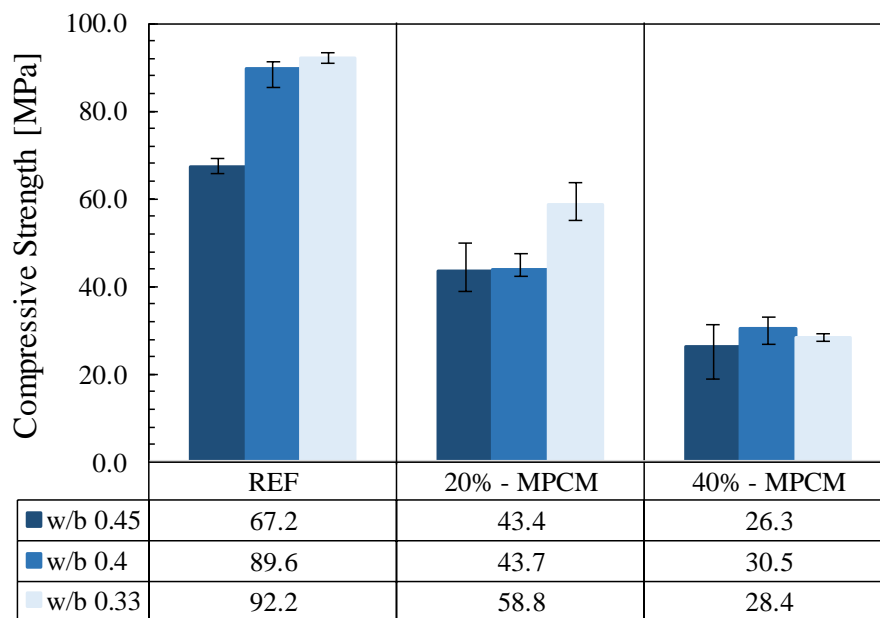
529 the substitution of N-MPCM with 20% to 40% generated a further strength loss of approximately  
 530 50% for each mixture.



531

532 *Figure 17: 28-days compressive strength values among different w/b ratios and comparing REF,*

533 *20% and 40% N-MPCM volume fraction in pastes.*

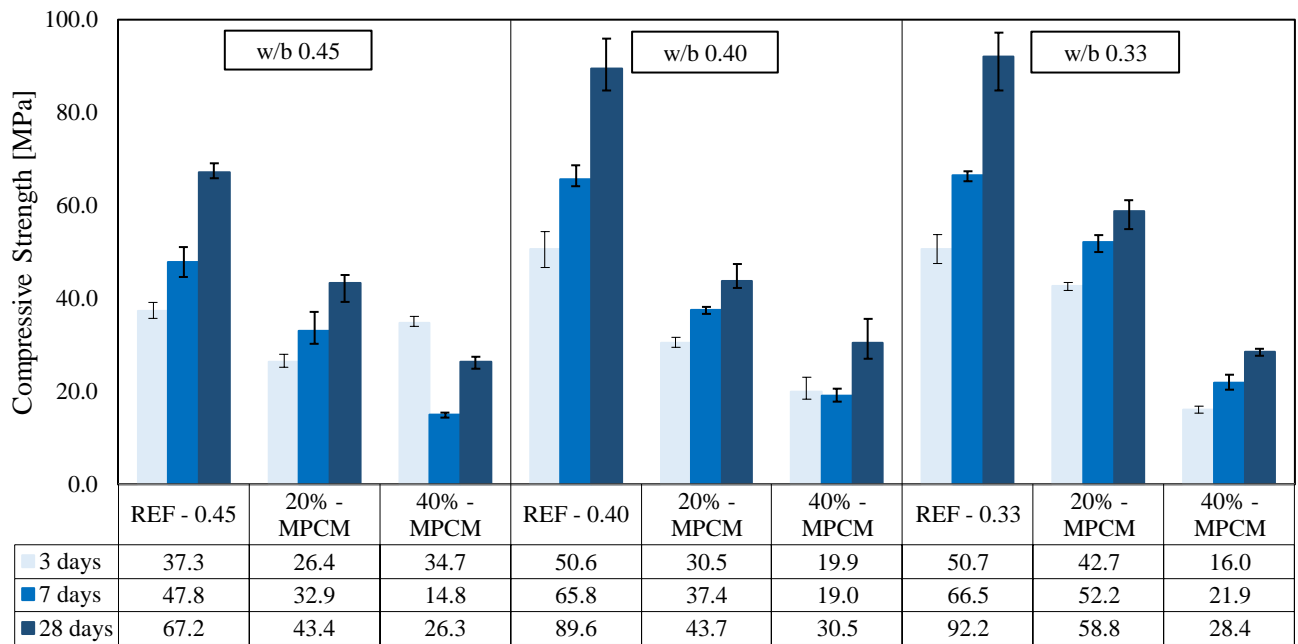


534

535 *Figure 18: 28-days compressive strength values among different N-MPCM volume fractions and*  
 536 *comparing w/b 0.45, w/b 0.40, and w/b 0.33 of pastes.*



537 The results in *Figure 17* show for a 20% N-MPCM substitution nearly similar results for the  
 538 w/b ratios of 0.45 and 0.40, while for the w/b ratio of 0.33 a +22% increase in average compressive  
 539 strength was observed. Moreover, for a 40% N-MPCM substitution, the order of magnitude of the  
 540 compressive strength values, independently of the w/b ratio, are within the same range, i.e. between  
 541 26.3 and 30.5 MPa. When comparing these results with the reference values from *Figure 17*, it can  
 542 be observed that a 20% N-MPCM substitution leads generally to a reduction of compressive strength:  
 543 33% for pastes with a w/b ratio of 0.45, 49% for pastes with a w/b ratio of 0.40 and 36% for pastes  
 544 with a w/b ratio of 0.33, respectively. Furthermore, the 40% N-MPCM substitution results in an  
 545 additional 50% strength reduction when compared to the 20% N-MPCM substitution.



546

547 *Figure 19: Compressive strength values among different w/b ratios, for REF, 20% and 40% N-*  
 548 *MPCM pastes and comparing 3, 7 and 28 days of curing time.*

549

550 By analysing *Figure 17* and *Figure 18*, it can be also be observed that the replacement of cement  
 551 paste by N-MPCM affects the compressive strength considerably more than the change of the w/b  
 552 ratio. The inherent impact of N-MPCM addition on the mechanical resistance has been also be  
 553 confirmed by various other authors in literature (see the critical review of [58]). One of the potential

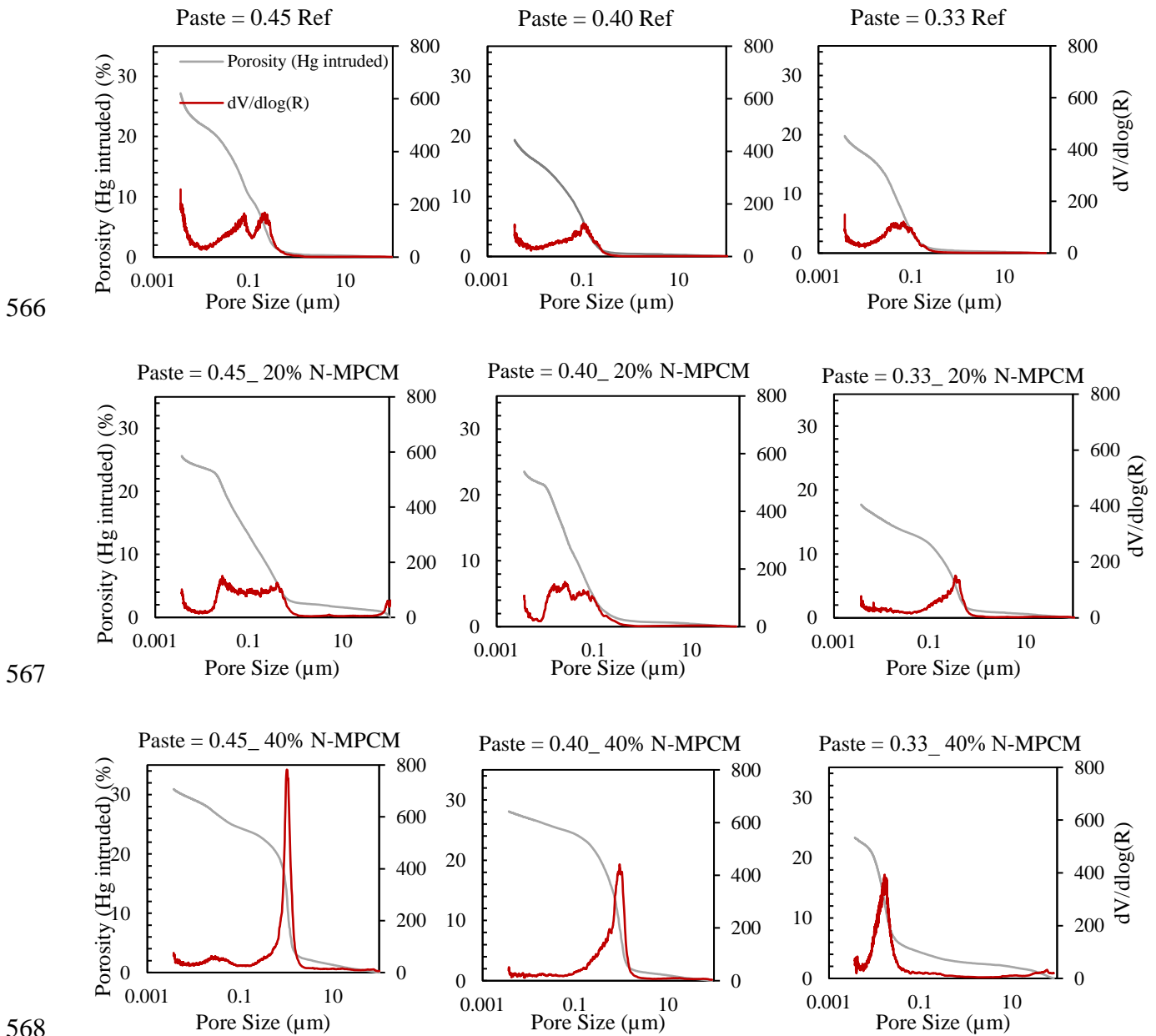
554 reasons for the reduced compressive strength is the increase in porosity due to the N-MPCM addition.  
555 This was also stated for instance by Aguayo et al. [59] and was confirmed in this work as well (see  
556 Section 4.4).

557 A complete overview of the measured compressive strength data, considering also the different  
558 maturation times of testing (i.e., 3 days, 7 days and 28 days), and the three different w/b ratios and  
559 N-MPCM volume substitutions, are reported *Figure 19*.

560 **4.4. MIP porosity and pore structure**

561 *4.4.1 MIP results*

562 The pore volume of the various cement pastes was determined by MIP tests on samples with a  
563 hydration time of 28 days. The effect of w/b ratio on the pore structure with and without N-MPCM  
564 addition is measured by means of the change in intruded volume and related pore size distributions.  
565 *Figure 20* provides an overview of the results that have been obtained for various mixtures.



567  
568  
569 *Figure 20: MIP results for REF, 20% and 40% N-MPCM pastes, and for different w/b ratios.*

570

571 A detailed analysis of the data provided in *Figure 20* reveals that increasing N-MPCM  
 572 substitutions mainly leads to a higher porosity in the paste structure, indicating that the addition of  
 573 microcapsules has a significant impact on the pore size/structure of cementitious systems. The latter  
 574 results in lower mechanical strength and considerably affects heat/moisture transport mechanism  
 575 through the cementitious system. Furthermore, when w/b decreases, the porosity tends to decrease  
 576 for all pastes. It is interesting to note that the addition of 40% N-MPCM leads to a more stable pore  
 577 structure regardless of the w/b ratio. In contrast, a much wider pore size distribution is seen for 20%  
 578 N-MPCM. The critical pore size is clear for the case of 40% N-MPCM; however, the w/b appears to  
 579 have a significant effect on the pore size of the system with w/b of 0.45 and 0.40, being very similar  
 580 to each other and 0.33 being much lower. This is mainly because of the poor interface bond between  
 581 the N-MPCM-shell and the cementitious matrix, especially for higher w/b ratios and also because of  
 582 the hydrophobic nature of the N-MPCM capsules, which will repel the water and cause air gaps  
 583 between shell surface and cementitious matrix. An overview of the achieved results is given in Table  
 584 7.

585 Table 7: Overview of the sample porosities and critical pore diameter measurements via MIP.

	<i>w/b = 0.45</i>			<i>w/b = 0.40</i>			<i>w/b = 0.33</i>		
	<i>Ref</i>	<i>20%</i>	<i>40%</i>	<i>Ref</i>	<i>20%</i>	<i>40%</i>	<i>Ref</i>	<i>20%</i>	<i>40%</i>
<b><i>Critical pore diameter (μm)</i></b>	0.236	0.029	1.050	0.105	0.025	0.912	0.076	0.359	0.018
<b><i>Intrudable porosity (%)</i></b>	24.22	25.62	<b>30.97</b>	20.40	23.54	28.11	18.84	<b>17.73</b>	23.36

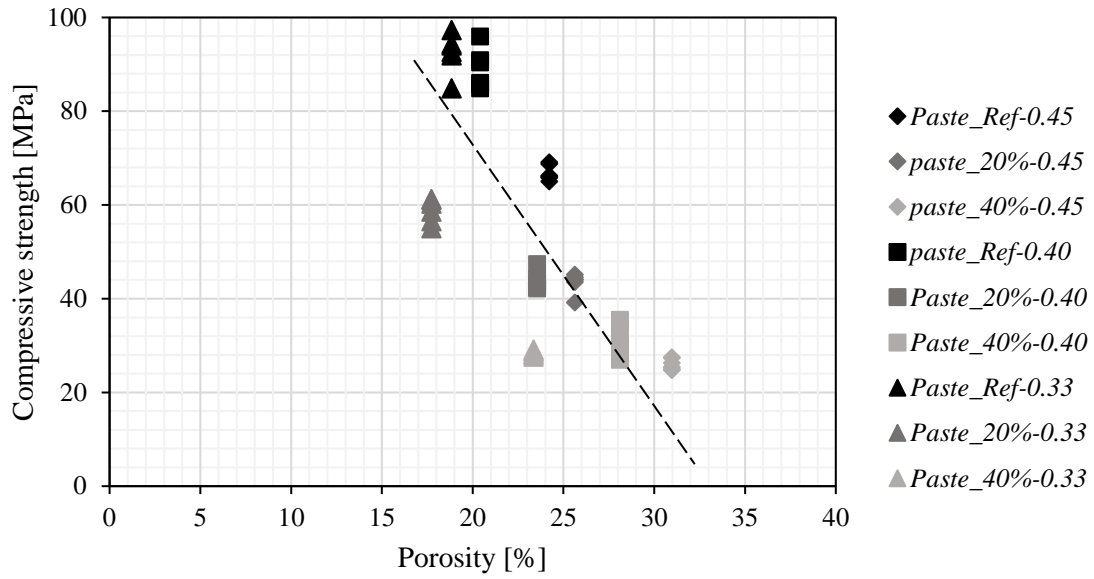
586

587 Among all prepared samples, the highest porosity (30.97 %) is measured for the mixtures with  
 588 40% N-MPCM and w/b=0.45, and the lowest porosity (17.73 %) for the samples with 20% N-MPCM  
 589 and a w/b ratio of 0.33. The results indicate that the phenomena that may affect the porosity of cement  
 590 paste with N-MPCM included, can be various. Firstly, the size of single microcapsules which might

591 fill the cavities between the hydrating cementitious particles, leading to improved particle packing  
592 density and a decreasing porosity (see also [57]). This effect can also explain the lower porosity for  
593 samples with 20% N-MPCM and a w/b ratio of 0.33, when compared with the Ref-0.33. On the  
594 contrary, the hydrophobic nature of N-MPCM may contribute to a higher porosity as well. When  
595 microcapsules are added to a mixture, they tend to repel water, so air bubbles may adhere to a  
596 microcapsule, resulting in higher porosity in the cement paste mixtures. A third possible effect is the  
597 agglomeration of microcapsules in the cementitious system, which avoids an optimum packing  
598 density, and finally results in a higher porosity. The porosity of N-MPCM-enhanced cementitious  
599 systems can be explained and evaluated by a combined effect of these three possible causes.

#### 600 *4.4.2 Dependency between porosity, strength and thermal properties*

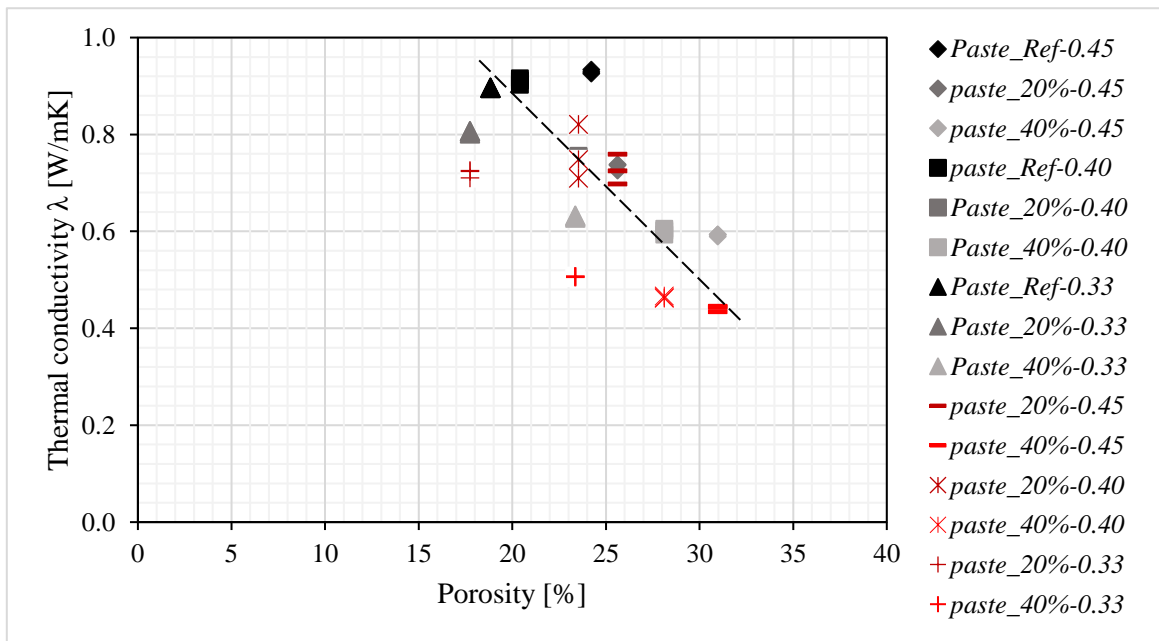
601 The dependency between the compressive strength (Section 4.3) and the porosity is elaborated  
602 in *Figure 21-a* for the various cement based mixtures with different w/b ratios and N-MPCM  
603 volumetric amounts. The results show a clear linear trend with the porosity dominated by either the  
604 w/b ratio or the volumetric amount of N-MPCM. In this sense, it can be observed that the lowest  
605 compressive strength belongs to samples with 40% volumetric amount of N-MPCM which are clearly  
606 dominated by the highest porosity, and mainly affected by the % of cement paste replaced by N-  
607 MPCM.



608

609

(a)



610

611

(b)

612

613

614

615

616

617

Figure 21: a) Compressive strength vs porosity and b) Thermal Conductivity vs porosity of REF, 20% and 40% N-MPCM-cement pastes. Black/grey points show the measured conductivity by 25 °C and red points show the measured conductivity by 45°C.

From Figure 21-b, a clear relationship between the thermal conductivity and porosity of the various cementitious mixtures can be observed. This also implicitly indicates a dependency between the compressive strength and the thermal conductivity. The change in porous microstructure of N-

618 MPCM-cementitious systems is thus directly linked to a change in thermal conductivity, or to a  
619 change of the compressive strength. These results reveal the important role that the inner pores  
620 (amount and structure) play especially when optimum thermal, mechanical and/or TES properties are  
621 considered.

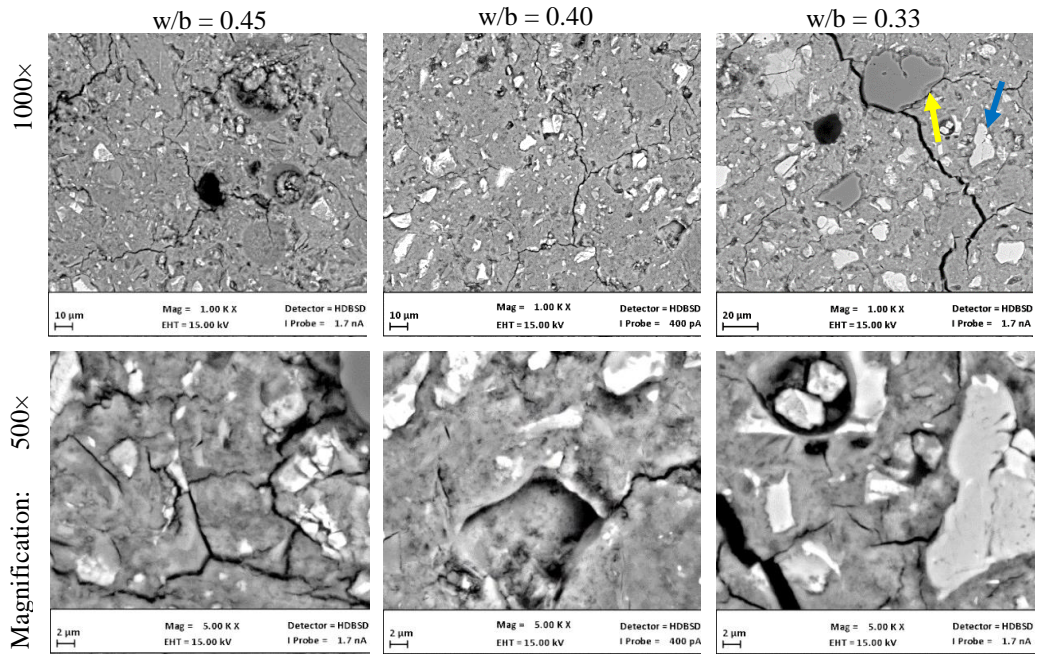
622 From the results shown in *Figure 21*, it is evident that the pastes with the same % of N-MPCM  
623 are characterized to have a very similar thermal conductivity, independently of the w/b ratio.

#### 624 **4.5. Morphological and elemental analysis via SEM**

625 The morphological analysis of the sample surfaces was investigated with a SEM  
626 characterization technique with the aim to study the N-MPCM microcapsules and their integrity in  
627 cement paste microstructures. The results are presented in this section.

##### 628 *4.5.1 Reference pastes*

629 *Figure 22* provides the microstructure of the various cementitious paste samples without N-  
630 MPCM, indicating the effect of the employed w/b ratios on the microstructure morphology. The  
631 presence of micro cracks caused by hardening shrinkage is evident for all samples. In all mixtures,  
632 the dispersion of a lighter phase (blue arrow) and a slightly darker phase (yellow arrow), indicate the  
633 various binder material in the cementitious system. To identify the composition of these phases, an  
634 elemental analysis with EDS was performed as shown in *Figure 23*.



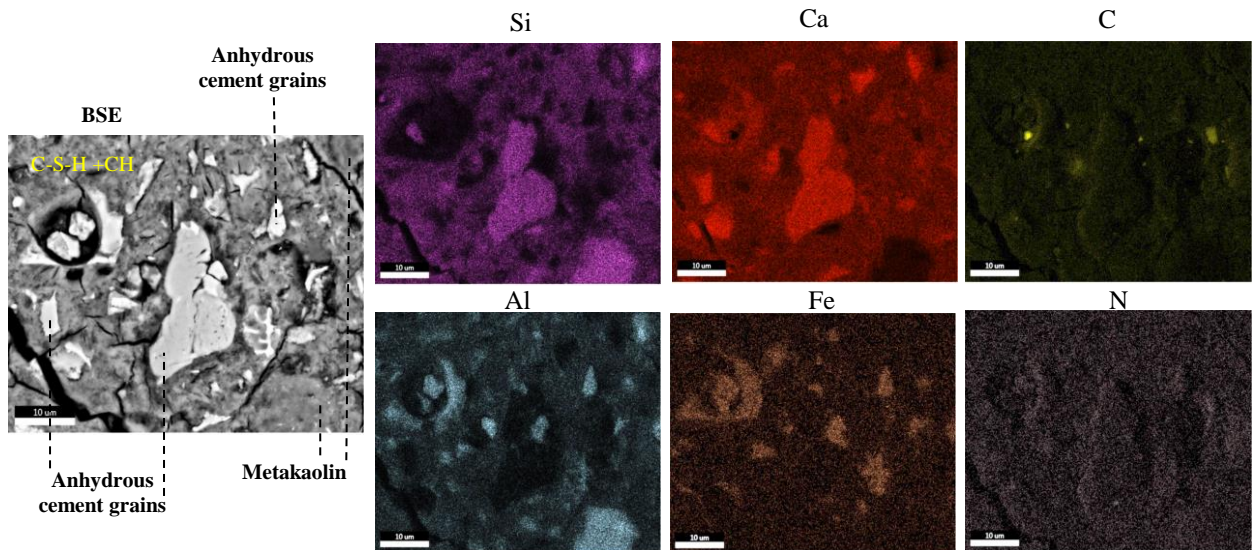
635

636

Figure 22: SEM micrographs of the reference pastes and considering different w/b ratios.

637

638



639

640

Figure 23: SEM-EDS mapping of the w/b=0.33 reference pastes providing the distribution of chemical components available in the composite.

641



642 With consideration of the chemical composition of cement and metakaolin provided in Section  
643 2.1, the obtained EDS maps can be employed to characterize the individual elements. Firstly, the  
644 lighter phases are associated with anhydrous cement elements, represented by higher concentrations  
645 of calcium (Ca) and silica (Si). Secondly, the concentration of iron (Fe) confirms further anhydrous  
646 hydration products (more precisely, ferrite), indicated by a slightly brighter color. Lastly, the presence  
647 of both silica (Si) and aluminum (Al), indicate the presence of metakaolin that contains both these  
648 elements. The rest of the paste contains various hydration products among which C-S-H and CH.

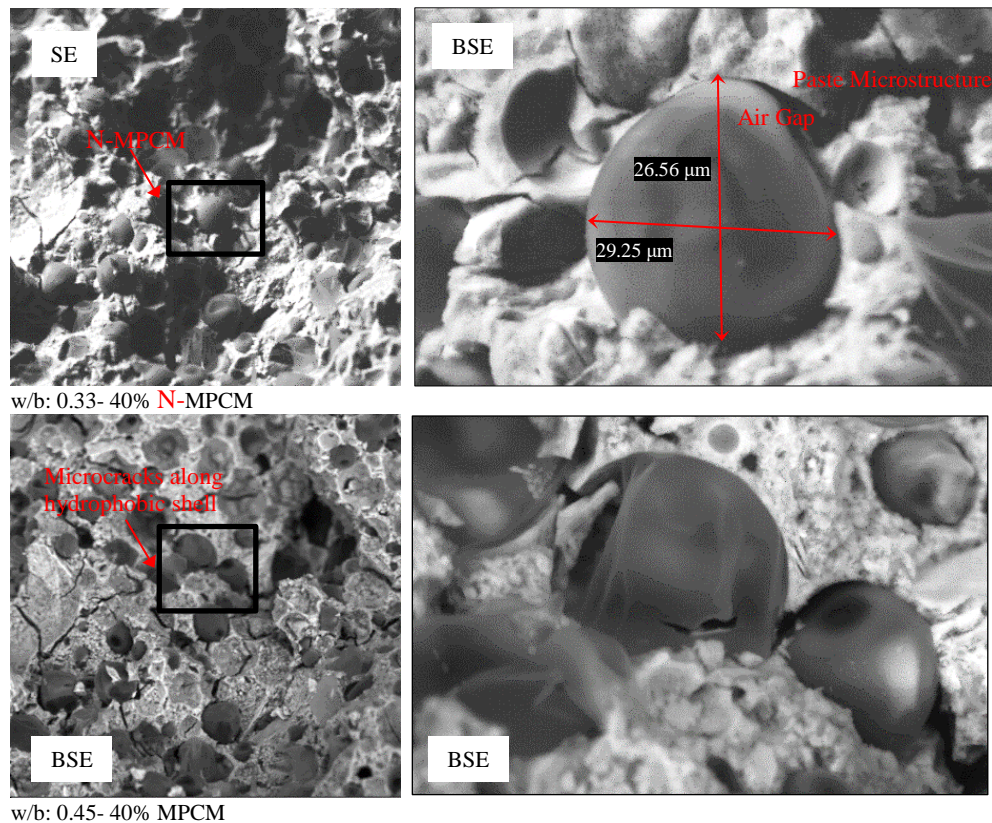
649 Moreover, when considering the expected chemical composition of N-MPCM with a polymeric  
650 shell (made from the polymerization of formaldehyde, with the chemical formula  $\text{CH}_2\text{O}$ , and  
651 melamine with the chemical formula  $\text{C}_3\text{H}_6\text{N}_6$ ), the presence of carbon (C) and nitrogen (N) was also  
652 examined.

653 Since the N-MPCM contains carbon in its shell composition, it is not recommended to treat the  
654 surface of N-MPCM-composite with the epoxy impregnation technique to simplify N-MPCM  
655 detection. Finally, small amounts of distributed nitrogen were also observed that can most likely be  
656 attributed to the SEM N-filled vacuum chamber.

#### 657 *4.5.2 Elemental analysis of N-MPCM in the cementitious matrix*

658 An EDS analysis was carried out for the N-MPCM pastes, where *Figure 24* shows the  
659 evaluation of the N-MPCM distribution in the cement paste. The Figure only shows the micrographs  
660 for a w/b ratio of 0.33 and 0.45, both with a 40% N-MPCM content. The full elementary analysis  
661 confirmed a similar distribution for all cases.

662 The SEM micrographs show an equally distribution of the N-MPCM in the cement-paste matrix  
663 (indicated in *Figure 24*). It can also be observed that the microcracks propagate mostly across the  
664 spherical voids without harming N-MPCM microcapsules. The soft organic polymer shell of the N-  
665 MPCM microcapsule clearly presents the weakest element among the inorganic constituents inside  
666 the cement-paste matrices. In this sense, these N-MPCM particles act as a crack initiator.



667

668 *Figure 24 SEM micrograph of N-MPCM for a w/b ratio of 0.33 and 0.45, both with a 40% N-MPCM*  
 669 *content in the paste. The amplification shows detailed views of the N-MPCM distribution in the cement paste*  
 670 *matrix.*

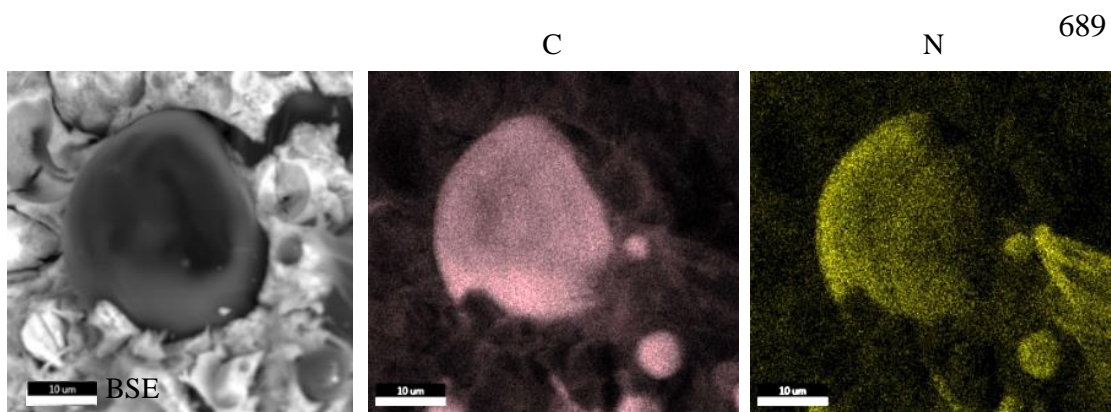
671 A closer look on the compatibility of the cement matrix with N-MPCM reveals the presence of  
 672 possible gaps between the shell interface and the cement-paste matrices. The hydrophobic nature of  
 673 N-MPCM shell, which repels water, cause the air entrapment between the capsules and the cement  
 674 paste.

675 By using the BSE detector for the same spot and magnification as the SE detector, more  
 676 information on the presence of N-MPCM could be obtained for unpolished samples. As one of the  
 677 goals was to determine the state of the capsule, the BSE detector was used to take a closer look at  
 678 5000× of magnification.

679 N-MPCM appearance was partly affected by the polishing treatment to prepare samples for  
 680 SEM-EDS analysis. In contrast, the shape and adhesion of the N-MPCM to the matrix, as well as the  
 681 presence of a crack in a shell, were easier to identify in unpolished samples. As a result, the SEM-

682 EDS study on the N-MPCM-composites was conducted on unpolished samples as shown in *Figure*  
683 *24*.

684 The evaluation of the element composition for a N-MPCM capsule was also performed. *Figure*  
685 *25* shows the element mapping of N-MPCM, which provides a back-scattered image (BSE) and a  
686 graphical distribution of the analyzed chemical elements i.e., Carbon (C) and Nitrogen (N). The SEM  
687 analysis of the N-MPCM particles, embedded in the cement paste matrix, confirms the presence of a  
688 single capsule by its high concentration of both carbon (C) and nitrogen (N).



690 *Figure 25: SEM-EDS mapping of the N-MPCM providing a detailed back-scattered image (BSE), a*  
691 *distribution of carbon (C) and nitrogen (N).*

692 The relationship between the amounts of each compound can be compared and evaluated based on  
693 the amount of oxides present. Therefore, the calculated chemical composition for the polymer shell  
694 based on the C/O ratio is 0.847, compared to the ratio of 0.179 for N/O. This reveals that the shell is  
695 mainly composed of carbon with a smaller amount of nitrogen, which complies with the basic  
696 formulation of melamine-formaldehyde ( $C_3H_6N_6$ ).  
697

698

## 699 5. CONCLUSIONS

700 This work is reporting the results and analysis of an extensive experimental study on cement  
701 paste enhanced with Nextek 37D<sup>®</sup>-Microencapsulated Phase Change Materials (N-MPCM) for  
702 Thermal Energy Storage (TES) purposes. Three different water-to-binder ratios (0.45, 0.40 and 0.33)  
703 and two N-MPCM volume fractions (20% and 40%, plus a 0% reference mix) were investigated.

704 Based on the experimental results, the following conclusions can be drawn:

- 705 • Particle size of N-MPCM was investigated through size diffractometer measurements which  
706 indicated a mean particle size of 20.9  $\mu\text{m}$ , with a low tendency to agglomerate.
- 707 • The wettability of the N-MPCM was assessed via contact angle measurements. The test was  
708 performed with 10 times repetitions and results showed an average contact angle of 110.7  $^\circ$ ,  
709 confirming the hydrophobic nature of the considered microcapsules.
- 710 • DSC-measurements on N-MPCM were conducted with a heating/cooling rate of 0.5  $\text{K}\times\text{min}^{-1}$ .  
711 The experimental data showed a melting peak temperature of 36.5  $^\circ\text{C}$ , and 31.7  $^\circ\text{C}$  for the  
712 solidification one. The latent heat was 197.3 J/g and 194.6 J/g for heating and cooling,  
713 respectively.
- 714 • DSC results of the composites (i.e., REF pastes and MPMC pastes) showed an almost similar  
715 sensible heat capacity for the cement pastes with different w/b ratios and without N-MPCM.  
716 For the pastes enhanced with N-MPCM substitutions, evident latent peaks were recorded in  
717 the temperature region where the phase change occurred (either in melting or solidification  
718 stage). The volumetric latent enthalpies showed an almost constant average of 20-25 ( $\text{MJ}/\text{m}^3$ )  
719 for samples with 20% N-MPCM and 55-60 ( $\text{MJ}/\text{m}^3$ ) for samples with 40% N-MPCM,  
720 independent of the w/b ratio.
- 721 • Thermal conductivities were studied by Hot-Disk measurements to assess the influence of the  
722 w/b ratio and the amount of MPMC substituted. The experimental results showed a decreasing  
723 thermal conductivity for higher w/b ratios and/or when the N-MPCM volume fractions are

724 higher. Thermal conductivity values were measured at 25 and 45 °C which values ranged  
725 between 0.93 to 0.44 W/m×K: N-MPCM amounts and w/b ratios play the major roles in the  
726 conductivity loss.

727 • Compressive and bending tests, conducted at different times of hydration, showed a strength  
728 loss trend which can be due to either increasing w/b ratio and/or increasing amount of N-  
729 MPCM substitution. Strength loss due to N-MPCM addition could be explained by several  
730 concurring factors such as the low mechanical strength of N-MPCM shells, the weak interface  
731 bond strength between the cement matrix and N-MPCM, and the increase of the porosity of  
732 the N-MPCM-cement paste matrix.

733 • MIP tests were performed to characterize the pore structure after 28 days of hydration. Pore  
734 size distribution and total intruded porosity, for different w/b ratios and volumetric amount of  
735 N-MPCM, were investigated. The results showed that an increase of the N-MPCM  
736 substitutions lead to a higher porosity in the cement paste. Moreover, the w/b ratio also  
737 showed a significant effect on the pore size distribution of all tested cement paste systems.  
738 The highest porosity (30.97 %) was measured for the mixture with 40% N-MPCM and a  
739 w/b=0.45, while the lowest porosity (17.73 %) was measured on samples with 20% N-MPCM  
740 and a w/b of 0.33.

741 • Scanning Electron Microscopy (SEM) analyses was performed to investigate the microscopic  
742 properties and to examine the distribution of chemical components (via SEM-EDS) present in the  
743 ~~ement~~ paste matrix. Chemical compositions, geometry, shape, particle size, and particle  
744 distribution were investigated for both plain cement paste and N-MPCM-paste systems. The  
745 results showed a homogeneous distribution of N-MPCM, a proper shell integrity, envisioned  
746 various particle sizes and uniformity of microcapsules, confirmed mechanical stability and gave  
747 a clear impression N-MPCM have on the microstructure morphology and chemistry of the  
748 cementitious composites.

749           This extensive experimental study can be considered as a first step towards the development of  
750 multiscale numerical model for analyzing the TES behavior of N-MPCM-based cementitious  
751 composites. Furthermore, numerical developments, including lower scale observations (i.e., nano-,  
752 micro- and meso-scales) for capturing local effects of the porous network, such as MPMC, air  
753 bubbles, interfaces, cracks, etc., plus building energy simulations, are currently ongoing while aiming  
754 to optimize and design various model parameters, without the need of performing time-demanding  
755 experimental tests.

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